

TRAINING EQUIPMENT KIT LIST

- A water bottle is essential for all swimmers to keep hydrated. Please no fizzy drinks or sports drinks.
- Each squad has a required set of equipment to be used in their training session which is indicated in the chart below.
- A club top is personalized with the swimmer's first name and is a requirement when competing.
- The club bag is not a necessity, but is ideal for a swimmer's clothing, towel, spare costume, etc.

Don't forget to label your kit!

Equipment and more can be bought from our suppliers: [Stortford Sports Supplies & ProSwimwear](#)

< < < Just click on the store icon on our homepage which will take you directly to our club section of the store > > >



	Water Bottle	Net Kit Bag	Short Fins	Kickboard	Pull Buoy	Central Snorkel	Finis Agility Hand Paddles	Theraband	Forearm Fulcrum	Heartrate Monitor	Foam Roller	Club Top	Club Bag
Academy 1													
Academy 2													
Bronze													
Silver													
Gold													