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**Individual Meet Results - Standard: UKASA09**
**Scottish National Short Course Championships 09-Dec-16 to 11-Dec-16 SC Meters**
**Sanction: L1/514/ED/DEC16 Location: Roval Commonwealth Pool**
**Garioch Amateur Swimming Club [NGHX]**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Orla Adams (21) F</b>					
1:09.01S	AAA F # 102	Female 100 Breast	4	13	-0.60
1:10.45S	AAA P # 102	Female 100 Breast	7	---	0.84
2:14.62S	AAA F # 104	Female 200 IM	3	16	-1.37
2:17.45S	AAA P # 104	Female 200 IM	5	---	1.46
32.16S	AAA F # 207	Female 50 Breast	5	12	0.06
32.46S	AAA P # 207	Female 50 Breast	5	---	0.36
1:03.23S	AAA F # 211	Female 100 IM	5	12	-0.06
1:04.18S	AAA P # 211	Female 100 IM	6	---	0.89
4:39.83S	AAA F # 301	Female 400 IM	1	20	-4.19
4:45.85S	AAA P # 301	Female 400 IM	1	---	1.83
2:27.50S	AAA F # 309	Female 200 Breast	5	12	-1.33
2:31.02S	AAA P # 309	Female 200 Breast	8	---	2.19
<b>Finley Cousins (13) M</b>					
32.90S	AAA P # 107	Male 50 Breast	85	---	-0.16
32.90S	AAA P # 126	Male 50 Breast	49	---	-0.16