

HODDESDON SC SUMMER SPRINT 2022

25th June 2022

Level 3 Licence: 3ER220472

SCHEDULE OF EVENTS

SESSION 1: Warm up 3:00pm, Start 3:45pm	
1	Girls 100m Individual Medley
2	Boys 100m Individual Medley
3	Girls 50m Backstroke
4	Boys 50m Backstroke
5	Girls 100m Butterfly
6	Boys 100m Butterfly
7	Girls 50m Breaststroke
8	Boys 50m Breaststroke
9	Girls 100m Freestyle
10	Boys 100m Freestyle

SESSION 2: Warm up & Start tbc	
11	Girls 50m Freestyle
12	Boys 50m Freestyle
13	Girls 100m Backstroke
14	Boys 100m Backstroke
15	Girls 50m Butterfly
16	Boys 50m Butterfly
17	Girls 100m Breaststroke
18	Boys 100m Breaststroke

Swimmer age as at 25th June 2022

CLOSING DATE: Saturday 4th June 2022, or when the Meet is full

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INDIVIDUAL ENTRY FORM

First Name:	Surname:	Club Name:
DOB & Age at Meet:	Male / Female	SE Member Number:
Disability Swimmer Y/N	Contact Name on Day of Event:	Contact Email on Day of Event:
Disability Qualification:		

EVENTS						
	Girls		Time	Boys		Time
Session 1	1	100m IM		2	100m IM	
	3	50 Backstroke		4	50 Backstroke	
	5	100m Butterfly		6	100m Butterfly	
	7	50m Breaststroke		8	50m Breaststroke	
	9	100m Freestyle		10	100m Freestyle	
Session 2	11	50m Freestyle		12	50m Freestyle	
	13	100m Backstroke		14	100m Backstroke	
	15	50m Butterfly		16	50m Butterfly	
	17	100m Breaststroke		18	100m Breaststroke	
Total Entries @ £7 per event				NO. _____ x£7 =	£ _____	
Visiting Individual Manual Entry Fee				£1.00 admin fee	£ 1.00	
Total Amount Enclosed / Paid by BACS					£ _____	

Numbers are restricted, so apply early to avoid disappointment. Clubs entering 5 swimmers or more need to do so by Sportssystem Entry Manager. Please email Nicky Coker at hoddesdonscgaldas@gmail.com for entry file.

Entries for the Hoddesdon SC 2022 Summer Sprint must be received by Nicky Coker, midnight on 4th June, together with the total entry fee. Please email Individual Entry Form with confirmation of BACS payment to: **Nicky Coker** hoddesdonscgaldas@gmail.com

Payment to be made by BACS to the following Hoddesdon SC account:

Bank: Santander
Sort code: 09-01-29
Account number: 33489760
Ref: << Swimmer Name >> – SS2022



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RULES & CONDITIONS OF ENTRY

Competitors must comply with the Meet conditions as set out below.

