

DUEL IN THE POOL - Saturday 15th May @ Trinity Arts & Leisure

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RED TEAM (3.30-4.30PM)					WHITE TEAM (3.30-4.30PM)					
3.30-4.30PM	Rachel Lehain	25m Back	50m Back	4X25 Free Relay	25m Free Kick	Rami Adams	25m Back	50m Breast	4X25 Free Relay	
	Aya El Abd	25m Fly	50m Breast	4X25 Free Relay	25m Free Kick	Solomon Dent	25m Free	50m Free	4x25 IM Relay	
	Stanley Harris	25m Fly	50m Free	4x25 IM Relay		Charlie Duce	25m Free	50m Back	4X25 Free Relay	100 IM
	Thomas Matthews	25m Breast	50m Fly	4x25 IM Relay	100 IM	Erin Gallego	25m Breast	50m Back	4x25 IM Relay	
	Sade Dunne	25m Breast	50m Free	4X25 Free Relay		Archie Henderson	25m Fly	50m Free	4X25 Free Relay	25m Free Kick
	Isabella Hodgson	25m Free	50m Back	4X25 Free Relay		Thomas McMaster-Irons	25m Back	50m Fly	4X25 Free Relay	25m Free Kick
	Isaac Vincent-Emery	25m Free	50m Breast	4x25 IM Relay		Thomas Noble	25m Fly	50m Breast	4x25 IM Relay	
	Sophie Weston	25m Back	50m Fly	4x25 IM Relay	100 IM	Millie Al-Ali	25m Breast	50m Fly	4x25 IM Relay	100 IM
3.30-4.30PM	Mercy Adeoye	25 Breast	50m Fly	4X25 Free Relay	4x25 IM Relay	Lotanna Ifeacho	25 Free	50m Fly	4x25 IM Relay	25 Free Kick
	Megan Barnicoat	25 Breast	50m Fly	4X25 Free Relay	100 IM	Charlotte Belcher	25m Fly	50m Breast	4X25 Free Relay	100 IM
	Elodie Holl	25 Back	50m Free	4X25 Free Relay	25 Free Kick	Isaac Cattlin	25m Fly	50m Back	4x25 IM Relay	
	Liv James	25 Back	50m Breast	4x25 IM Relay	25 Free Kick	Saul Edwards	25 Free	50m Free	4x25 IM Relay	
	Imogen Bannister	25 Free	50m Breast	50m Free	4x25 IM Relay	Joseph Emms	25m Breast	50m Back	4X25 Free Relay	25 Free Kick
	Siobhan Schneider	25m Fly	50m Back	25 Free	4x25 IM Relay	Harry Mailing	25 Back	50m Fly	4X25 Free Relay	100 IM
	Oliver Meier	25m Fly	50m Back	4X25 Free Relay	100 IM	Amber-Lily McCarthy	25 Back	50m Breast	4x25 IM Relay	
						Reuben Stewart	25m Breast	50m Free	4X25 Free Relay	
RED TEAM (4.30-5.30PM)					WHITE TEAM (4.30-5.30PM)					
4.30-5.30PM	Harvey Curtis	25m Free	75m Back	4x50 Free Relay		Morgan Allan	25m Fly	125m IM	4x50 Free Relay	4x50 IM Relay
	Oliver Frame	25m Fly	75m Back	25m U/W + Fins	4x50 IM Relay	Chloe Burnage	25m Free	25m Breast	75m Breast	4x50 Free Relay
	Darius Tatu	25m Breast	125m IM	75m Fly		Georgie Munday	25m Free	75m Breast	125m IM	4x50 IM Relay
	Jess Watson	25m Free	75m Breast	75m Fly	4x50 IM Relay	Eloise Cole	25m Back	75m Free	75m Back	4x50 Free Relay
	Stefania Facchiano	25m Back	75m Breast	25m U/W + Fins		Pheobe Borromeo	25m Breast	75m Free	4x50 Free Relay	25m U/W + Fins
	Lucy Young	25m Breast	75m Free	4x50 Free Relay	4x50 IM Relay	Daniel Meier	25m Back	75m Fly	25m U/W + Fins	4x50 IM Relay
	Nwando Ifeacho	25m Fly	125m IM	4x50 Free Relay	4x50 IM Relay	Thomas Belcher	25m Fly	75m Back	75m Fly	4x50 IM Relay
	Lucy Little	25m Back	75m Free	4x50 Free Relay						
4.30-5.30PM	Reena Adams	25m Back	75m Free	4X25 Free Relay		Bethan Ashdown	25m Free	75m Breast	4X25 Free Relay	
	Tabby Frame	25m Free	75m Back	25m U/W + Fins	4x25 IM Relay	Berkley Barnicoat	25m Fly	75m Free	125m IM	4x25 IM Relay
	Oliver Girvan	25m Breast	75m FLY	25m U/W + Fins	4x25 IM Relay	Hala El Abd	25m Breast	75m Fly	4X25 Free Relay	
	Alec Howitt	25m Back	75m Free	4X25 Free Relay		Alicja Lewicka	25m Back	75m Free	4X25 Free Relay	
	Euan Legson	25m Breast	75m Fly	125m IM	4x25 IM Relay	Jamie Mailing	25m Breast	75m Breast	125m IM	4x25 IM Relay
	George Little	25m Fly	75m Breast	125m IM	4x25 IM Relay	Fleur Nugent	25m Free	75m Back	25m U/W + Fins	4x25 IM Relay
	Emily Lowe	25m Free	75m Breast	4X25 Free Relay		Adam O'Neal	25m Back	75m Fly	25m U/W + Fins	4x25 IM Relay
	Andrei Popa	25m Fly	75m Back	4X25 Free Relay		Jonathan Regan	25m Fly	75m Back	4X25 Free Relay	