

Covid-19 Risk Assessment

Name of Club: Potters Bar Swimming Club

Risk Assessor: Jamie Irvine

Date of Risk Assessment: 3/12/20

What are the Hazards?	Who might be harmed	Controls Considered	Additional Controls	Action by who?	Action by When?	Done
Car Park	Coaches Parents Swimmers	-Guide sent out to members -Car Park Rules		Jamie Irvine to put together guide. John Cunningham to put guide on club website.	Make guide public following meeting with Furzefield.	Complete
Entrance and Reception Area	Coaches Swimmers Parents Public Staff	- Separate exit to entrance -Include detail of entrance process in club guide -Swimmers to go straight through to the pool via the changing rooms	Volunteer to assist the running of entrance to the building Face mask on entry and exit	Volunteer Workforce to ensure guide to safe entrance is carried out.	Make guide public following meeting with Furzefield	Completed entrance guide. Volunteer training session to be completed.
Changing and entry to poolside	Swimmers Workforce	- No use of changing rooms -Swimmers to arrive changed and ready to swim -Allocated bag area with changing stations on poolside, with social distancing maintained	Volunteer to assist in guiding swimmers and maintaining social distancing Marked out stations and changing points for each swimmer	Volunteer Workforce.	e	Changing stations marked out on diagram and ready to implemented.

		-Clockwise system round the pool Masters to use area in teaching pool to avoid crossover with squads				
Land Warm Ups	Swimmers Coaches	-Not to be part of training during the first phase of returning to the pool.		N/A	N/A	N/A
Pool Entry	Swimmers Coaches	Swimmers exit one at a time maintain 1 metre distance to their bags. There will be a ten minute contingency to allow one group to leave and another to come in. Masters will enter the building before the previous session finishes and change around the teaching pool to avoid mixing with the younger squads, and enter the pool once the previous squads	Coaches to have a zoom session on return to training rules.	The Supervising Coach. Jamie Irvine to run Zoom Session on Return to Training Rules.	Zoom Session, prior to pool return	Zoom calls arranged or completed. Entry system ready to be implemented.

		have exited the water. This will avoid contact and maximise water time.				
Pool Session	Swimmers	<p>Appropriate training to help maintain distancing.</p> <p>Single lanes with up to six in a 25m pool and eight in a 33m pool,</p> <p>2x Volunteer on pool side each session to deal with any issues like illness etc. (Masters sessions will have one volunteer)</p> <p>Details to Over 18's on the importance of social distancing around poolside and in the pool, with no mixing/mingling pre/during/post sessions.</p>	<p>Lanes '1,3 and 5 starting at the shallow end, Lane 2,4 and 6 starting at the deep end.</p> <p>Two coaches on session, apart from separate masters sessions that are not always coached.</p> <p>Over 18s to be given a separate lane where possible and review of separate timetable to HP squad to a this. This will include returning Uni swimmers and Masters.</p>	<p>Jamie Irvine to review J squad numbers with Junior Coaching Team.</p> <p>Supervising Coach to ensure distancing maintained as best possible.</p> <p>Whistles provided to coaches.</p>		Complete and ready to be implemented.
Exiting the pool	Swimmers Coaches			The supervising coach.	Promptly at the end of each	Built in exit time in our timetable.

					session.	
Building Exit	Swimmers Coaches Parents	Swimmers will put clothes/ towel over the top of costumes and leave via the fire exit or the centre exit routes. Parents of swimmers under the age of 10 should wait 1 metre apart at fire exit door to collect their swimmers		Volunteer/ Supervising Coach to ensure guide to safe exit is carried out.	Promptly at the end of each session.	Ready to Implement.