1. Promoting Club: Hoddesdon Swimming Club. Open Meet Manager: Nicky Coker.
2. The competition will be held on Saturday 25th June 2022 at Leisurezone, Harlow, CM20 3DT, as a Level 3 open meet licensed with SE East Region under SE Law and Technical Rules of Racing.
3. The pool length is 25 meters with 8 lanes and AOE timing. A secondary strobe for the starting system is available.
4. Swimmers must be registered as a 'Club Compete' member with Swim England via an affiliated swimming club.
5. Swimmers in possession of an SE Certificate of Swimming Disability or whose SE Membership record details a disability sport class (S1-S15) are welcome to enter the competition. Personal care attendants are permitted for swimmers who require them without the need to pay for an additional Poolside Pass.
6. Age groups for boys and girls will be: 9/10, 11, 12, 13, 14, 15, and 16+ years of age, as at 25th June 2022.
7. Entry fee for individual events is £7.00 per event.
8. Individual participants should submit their entries on the Individual Entry Form, adding a £1.00 administration charge (per swimmer) to their entry total. Completed forms should be sent via email to Nicky Coker at hoddesdonscgalas@gmail.com
9. Valid entries (which must include payment) will be accepted in order of receipt by the closing date: **4th June 2022**. Hoddesdon Swimming Club reserves the right to close entries before the closing date and/or reject later entries if events are oversubscribed.
10. Clubs entering 5 swimmers or more need to do so by Sportsystems Entry Manager; please email Nicky Coker at hoddesdonscgalas@gmail.com for an entry file. The file should be sent to Nicky Coker by return together with a completed Summary Sheet and confirmation of payment.
11. Late entries *may* be accepted for individual events at £8.00 per event, depending on availability. Please email Nicky Coker at hoddesdonscgalas@gmail.com with your request.
12. Day of meet entries and day of meet alterations will **NOT** be accepted, unless due to administrative error.
13. Coaches and Team Managers shall be responsible for ensuring swimmers sign in before the start of each session. Late arrivals will only be accepted at the discretion of the promoter.
14. The promoter reserves the right to refuse admission to any person.
15. Competitors will be listed on the programme in graduated time order with slowest first, and heats will be seeded on submitted times. Swimmers who do not enter a time will be entered as the slowest.
16. Results are decided on a timed finals basis. Results will be posted poolside and in the spectator gallery with full meet results posted after the meet at www.hoddesdonsc.co.uk and supplied to British Swimming for entry into the national rankings database.
17. Medals will be awarded to the top three in each age group. Awards are to be collected from the medals table. **Swimmers should not approach the medals table until they have checked the posted results and see confirmation that they are due to receive a medal.** Swimmers should also be wearing their club t-shirt/top when collecting their medal.
18. Coaches passes cost £15.00 (which includes poolside pass, programme, food - subject to Covid regulations at the time of the meet, and if requested, an electronic results sheet sent by email). There will be no entry to poolside without a pass and passes must be worn at all times. Passes should be collected at the Hoddesdon SC entry desk in the main lobby and the Coaches packs will be emailed beforehand.
19. Withdrawal sheets will be in the coaches' pack which each club should print out before the event. The Coaches are responsible for withdrawing swimmers from events no later than 10 minutes after the start of the warm-up.
20. Once entries are confirmed as accepted, no refunds will be given.



21. Swimmers of each event must report to the marshalling area as requested by the Announcer. It is the responsibility of the coach and swimmer to make sure that they are at the marshalling area when requested.
22. Over the top starts will be used whenever possible at the referee's discretion.
23. Upper time limit (no faster than) qualifying times and entries with unlicensed times will be accepted. The promoter reserves the right to reject swimmers should the event become oversubscribed.
24. Only swimmers, officials, Hoddesdon SC 'helpers' and Team Managers / Coaches accredited with coaches passes will be allowed poolside.
25. Hot liquids and glass containers of any kind are **NOT** permitted poolside or in the changing village.
26. All litter to be disposed of in the receptacles provided or taken home. **Coaches and Managers are responsible for ensuring their Team Area remains clean and obstacle-free.**
27. Swimmers must wear suitable clothing and footwear poolside. Swimmers **MUST** have dry clothing and footwear to be allowed in any areas beyond poolside and changing room i.e., main lobby, spectator area, etc.
28. The promoter reserves the right to refuse admission to any person.
29. Participants and spectators are requested to follow the SE Child Safeguarding Policy and Procedures. In particular the guidelines regarding photography/recording and the use of such on social media both during and after the meet. The SE Child Safeguarding Policy and Procedures are detailed in the document, Wavepower 2020-2023, which can be found on the SE website at: <https://www.swimming.org/swimengland/wavepower-child-safeguarding-for-clubs/>. In accordance with the SE Child Safeguarding Policies and Procedures, any parents or carers of swimmers under the age of 18 who wish to take photographic or video images are requested to focus on their own child as much as reasonably possible and to avoid including other children in those images. Should you have any concerns about photography or filming please bring them to the attention of the promoter.
30. Strictly no video or photography by an image capturing device in the **changing rooms**. These policies will be vigorously enforced, and any person found to be contravening them will be asked to leave the gala without refund. Only coaches and DBS registered Team Managers shall be permitted to take photographs on poolside.
31. The Data Protection Act 2018 requires us to provide you with certain information and to obtain your consent before processing data about you. Processing includes: obtaining, recording, holding, disclosing, destruction or retaining information. We require certain personal data for the purposes of making entries to the competition, managing the Meet and the submission of results to Rankings. The information provided by you will be processed in accordance with the Data Protection Act 2018. **Consent to process such personal data is deemed to have been given by the submission of the entry.** Where the personal data of competitors, officials and coaches/team managers has been passed to us by a third party such as a club rather than by the individuals themselves, we rely on the third party to ensure the consent has been obtained. The data obtained to run this meet will be held electronically by the club for 12 months and in paper copy for 3 months following the completion of the meet.
32. All participants must observe the safety precautions in operation at Harlow Leisurezone. **Use of the teaching pool is prohibited.** Only small bags will be allowed poolside. Lockers are available operating on a non-refundable 20 pence coin. Neither the Promoter nor Hoddesdon Swimming Club will be responsible for any loss or damage occurring during the meet.
33. The organisers and pool management reserve the right to remove any spectator or swimmer from the event whose behaviour is against the rules of the centre or obstructs the efficient running of the meet. If asked to leave you will not be entitled to a refund.
34. Before attending the meet, all participants, officials, volunteers, and spectators should self-assess for symptoms of coronavirus (COVID-19). If you have any of the recognised symptoms of coronavirus you should not attend, even if your symptoms are mild. You should follow the NHS guidance at the time of the gala. Further information on testing and self-isolation can be found by going to this website: <https://www.nhs.uk/conditions/coronavirus-covid-19/>
35. This meet, rules, and conditions are subject to the COVID-19 guidelines or restrictions imposed by the UK Government and Harlow Leisurezone at the time of the gala. Hoddesdon Swimming club reserves the right to alter the meet in any way because of changes imposed due to COVID-19. Any such changes will be notified as soon as possible.
36. Any matter not covered by these meet conditions will be determined by the Promoter and Referee, subject to SE Laws and Regulations, the SE Technical Rules of Swimming, and to the SE Open Meet Licensing Criteria.



