Swim England East Region
2018 Short Course Championships (25m)

(Under ASA Laws and Regulations and ASA Technical Rulesof Racing)
2nd-4thNovember 2018 at Inspire Luton Sports Village (2ER180889)

QUALIFYING STANDARDS

Pool Length - 25m

MEN	EVENT	WOMEN
Qualifying Time		**Qualifying Time**
26.29	**50m Freestyle**	29.00
57.69	**100m Freestyle**	1:02.80
2:06.00	**200m Freestyle**	2:16.56
4:25:08	**400m Freestyle**	4:40.74
	800m Freestyle	09:50.10
18:00.22	**1500m Freestyle**	
30.85	**50m Backstroke**	32.94
1:05.73	**100m Backstroke**	1:10.88
2:22.79	**200m Backstroke**	2:32.64
33.20	**50m Breaststroke**	37.26
1:14.06	**100m Breaststroke**	1:20.02
2:42.30	**200m Breaststroke**	2:53.51
28.20	**50m Butterfly**	31.75
1:02.98	**100m Butterfly**	1:09.98
2:30.00	**200m Butterfly**	2:35.11
1:05.02	**100m I.M.**	1:12.25
2:24.97	**200m I.M.**	2:36.85
5:11.09	**400m I.M.**	5:28.34

- **All times to be achieved between 1st November 2017 and the closing date**
- **Closing Date for Entries: Midday Friday 12th October 2018**

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Para-Swimming Championships Qualifying Standards

Male	Event and Category	Female
50m FREESTYLE		
02:22.93	**S1**	02:14.58
01:39.28	**S2**	02:05.28
01:12.96	**S3**	01:31.14
01:03.36	**S4**	01:21.14
00:55.81	**S5**	01:01.65
00:48.29	**S6**	00:55.57
00:45.44	**S7**	00:53.92
00:43.70	**S8**	00:50.64
00:42.18	**S9**	00:47.06
00:37.87	**S10**	00:44.80
00:42.93	**S11**	00:50.98
00:38.86	**S12**	00:45.26
00:38.77	**S13**	00:45.42
00:40.64	**S14**	00:45.66
100m FREESTYLE		
04:19.14	**S1**	06:39.41
03:55.10	**S2**	05:47.54
02:42.99	**S3**	02:49.78
02:19.09	**S4**	02:48.96
02:02.69	**S5**	02:14.42
01:48.50	**S6**	02:00.08
01:41.23	**S7**	01:56.77
01:33.57	**S8**	01:48.74
01:31.44	**S9**	01:42.43
01:25.09	**S10**	01:37.98
01:35.92	**S11**	01:54.78
01:25.23	**S12**	01:37.81
01:25.10	**S13**	01:37.47
01:28.86	**S14**	01:37.60
200m FREESTYLE		
12:11.84	**S1**	10:35.89
07:02.72	**S2**	10:14.24
05:44.30	**S3**	06:24.38
04:59.23	**S4**	06:15.60
04:23.70	**S5**	04:53.74
03:07.31	**S14**	03:20.98
50m BREASTSTROKE		
03:26.32	**SB1**	03:37.31
01:36.90	**SB2**	02:17.62
01:21.57	**SB3**	01:41.07
100m BREASTSTROKE		
02:37.36	**SB4**	03:13.26
02:30.93	**SB5**	03:01.28
02:12.99	**SB6**	02:39.41
02:06.13	**SB7**	02:36.16
01:55.74	**SB8**	02:11.15
01:50.37	**SB9**	02:07.25
01:59.50	**SB11**	02:28.05
01:49.57	**SB12**	02:17.98
01:49.18	**SB13**	02:08.72
01:48.78	**SB14**	02:04.85

Male	Event and Category	Female
400m FREESTYLE		
08:18.02	**S6**	09:13.79
07:57.76	**S7**	08:39.95
07:18.40	**S8**	08:02.70
06:59.98	**S9**	07:43.15
06:44.85	**S10**	07:27.39
07:36.72	**S11**	09:01.81
06:46.05	**S12**	07:33.60
06:45.79	**S13**	07:28.96
06:57.44	**S14**	08:05.07
50m BACKSTROKE		
02:15.84	**S1**	03:37.46
01:36.88	**S2**	01:47.66
01:21.84	**S3**	01:31.39
01:13.04	**S4**	01:25.97
01:03.42	**S5**	01:12.43
100m BACKSTROKE		
04:39.12	**S1**	07:10.90
03:29.23	**S2**	04:02.24
01:59.89	**S6**	02:20.40
01:58.35	**S7**	02:15.84
01:45.54	**S8**	02:07.66
01:44.38	**S9**	01:53.09
01:38.53	**S10**	01:49.54
01:51.34	**S11**	02:16.29
01:38.18	**S12**	01:59.15
01:37.76	**S13**	01:56.61
01:36.67	**S14**	01:46.80
50m BUTTERFLY		
00:00.00	**S1**	00:00.00
03:50.69	**S2**	03:43.66
02:18.56	**S3**	02:07.49
01:14.03	**S4**	02:44.30
00:58.50	**S5**	01:14.70
00:50.00	**S6**	01:01.07
00:48.82	**S7**	00:59.17
100m BUTTERFLY		
01:41.06	**S8**	01:58.72
01:37.18	**S9**	01:51.71
01:32.08	**S10**	01:50.94
01:41.04	**S11**	02:24.32
01:33.28	**S12**	01:49.90
01:33.46	**S13**	01:50.77
01:36.91	**S14**	01:51.95
200m IM		
05:39.42	**SM5**	05:53.89
04:18.94	**SM6**	05:07.71
04:16.72	**SM7**	04:59.04
03:55.02	**SM8**	04:34.34
03:46.34	**SM9**	04:14.26
03:32.00	**SM10**	04:03.23
04:01.81	**SM11**	04:42.86
03:36.62	**SM12**	04:21.30
03:36.40	**SM13**	04:03.70
03:37.30	**SM14**	03:53.25

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