

| EVENT | GIRLS | | | | | | BOYS | | | | | |
|------------------------------|-------------------------|------------------------|--------------------------|-------------------------|-------------------------|-------------------------|--------------------------|------------------------|------------------------|------------------------|------------------------|-------------------------|
| | 11/12 | 13 | 14 | 15 | 16 | 17/ov | 11/12 | 13 | 14 | 15 | 16 | 17/ov |
| 50 Freestyle | L:31.06 Q:32:00 | L:29.46 Q:30:20 | L:28.99 Q:29.73 | L:28.55 Q:29:29 | L: 28.19 Q:28.93 | L: 27.75 Q:28.49 | L:31.26 Q: 32.00 | L:28.92 Q: 29.66 | L:27.36 Q:28.10 | L:26.47 Q:27.21 | L:25.79 Q:26.53 | L:25.31 Q:26.05 |
| 100 Freestyle | L:1:07.51 Q:1:09.00 | L:1:04.51 Q:1:06.41 | L:1:03.43 Q:1:04.25 | L:1:01.96 Q:1:02.60 | L:1:00.41 Q:1:01.62 | L:1:00.01 Q:1:01:25 | L:1:08.51 Q:1:10.15 | L:1:03.60 Q:1:04.68 | L: 59.86 Q:1:00.50 | L: 57.53 Q:58:50 | L: 56.37 Q:57.25 | L: 55.01 Q: 56:20 |
| 200 Freestyle | L: 2:28.88 Q:2:30.85 | L:2:20.81 Q:2:23.50 | L:2:17.05 Q:2:19:20 | L:2:14.41 Q:2:16.17 | L: 2:11.78 Q:2:14.61 | L: 2:10.11 Q:2:12:50 | L: 2:28.31 Q: 2:31.91 | L:2:18.31 Q:2:20.96 | L:2:11.67 Q:2:13.00 | L:2:06.79 Q:2:08.50 | L:2:03.98 Q:2:05.80 | L:2:00.01 Q:2:02.50 |
| 400 Freestyle | L: 5:07.23 Q:5:22.40 | L:4:57.12 Q:5:06.70 | L: 4:48.01 Q: 4:57.00 | L: 4:43.70 Q:4:50.00 | L:4:39.01 Q:4:48.00 | L:4:36.72 Q:4:44.00 | L: 5:17.26 Q: 5:26.32 | L:4:56.66 Q:5:01.71 | L:4:40.60 Q:4:47.81 | L:4:29.85 Q:4:36.00 | L:4:26.80 Q:4:32.78 | L:4:16.01 Q: 4:25.00 |
| 50 Breaststroke | L:40.24 Q:41.39 | L:37.94 Q:38:78 | L:37.05 Q:37.90 | L: 36.34 Q:37.00 | L: 35.94 Q:36.76 | L:35.01 Q:36.20 | L:40.51 Q:42.02 | L:38.01 Q:38.95 | L:35.19 Q:36.37 | L:34.04 Q:34.99 | L:32.75 Q:33.57 | Q:31.51 L:32.75 |
| 100 Breaststroke | L:1:27.71 Q:1:29.66 | L:1:23.55 Q:1:24.86 | L:1:20.56 Q:1:22.16 | L:1:18.91 Q: 1.20.36 | L:1:18.06 Q:1:20.38 | L:1:17:01 Q:1:18.25 | L:1:29.31 Q:1:30.95 | L:1:24.28 Q:1:26.23 | L:1:17.79 Q:1:18.94 | L:1:14.42 Q:1:16.50 | L:1:12.07 Q:1:13.62 | L:1:10.01 Q:1:12.00 |
| 200 Breaststroke | L:3:10.71 Q:3:14.91 | L:3:00.30 Q:3:04.42 | L:2:55.10 Q:2:59.12 | L:2:51.64 Q:2:54.63 | L:2:49.91 Q:2:52.98 | L:2:48.01 Q:2:51.00 | L:3:09.21 Q:3:16.91 | L:3:01.01 Q:3:05.42 | L:2:48.31 Q:2:52.27 | L:2:45.82 Q:2:50.26 | L:2:38.58 Q:2:43.43 | L:2:35.01 Q:2:40.00 |
