

Status of BSC Training Sessions – Tuesday 17th March @ 11:00

As you will appreciate things are moving faster at present in respect to COVID-19, so I wanted to provide some further information from our perspective based around current guidance.

Based on medical information we have so far, swimming continues to be one of the safest activities whilst in the pool, but obviously less so outside of it.

The Club is keen to continue to provide for as long as possible an activity that swimmers can do reasonably safely. This is however wholly dependant upon official guidance we are getting, the viewpoint from our coaches and their concerns and finally what the centres are doing in respect of providing us the facilities.

At present (and based upon recent Swim England, British Swimming & my attendance last night at the Swim England Hertfordshire Coaches Forum), the viewpoint is that galas may well be cancelled, and some already have, but the consensus was that coaches there wanted training to continue.

Whilst the schools are also still open, then the risk of swimming is no worse than that of attending school.

Therefore, whilst all of the above are met, we will continue to provide the training sessions, until further notice.

As far as you and your swimmer attending, that is a decision that only you can make.

If your swimmer does want to attend, we would make the following recommendations;

- 1) Follow all the current hygiene guidance
- 2) Any swimmers that fall into the “at risk” category, we recommend do not attend in light of the new guidance - <https://www.nhs.uk/conditions/coronavirus-covid-19/>
- 3) Anyone with the key symptoms as per current guidance, should also not attend
- 4) Remain in the changing area for as short a time as possible as well as distance yourself from other people
- 5) Similarly, when arriving and leaving the pool, distance yourself as much as possible from other people
- 6) As per our previous guidance provided to us, whilst in the pool, the likelihood of transmitting the virus is less likely due to the chlorinated water
- 7) Spectators, no more cuddling in the gallery please, again physically distance yourself from others as much as possible

If you decide that you will not be bringing your swimmer, then please let us know so that we can manage the sessions accordingly.

Finally, things are moving fast, so please keep an eye on emails, TeamFeed using OnDeck, Twitter and Facebook as we will be adapting times and locations as things evolve.

We also have our own webpage with updates, so please keep referring to that also - https://uk.teamunify.com/SubTabGeneric.jsp?team=erhbsc&_stabilid_=157041

Any queries please let me know.

Steve