

Modernian SC - Pool Return Roadmap Week beginning 12/04							PHASE 1
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
A M	6-7AM Group 1 3 lanes		6-7AM Group 2 3 lanes				
P M	6.00-7 PM Group 3 Group 4	7.15-8.15PM Group 2		8-9PM (Luton) Group 1	6-7PM (TAL) Group 3		
		8.15-9.15PM Group 1			Group 2 6.30-7.30PM (ROB) Group 1		

Group 1	4 hours
Group 2	3 hours
Group 3	2 hours
Group 4	1 hours

Modernian SC - Pool Return Roadmap Week beginning 03/05							PHASE 4
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
A M	6-7AM Group 1 3 lanes	6-7AM Group 2a 2 lanes	6-7AM Group 2b 2 lanes		6-7AM Group 1 3 lanes		8-10AM (Luton) Group 1
P M	6.00-7.15PM Group 2 Group 3b	7.15-8.30pm Group 3a 7.15-9.15PM Group 1		8-9PM (Luton) Group 1	6-7PM (TAL) Group 3 7-8.30PM (Luton) Group 2 6.30-8.30PM (ROB) Group 1	3.30-4.30PM Group 2 4.30-5.30pm Group 1	12.15-1.15PM Group 2 1.15-2.15pm Group 4 Group 3

Group 1	10 hours
Group 2	5 Hours 45mins
Group 3	4 hours 15 mins
Group 4	1 hour

Modernian SC - Pool Return Roadmap Week beginning 19/04							PHASE 2
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
A M	6-7AM Group 1 3 lanes	6-7AM Group 2a 2 lanes	6-7AM Group 2b				8-9.15AM (Luton) Group 1
P M	6.00-7.15PM Group 2 Group 3a	7.15-8.30PM Group 1		8-9PM (Luton) Group 1	6-7PM (TAL) Group 3	3.30-4.30PM Group 2 4.30-5.30pm Group 1	1.15-2.15pm Group 4 Group 3

Group 1	6.5 hours
Group 2	4.5 hours
Group 3	3 hours
Group 4	1 hours

Modernian SC - Pool Return Roadmap Week beginning 26/04							PHASE 3
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
A M	6-7AM Group 1 3 lanes	6-7AM Group 2a 2 lanes	6-7AM Group 2b 2 lanes				8-9.45AM (Luton) Group 1
P M	6.00-7.15PM Group 2 Group 3a	7.15-8.45PM Group 1		8-9PM (Luton) Group 1	6-7PM (TAL) Group 3	3.30-4.30PM Group 2 4.30-5.30pm Group 1	12.15-1.15PM Group 2 1.15-2.15pm Group 4 Group 3

Group 1	8 hours
Group 2	5.5 hours
Group 3	3.25 hours
Group 4	1 hour