
Individual Meet Results - Standard: UKASA09
Garioch Mix Up January 18 & 19 2020 18-Jan-20 to 19-Jan-20 [Ageup: 19/01/2020] SC Meters
Sanction: L2/ND/001/IAN20 Location: Inverurie Swimming Pool
Garioch Amateur Swimming Club [NGHX]

Time	F/P/S	Event	Place	Points	Improv
Laura Allan (15) F					
1:34.25S	B F # 101C	Female 15 & Over 100 Breast	9	---	1.24
2:54.47S	B F # 103C	Female 15 & Over 200 IM	6	---	8.30
33.38S	B F # 105C	Female 15 & Over 50 Free	10	---	0.76
5:22.00S	B F # 202C	Female 15 & Over 400 Free	2	---	13.18
1:21.31S	B F # 204C	Female 15 & Over 100 IM	5	---	0.28
37.47S	B F # 206C	Female 15 & Over 50 Back	5	---	0.51
34.47S	B F # 302C	Female 15 & Over 50 Fly	5	---	1.45
6:06.47S	B F # 304C	Female 15 & Over 400 IM	2	---	18.34
1:12.28S	B F # 306C	Female 15 & Over 100 Free	7	---	-0.34
1:17.81S	B F # 401C	Female 15 & Over 100 Back	2	---	-1.25
1:22.87S	B F # 403C	Female 15 & Over 100 Fly	3	---	5.67
43.62S	B F # 405C	Female 15 & Over 50 Breast	6	---	0.50
Jesseka Beaumont (13) F					
1:42.31S	F # 101B	Female 13-14 100 Breast	30	---	0.82
3:23.66S	F # 103B	Female 13-14 200 IM	21	---	-4.14
35.62S	B F # 105B	Female 13-14 50 Free	28	---	0.27
1:34.94S	F # 204B	Female 13-14 100 IM	29	---	2.23
45.82S	F # 206B	Female 13-14 50 Back	30	---	2.20
1:18.34S	B F # 306B	Female 13-14 100 Free	28	---	-3.38
X 1:44.06S	F # 403B	Female 13-14 100 Fly	---	---	-8.57
45.75S	B F # 405B	Female 13-14 50 Breast	21	---	0.70
James Boddie (12) M					
5:19.56S	A F # 102A	Male 10-12 400 Free	3	---	6.46
1:23.34S	A F # 104A	Male 10-12 100 IM	8	---	-1.10
46.25S	B F # 106A	Male 10-12 50 Breast	14	---	-0.45
37.44S	A F # 201A	Male 10-12 50 Fly	12	---	-0.50
1:41.85S	B F # 203A	Male 10-12 100 Breast	11	---	2.08
33.25S	A F # 205A	Male 10-12 50 Free	11	---	0.97
1:11.35S	A F # 301A	Male 10-12 100 Free	10	---	0.72
6:08.32S	A F # 303A	Male 10-12 400 IM	3	---	8.35
39.00S	A F # 305A	Male 10-12 50 Back	8	---	0.19
2:55.72S	A F # 402A	Male 10-12 200 IM	8	---	-3.09
1:26.44S	B F # 404A	Male 10-12 100 Fly	8	---	-0.78
1:23.07S	B F # 406A	Male 10-12 100 Back	9	---	0.99
Tessa Boyd (12) F					
1:37.75S	B F # 101A	Female 10-12 100 Breast	8	---	-3.98
2:57.16S	A F # 103A	Female 10-12 200 IM	4	---	1.42
34.47S	A F # 105A	Female 10-12 50 Free	9	---	1.00
5:31.32S	A F # 202A	Female 10-12 400 Free	6	---	-3.26
1:22.47S	A F # 204A	Female 10-12 100 IM	4	---	-0.95
38.09S	A F # 206A	Female 10-12 50 Back	4	---	0.65
37.88S	A F # 302A	Female 10-12 50 Fly	6	---	0.16
6:08.12S	A F # 304A	Female 10-12 400 IM	4	---	-1.58
1:14.62S	B F # 306A	Female 10-12 100 Free	6	---	0.31
1:21.50S	A F # 401A	Female 10-12 100 Back	4	---	1.95
1:28.19S	B F # 403A	Female 10-12 100 Fly	7	---	1.86
45.56S	B F # 405A	Female 10-12 50 Breast	9	---	-0.08

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Time	F/P/S	Event	Place	Points	Improv
Amy Cowan (12) F					
1:32.82S	A F # 101A	Female 10-12 100 Breast	3	---	2.03
3:00.06S	A F # 103A	Female 10-12 200 IM	5	---	4.18
33.25S	A F # 105A	Female 10-12 50 Free	6	---	1.68
