

TRAINING SESSIONS: OCTOBER - 1ST NOVEMBER 2020

MONDAY	
Stewards Academy	
Squad	Time (PM)
Blue & Red	6:00 - 7:00
Silver	7:15 - 8:15

WEDNESDAY	
Stewards Academy	
Squad	Time (PM)
Blue & Red	6:00 - 7:00
Gold	7:15 - 8:15

FRIDAY	
John Warner	
Squad	Time (PM)
Silver	7:45 - 9:00
Gold	7:45 - 9:00

SATURDAY	
John Warner	
Squad	Time (PM)
Blue & Red	2:30 - 3:30
Silver	3:30 - 4:30
Gold	3:30 - 5:30
Masters	4:30 - 5:30

SUNDAY	
John Warner	
Squad	Time (PM)
Blue & Red	2:00 - 3:00
Junior 1 / 2	2:00 - 3:00
Silver	3:00 - 4:30
Gold	3:00 - 5:00
Club Dev	4:30 - 5:30
Masters	4:30 - 5:30

John Warner Sports Centre, Stanstead Road, Hoddesdon, EN11 0QG

Stewards Academy, Parnall Road, Harlow, CM18 7NQ