



## TRAINING SESSIONS FROM 15TH JULY 2022

ACADEMY 1		
Day	Venue	Time (am/pm)
Mon	--	----
Tues	--	----
Weds	--	----
Thurs	SB	6:30 - 7:30 (pm)
Fri	--	----
Sat	--	----
Sun	JWSC	5:15 - 6:15 (pm)

ACADEMY 2		
Day	Venue	Time (am/pm)
Mon	SB	6:45 - 7:45 (pm)
Tues	HB	closed
Weds	--	----
Thurs	--	----
Fri	--	----
Sat	--	----
Sun	JWSC	5:15 - 6:15 (pm)

BRONZE			
Day	Venue	Time - Mornings	Time - Evenings
Mon	SB	----	6:45 - 7:45 (pm)
Tues	HB	----	closed
Weds	--	----	----
Thurs	SB	----	6:30 - 7:30 (pm)
Fri	JWSC	6:00 - 7:00 (am)	7:30 - 8:30 (pm)
Sat	--	----	----
Sun	JWSC	----	5:15 - 6:15 (pm)

SILVER			
Day	Venue	Time - Mornings	Time - Evenings
Mon	JWSC	6:00 - 7:00 (am)	6:35 - 8:05 (pm)
Tues	HB	----	closed
Weds	JWSC	6:00 - 7:00 (am)	----
Thurs	--	----	----
Fri	JWSC	6:00 - 7:00 (am)	7:30 - 9:00 (pm)
Sat	--	----	----
Sun	JWSC	----	6:15 - 7:45 (pm)

GOLD			
Day	Venue	Time - Mornings	Time - Evenings
Mon	JWSC	6:00 - 7:00 (am)	6:35 - 8:35 (pm)
Tues	--	----	----
Weds	JWSC	6:00 - 7:00 (am)	8:30 - 9:30 (pm)
Thurs	JWSC	6:00 - 7:00 (am)	7:45 - 9:15 (pm)
Fri	JWSC	6:00 - 7:00 (am)	7:30 - 9:00 (pm)
Sat	--	----	----
Sun	JWSC	----	6:15 - 8:15 (pm)

MASTERS			
Day	Venue	Time - Mornings	Time - Evenings
Mon	JWSC	6:00 - 7:00 (am)	----
Tues	--	----	----
Weds	JWSC	6:00 - 7:00 (am)	8:30 - 9:30 (pm)
Thurs	--	----	----
Fri	JWSC	6:00 - 7:00 (am)	----
Sat	--	----	----
Sun	JWSC	----	7:45 - 8:45 (pm)

### DATES TO NOTE:

Haileybury - now closed until September

John Warner - last session Sunday 31st July, then Club holiday until return Mon 22nd August

Simon Balle - last session Thursday 21st July, until September

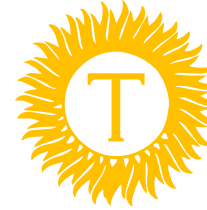
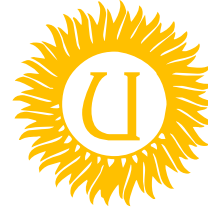
### OTHER DATES TO NOTE:

Swim Club Holiday - Monday 1st - Sunday 21st August

Sat 17th Sept - HoddSC Novice Meet, entry via Google forms.  
Link has been sent out via email and can also be found on the Club website.

### VENUES:

John Warner Sports Centre, Stanstead Road, Hoddesdon, EN11 0QG  
Haileybury Sports Complex, Haileybury College, Hertford SG13 7NU  
Simon Balle, Mangrove Road, Hertford, SG13 8AJ



## TRAINING SESSIONS FROM MONDAY 22ND AUGUST\* 2022

ACADEMY 1		
Day	Venue	Time (am/pm)
Mon	--	----
Tues	--	----
Weds	--	----
Thurs	SB	closed
Fri	--	----
Sat	--	----
Sun	JWSC	5:15 - 6:15 (pm)

ACADEMY 2		
Day	Venue	Time (am/pm)
Mon	SB	closed
Tues	HB	closed
Weds	--	----
Thurs	--	----
Fri	--	----
Sat	--	----
Sun	JWSC	5:15 - 6:15 (pm)

BRONZE			
Day	Venue	Time - Mornings	Time - Evenings
Mon	SB	----	closed
Tues	HB	----	closed
Weds	--	----	----
Thurs	SB	----	closed
Fri	JWSC	6:00 - 7:00 (am)	7:30 - 8:30 (pm)
Sat	--	----	----
Sun	JWSC	----	5:15 - 6:15 (pm)

SILVER			
Day	Venue	Time - Mornings	Time - Evenings
Mon	JWSC	6:00 - 7:00 (am)	6:35 - 8:05 (pm)
Tues	HB	----	closed
Weds	JWSC	6:00 - 7:00 (am)	----
Thurs	--	----	----
Fri	JWSC	6:00 - 7:00 (am)	7:30 - 9:00 (pm)
Sat	--	----	----
Sun	JWSC	----	6:15 - 7:45 (pm)

GOLD			
Day	Venue	Time - Mornings	Time - Evenings
Mon	JWSC	6:00 - 7:00 (am)	6:35 - 8:35 (pm)
Tues	--	----	----
Weds	JWSC	6:00 - 7:00 (am)	8:30 - 9:30 (pm)
Thurs	JWSC	6:00 - 7:00 (am)	7:45 - 9:15 (pm)
Fri	JWSC	6:00 - 7:00 (am)	7:30 - 9:00 (pm)
Sat	--	----	----
Sun	JWSC	----	6:15 - 8:15 (pm)

MASTERS*			
Day	Venue	Time - Mornings	Time - Evenings
Mon	JWSC	6:00 - 7:00 (am)	----
Tues	--	----	----
Weds	JWSC	6:00 - 7:00 (am)	8:30 - 9:30 (pm)
Thurs	--	----	----
Fri	JWSC	6:00 - 7:00 (am)	----
Sat	--	----	----
Sun	JWSC	----	7:45 - 8:45 (pm)

### DATES TO NOTE:

Haileybury - closed until September

John Warner - Training sessions restart on Monday 22nd August 2022

\*Masters - Sessions will be run by Gill on 1st August 7:30pm and 3rd August 8:30pm

Simon Balle - last session Thursday 21st July, until September

### OTHER DATES TO NOTE:

Swim Club Holiday - Monday 1st - Sunday 21st August

Sat 17th Sept - HoddSC Novice Meet, entry via Google forms.  
Link has been sent out via email and can also be found on the Club website.

### VENUES:

John Warner Sports Centre, Stanstead Road, Hoddesdon, EN11 0QG  
Haileybury Sports Complex, Haileybury College, Hertford SG13 7NU  
Simon Balle, Mangrove Road, Hertford, SG13 8AJ