5:29.44S	A F # 202A	Female 10-12 400 Free	4	---	-0.02
1:20.62S	A F # 204A	Female 10-12 100 IM	2	---	-2.04
38.04S	A F # 206A	Female 10-12 50 Back	2	---	1.51
36.18S	A F # 302A	Female 10-12 50 Fly	4	---	-2.54
6:03.53S	A F # 304A	Female 10-12 400 IM	2	---	-0.55
1:10.94S	A F # 306A	Female 10-12 100 Free	2	---	-0.02
1:20.16S	A F # 401A	Female 10-12 100 Back	2	---	1.51
1:25.31S	B F # 403A	Female 10-12 100 Fly	6	---	0.32
41.97S	A F # 405A	Female 10-12 50 Breast	2	---	0.32
Rebecca Cowan (11) F					
42.15S	B F # 302A	Female 10-12 50 Fly	14	---	-3.56
1:34.09S	B F # 401A	Female 10-12 100 Back	22	---	-4.03
1:39.87S	B F # 403A	Female 10-12 100 Fly	16	---	-8.12
48.78S	B F # 405A	Female 10-12 50 Breast	15	---	-1.09
Ellen Denny (11) F					
1:35.82S	A F # 101A	Female 10-12 100 Breast	5	---	-1.86
2:53.75S	AA F # 103A	Female 10-12 200 IM	2	---	0.65
33.47S	AA F # 105A	Female 10-12 50 Free	7	---	0.49
5:17.87S	AA F # 202A	Female 10-12 400 Free	1	---	---
1:22.68S	AA F # 204A	Female 10-12 100 IM	5	---	-0.82
40.28S	A F # 206A	Female 10-12 50 Back	9	---	1.13
34.97S	AA F # 302A	Female 10-12 50 Fly	2	---	0.53
6:00.16S	AA F # 304A	Female 10-12 400 IM	1	---	10.40
1:12.19S	AA F # 306A	Female 10-12 100 Free	4	---	-0.17
1:22.87S	A F # 401A	Female 10-12 100 Back	5	---	0.06
1:16.56S	AA F # 403A	Female 10-12 100 Fly	1	---	-0.09
46.40S	A F # 405A	Female 10-12 50 Breast	10	---	0.53
Nathan Geddie (12) M					
1:19.12S	A F # 104A	Male 10-12 100 IM	3	---	-4.23
42.03S	A F # 106A	Male 10-12 50 Breast	6	---	0.78
34.16S	AA F # 201A	Male 10-12 50 Fly	3	---	-0.55
DQ	F # 203A	Male 10-12 100 Breast	---	---	---
30 7.5 Executed alternating or downward fly kicks (except after start or turn (as in SW 7.1)					
30.40S	AA F # 205A	Male 10-12 50 Free	3	---	-0.42
1:08.69S	A F # 301A	Male 10-12 100 Free	6	---	-1.73
6:17.53S	A F # 303A	Male 10-12 400 IM	5	---	-6.29
37.90S	A F # 305A	Male 10-12 50 Back	7	---	0.46
2:55.56S	A F # 402A	Male 10-12 200 IM	7	---	-2.31
1:26.10S	B F # 404A	Male 10-12 100 Fly	7	---	1.14
1:22.50S	A F # 406A	Male 10-12 100 Back	8	---	-1.34

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Time	F/P/S	Event	Place	Points	Improv
Nula Gow (14) F					
1:18.22S	AA F # 101B	Female 13-14 100 Breast	1	---	4.37
2:33.53S	AA F # 103B	Female 13-14 200 IM	1	---	5.84
30.75S	A F # 105B	Female 13-14 50 Free	3	---	0.61
4:49.97S	AA F # 202B	Female 13-14 400 Free	1	---	7.73
1:12.09S	AA F # 204B	Female 13-14 100 IM	1	---	-1.08
35.88S	A F # 206B	Female 13-14 50 Back	4	---	1.59
32.09S	AA F # 302B	Female 13-14 50 Fly	1	---	-0.13
5:18.84S	AA F # 304B	Female 13-14 400 IM	1	---	10.61
1:06.65S	A F # 306B	Female 13-14 100 Free	3	---	1.88
1:15.25S	A F # 401B	Female 13-14 100 Back	3	---	2.73
1:09.94S	AA F # 403B	Female 13-14 100 Fly	1	---	-1.40
35.50S	AAA F # 405B	Female 13-14 50 Breast	1	---	1.49
Jamie Hay (11) M					
36.75S	B F # 205A	Male 10-12 50 Free	22	---	-0.29
1:21.09S	B F # 301A	Male 10-12 100 Free	20	---	-6.26
DQ	F # 303A	Male 10-12 400 IM	---	---	---