| 50 Butterfly | L:34.24 Q:35.19 | L:32.58 Q:33.20 | L:31.60 Q:32.15 | L: 31.18 Q:31.78 | L:30.37 Q:31.14 | L: 30:01 Q:31.00 | L: 34.74 Q:35.69 | L:32.45 Q:33:25 | L:30.21 Q:31.03 | L:28.84 Q:29.65 | L:27.96 Q:28.70 | L:27.01 Q:28:00 |
| 100 Butterfly | L:1:19.33 Q:1:21.45 | L:1:14.62 Q:1:16.72 | L:1:11.15 Q:1:13.01 | L:1:10.18 Q:1:11.94 | L:1:08.14 Q:1:09.13 | L:1:07.51 Q:1:08.75 | L:1:18.99 Q:1:21.35 | L:1:13.31 Q:1:15.28 | L:1:09.05 Q:1:10.25 | L:1:04.65 Q:1:05.95 | L:1:02.45 Q:1:03.46 | L:1:01.01 Q: 1:02.50 |
| 200 Butterfly | L:2:58.51 Q:3:05.90 | L:2:53.69 Q:3:00.07 | L:2:44.06 Q:2:49.00 | L:2:41.48 Q:2:48.81 | L:2:35.37 Q:2:38.78 | L:2:32.17 Q: 2:37.00 | L:3:07.14 Q:3:16.00 | L:2:52.78 Q:3:02.14 | L:2:38.03 Q:2:45.99 | L:2:30.28 Q:2:38.75 | L:2:23.45 Q:2:29.30 | L:2:19.01 Q:2:27.00 |
| 50 Backstroke | L:35.52 Q:36.54 | L:34.18 Q:34:90 | L:32.85 Q:33:62 | L:32.32 Q:33:21 | L:32.02 Q:33.76 | L:31.51 Q:32.50 | L:35.62 Q:36:80 | L:32.92 Q:34.28 | L:31.21 Q:31.78 | L:30.54 Q:31.31 | L:29.45 Q:30.19 | L:28.51 Q:29.50 |
| 100 Backstroke | L:1:16.91 Q:1:19.00 | L:1:13.62 Q:1:14.53 | L:1:10.59 Q:1:11.59 | L:1:10.01 Q:1:10.94 | L:1:08.89 Q:1:10.29 | L:1:08.01 Q:1:09.25 | L:1:16.91 Q:1:18.97 | L:1:11.51 Q:1:13.28 | L:1:06.21 Q:1:08.56 | L:1:04.45 Q:1:06.83 | L:1:03.24 Q:1:04.09 | L:1:01.11 Q:1:02.50 |
| 200 Backstroke | L:2:43.08 Q:2:48.66 | L:2:39.05 Q:2:41.98 | L:2:33.19 Q:2:35.94 | L:2:29.60 Q:2:32.72 | L:2:29.01 Q:2:32.22 | L:2:27.51 Q:2:30.00 | L:2:44.41 Q:2:48.66 | L:2:35.01 Q:2:40.02 | L:2:26.03 Q:2:30.34 | L:2:21.09 Q:2:25.76 | L:2:17.94 Q:2:22.46 | L:2:14.01 Q:2:18.00 |
| 200 Individual Medley | L:2:46.43 Q:2:51.41 | L:2:40.81 Q:2:43.79 | L:2:35.60 Q:2:37.68 | L:2:32.04 Q:2:34.35 | L:2:28.16 Q:2:31.95 | L:2:27.01 Q:2:29.50 | L:2:48.51 Q:2:52.00 | L:2:38.51 Q:2:41.73 | L:2:29.47 Q:2:33.45 | L:2:25.26 Q:2:27:84 | L:2:19.11 Q:2:22.09 | L:2:15.01 Q:2:17.50 |

Entries times for all events must be achieved between 1st September 2019 and 27th March 2020.

Long to short course conversion times are allowed using Sportsystems Entry Time converter only.

Age groups: 11/12, 13/14, 15/16 and 17/over. National qualifiers will compete as guests and advance to a separate guest final – they will ineligible for their age group final or age group HDW awards.