



HARPENDEN SWIMMING CLUB

(affiliated to Swim England Hertfordshire & Swim England East Region)

NO FRILLS LAST CHANCE COUNTY QUALIFIER

Held under ASA Laws & Regulations & ASA Technical Rules of Racing and to the ASA Open Meet Licencing Criteria

Sunday 9th December 2018

Westminster Lodge Leisure Centre, Holywell Hill,
St Albans AL1 2DL

(Sunday morning and Sunday afternoon)

Licence no. 3ER181463



SESSION 1	Sunday morning
1	Girls 200m Individual Medley
2	Boys 400m Freestyle
3	Girls 100m Butterfly
4	Boys 100m Breaststroke
5	Girls 50m Backstroke
6	Boys 100m Backstroke
7	Girls 200m Breaststroke
8	Boys 200m Butterfly
9	Girls 100m Freestyle
10	Boys 50m Breaststroke
11	Girls 50m Butterfly
12	Boys 100m Individual Medley
13	Girls 200m Freestyle
14	Boys 50m Freestyle
15	Girls 400m Individual Medley
16	Boys 200m Backstroke
SESSION 2	Sunday afternoon
17	Boys 200m Individual Medley
18	Girls 400m Freestyle
19	Boys 100m Butterfly
20	Girls 100m Breaststroke
21	Boys 50m Backstroke
22	Girls 100m Backstroke
23	Boys 200m Breaststroke
24	Girls 200m Butterfly
25	Boys 100m Freestyle
26	Girls 50m Breaststroke
27	Boys 50m Butterfly
28	Girls 100m Individual Medley
29	Boys 200m Freestyle
30	Girls 50m Freestyle
31	Boys 400m Individual Medley
32	Girls 200m Backstroke