2C 6.3 Left position on the back (other than to initiate a turn) - back					
42.53S	B F # 305A	Male 10-12 50 Back	17	---	0.61
3:21.91S	B F # 402A	Male 10-12 200 IM	16	---	-48.59
1:31.66S	B F # 406A	Male 10-12 100 Back	18	---	-22.59
Ellen MacDonald (14) F					
1:36.09S	B F # 101B	Female 13-14 100 Breast	17	---	1.53
2:52.47S	B F # 103B	Female 13-14 200 IM	7	---	0.35
32.69S	B F # 105B	Female 13-14 50 Free	15	---	0.53
5:01.32S	A F # 202B	Female 13-14 400 Free	3	---	3.01
1:22.53S	B F # 204B	Female 13-14 100 IM	12	---	0.51
38.87S	B F # 206B	Female 13-14 50 Back	13	---	0.81
36.87S	B F # 302B	Female 13-14 50 Fly	17	---	-0.33
5:58.34S	B F # 304B	Female 13-14 400 IM	6	---	9.85
1:10.78S	B F # 306B	Female 13-14 100 Free	13	---	0.37
1:21.68S	B F # 401B	Female 13-14 100 Back	13	---	1.61
1:23.38S	B F # 403B	Female 13-14 100 Fly	9	---	-1.25
44.66S	B F # 405B	Female 13-14 50 Breast	16	---	1.71
Ben McLaughlin (13) M					
4:38.10S	AA F # 102B	Male 13-14 400 Free	1	---	-4.95
1:18.03S	A F # 104B	Male 13-14 100 IM	8	---	4.99
39.12S	A F # 106B	Male 13-14 50 Breast	5	---	0.54
33.82S	A F # 201B	Male 13-14 50 Fly	9	---	0.58
1:22.75S	A F # 203B	Male 13-14 100 Breast	3	---	-0.11
30.34S	A F # 205B	Male 13-14 50 Free	8	---	0.84
1:04.41S	A F # 301B	Male 13-14 100 Free	6	---	0.14
5:27.47S	AA F # 303B	Male 13-14 400 IM	3	---	15.04
37.06S	B F # 305B	Male 13-14 50 Back	10	---	0.47
2:36.47S	AA F # 402B	Male 13-14 200 IM	5	---	1.25
1:12.25S	A F # 404B	Male 13-14 100 Fly	5	---	0.73
1:21.46S	B F # 406B	Male 13-14 100 Back	12	---	4.36

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Kristina Misovicova (12) F					
1:29.65S	B F # 204A	Female 10-12 100 IM	14	---	0.29
41.06S	B F # 206A	Female 10-12 50 Back	11	---	1.48
38.53S	B F # 302A	Female 10-12 50 Fly	9	---	-1.34
1:17.00S	B F # 306A	Female 10-12 100 Free	12	---	-4.33
1:27.47S	B F # 401A	Female 10-12 100 Back	13	---	3.63
49.47S	B F # 405A	Female 10-12 50 Breast	17	---	-1.07
Kyle Mitchell (13) M					
4:59.28S	A F # 102B	Male 13-14 400 Free	4	---	13.09
1:14.84S	A F # 104B	Male 13-14 100 IM	4	---	1.34
41.59S	B F # 106B	Male 13-14 50 Breast	10	---	1.44
32.47S	AA F # 201B	Male 13-14 50 Fly	5	---	-0.19
1:29.28S	B F # 203B	Male 13-14 100 Breast	8	---	3.00
31.18S	A F # 205B	Male 13-14 50 Free	9	---	0.31
1:06.72S	A F # 301B	Male 13-14 100 Free	9	---	0.60
5:20.72S	AA F # 303B	Male 13-14 400 IM	2	---	7.17
34.87S	A F # 305B	Male 13-14 50 Back	6	---	1.20
2:34.85S	AA F # 402B	Male 13-14 200 IM	3	---	1.71
1:12.00S	A F # 404B	Male 13-14 100 Fly	4	---	1.74
1:14.31S	A F # 406B	Male 13-14 100 Back	6	---	2.92
Hayden Pritchard (12) M					
45.53S	B F # 106A	Male 10-12 50 Breast	11	---	-4.22
1:45.56S	B F # 203A	Male 10-12 100 Breast	12	---	-0.33
1:22.28S	B F # 301A	Male 10-12 100 Free	22	---	-2.55
DQ	F # 305A	Male 10-12 50 Back	---	---	---
2H 6.5 Did not touch the wall during the turn					
3:30.28S	B F # 402A	Male 10-12 200 IM	18	---	-15.88
1:45.16S	F # 406A	Male 10-12 100 Back	23	---	1.42
