

TRAINING KIT LIST

- A water bottle is essential for all swimmers to keep hydrated. Please no fizzy drinks or sports drinks.
- Each squad has a required set of equipment to be used in their training session which is indicated in the chart below.
- A club top is personalized with the swimmer's first name and is a requirement when competing.
- The club bag is not a necessity, but is ideal for a swimmer's clothing, towel, spare costume, etc.

Don't forget to label your kit!

Equipment and more can be bought from our suppliers: [Stortford Sports Supplies & ProSwimwear](#)

< < < Just click on the store icon on our homepage which will take you directly to our club section of the store > > >

Stortford
Sports
Supplies

ProSwimwear
Europe's Largest Range of Competitive Swimwear

	Water Bottle	Net Kit Bag	Short Fins	Kickboard	Pull Buoy	Central Snorkel	Finis Agility Hand Paddles	Theraband	Forearm Fulcrum	Heartrate Monitor	Foam Roller	Club Top	Club Bag
Academy 1													
Academy 2													
Bronze													
Silver													
Gold													