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UPPER LIMIT TIMES ('no faster than' times listed below)

No Lower Time Limits

FEMALE

EVENT	9/10 years	11 years	12 years	13 years	14 years	15 years	16/Over
50m Freestyle	00:32.7	00:29.8	00:28.8	00:27.2	00:26.6	00:25.4	00:24.2
100m Freestyle	01:03.3	01:02.8	01:01.8	00:59.8	00:58.8	00:57.2	00:56.6
50m Breaststroke	00:40.5	00:38.0	00:37.0	00:35.6	00:35.1	00:33.8	00:32.3
100m Breaststroke	01:21.4	01:20.0	01:19.0	01:18.6	01:16.3	01:15.0	01:14.5
50m Butterfly	00:35.0	00:33.1	00:31.1	00:29.7	00:28.4	00:27.5	00:27.0
100m Butterfly	01:11.1	01:10.8	01:08.8	01:06.7	01:05.2	01:04.8	01:02.4
50m Backstroke	00:36.3	00:34.8	00:33.1	00:32.1	00:31.0	00:30.4	00:29.7
100m Backstroke	01:12.0	01:10.6	01:08.2	01:06.2	01:04.1	01:03.0	01:02.5
100m IM	01:14.5	01:13.7	01:10.0	01:08.8	01:07.2	01:06.1	01:04.8

MALE

EVENT	9/10 years	11 years	12 years	13 years	14 years	15 years	16/over
50m Freestyle	00:31.0	00:29.2	00:27.8	00:26.0	00:25.1	00:23.8	00:22.6
100m Freestyle	01:03.8	01:02.0	00:59.6	00:57.4	00:55.5	00:52.0	00:50.1
50m Breaststroke	00:40.2	00:37.7	00:35.1	00:33.4	00:31.2	00:30.6	00:29.2
100m Breaststroke	01:20.0	01:18.8	01:16.6	01:14.2	01:11.6	01:09.4	01:07.3
50m Butterfly	00:33.1	00:31.0	00:29.1	00:27.1	00:25.7	00:25.0	00:24.6
100m Butterfly	01:10.0	01:18.0	01:06.1	01:04.1	01:01.2	00:57.1	00:56.6
50m Backstroke	00:35.6	00:34.1	00:32.0	00:30.0	00:29.1	00:27.0	00:26.1
100m Backstroke	01:10.0	01:08.1	01:06.2	01:04.4	01:01.1	00:59.8	00:58.8
100m IM	01:13.2	01:11.4	01:09.3	01:07.8	01:06.0	01:04.5	00:58.0