

### Current Intended Long Course Championship Schedule

*Initial full championship schedule to be published on Monday 17<sup>th</sup> January 2022*

Saturday 2 <sup>nd</sup> April 2022 (Morning)	UEA Sportspark, Norwich	<ul style="list-style-type: none"> <li>- 1500m Freestyle</li> <li>- All age groups</li> <li>- Both genders</li> </ul>
Saturday 30 <sup>th</sup> April, Sunday 1 <sup>st</sup> May, Monday 2 <sup>nd</sup> May 2022	UEA Sportspark, Norwich	<ul style="list-style-type: none"> <li>- All national qualifying relays (14-16 and 17+) (4x100m Medley/Free; 4x200m Free, both genders)</li> <li>- Individual championship events, with a focus on older (15+) age groups</li> <li>- All Para-Swimming events (irrespective of swimmer age)</li> <li>- A small number of 14/under age group events will need to be held on this weekend. The 14/under individual events will be held on Monday 2<sup>nd</sup> May.</li> <li>- 15+ individual events will be across all three days.</li> </ul>
Friday 6 <sup>th</sup> May 2022 (Evening)	Inspire – Luton Sports Village	<ul style="list-style-type: none"> <li>- 800m Freestyle</li> <li>- All age groups</li> <li>- Both genders</li> </ul>
Saturday 7 <sup>th</sup> May, Sunday 8 <sup>th</sup> May 2022	Inspire Luton Sports Village	<ul style="list-style-type: none"> <li>- Individual championship events, with a focus on younger (14/under) age groups.</li> <li>- If restrictions become severe, it may be necessary to hold some 15+ age group events here, but given the proximity to the public examination season, this will be a last resort.</li> </ul>

### Non-Championship Development Events or Reserve Championship Pool Time

Saturday 2 <sup>nd</sup> April 2022 (Afternoon/Evening)  Sunday 3 <sup>rd</sup> April 2022	UEA Sportspark, Norwich	<ul style="list-style-type: none"> <li>- Long course development competition for Swim England East Region athletes, including some out-of-pool development activities.</li> <li>- No regional championship events, to ensure no clash with British Championships, which start on 5<sup>th</sup> April.</li> <li>- The use of this pool time is being constantly reviewed to ensure that the Region has a 'buffer' of time should it need to space out its events event further. Our current intention however, is to offer swims to those just shy of the championship qualifying times. Additionally, should British Championships restrict entries, as per the 2021 Olympic Selection Meet and British Para-Swimming International – this may serve as a substitute race opportunity for regional athletes who miss out on their British Champs swims.</li> <li>- Confirmation of our final plans for this time will be published by the end of January.</li> </ul>
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