Fergus Reid (10) M					
50.75S	B F # 106A	Male 10-12 50 Breast	18	---	2.19
Isla Reid (12) F					
1:37.56S	B F # 101A	Female 10-12 100 Breast	7	---	-3.44
3:04.09S	B F # 103A	Female 10-12 200 IM	7	---	-1.64
33.82S	A F # 105A	Female 10-12 50 Free	8	---	-1.37
1:26.03S	A F # 204A	Female 10-12 100 IM	6	---	-0.55
41.62S	B F # 206A	Female 10-12 50 Back	13	---	0.87
37.35S	A F # 302A	Female 10-12 50 Fly	5	---	-2.34
6:34.59S	B F # 304A	Female 10-12 400 IM	5	---	-3.61
1:15.50S	B F # 306A	Female 10-12 100 Free	9	---	-0.77
1:28.90S	B F # 401A	Female 10-12 100 Back	16	---	-1.44
1:33.25S	B F # 403A	Female 10-12 100 Fly	11	---	-7.17
47.34S	B F # 405A	Female 10-12 50 Breast	12	---	1.40

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Time	F/P/S	Event	Place	Points	Improv
Miguel Stewart (11) M					
5:11.41S	AA F # 102A	Male 10-12 400 Free	2	---	-2.75
1:19.31S	AA F # 104A	Male 10-12 100 IM	4	---	3.36
40.50S	AA F # 106A	Male 10-12 50 Breast	4	---	0.11
33.34S	AAA F # 201A	Male 10-12 50 Fly	2	---	0.82
1:29.84S	AA F # 203A	Male 10-12 100 Breast	6	---	-1.86
30.46S	AAA F # 205A	Male 10-12 50 Free	4	---	0.39
1:08.12S	AA F # 301A	Male 10-12 100 Free	5	---	1.95
5:44.94S	AAA F # 303A	Male 10-12 400 IM	1	---	1.78
35.43S	AAA F # 305A	Male 10-12 50 Back	4	---	-1.01
2:44.15S	AA F # 402A	Male 10-12 200 IM	2	---	-2.47
1:15.59S	AA F # 404A	Male 10-12 100 Fly	2	---	0.25
1:20.44S	AA F # 406A	Male 10-12 100 Back	5	---	3.40
Ben Summers (14) M					
35.68S	F # 205B	Male 13-14 50 Free	19	---	-1.57
1:17.12S	F # 301B	Male 13-14 100 Free	15	---	-13.63
DQ	F # 303B	Male 13-14 400 IM	---	---	---
3Q 7.6 Touch not simultaneous and/or hands not separated - breast					
42.09S	F # 305B	Male 13-14 50 Back	15	---	-2.16
3:16.15S	F # 402B	Male 13-14 200 IM	15	---	-4.40
1:27.53S	F # 406B	Male 13-14 100 Back	15	---	-11.01
Ellie Tetlow (11) F					
43.87S	B F # 302A	Female 10-12 50 Fly	16	---	-0.04
1:38.44S	B F # 401A	Female 10-12 100 Back	24	---	0.94
1:44.41S	F # 403A	Female 10-12 100 Fly	18	---	3.43
Fraser Tetlow (13) M					
4:39.69S	AA F # 102B	Male 13-14 400 Free	3	---	1.04
1:14.50S	AA F # 104B	Male 13-14 100 IM	3	---	-0.13
38.91S	A F # 106B	Male 13-14 50 Breast	4	---	0.80
33.16S	A F # 201B	Male 13-14 50 Fly	7	---	0.16
1:24.22S	A F # 203B	Male 13-14 100 Breast	5	---	1.09
30.31S	A F # 205B	Male 13-14 50 Free	7	---	0.73
1:04.65S	A F # 301B	Male 13-14 100 Free	7	---	0.41
5:20.63S	AA F # 303B	Male 13-14 400 IM	1	---	2.60
35.56S	A F # 305B	Male 13-14 50 Back	8	---	0.71
2:36.72S	AA F # 402B	Male 13-14 200 IM	6	---	4.48
1:13.97S	A F # 404B	Male 13-14 100 Fly	6	---	1.68
1:16.53S	A F # 406B	Male 13-14 100 Back	8	---	2.26
Mia West (11) F					
X 1:47.57S	F # 403A	Female 10-12 100 Fly	---	---	---
52.59S	B F # 405A	Female 10-12 50 Breast	22	---	1.52
Isabelle Yong (11) F					
1:32.36S	B F # 204A	Female 10-12 100 IM	17	---	-2.46
42.00S	B F # 206A	Female 10-12 50 Back	15	---	-0.36
45.50S	B F # 302A	Female 10-12 50 Fly	17	---	-0.46
1:33.03S	B F # 401A	Female 10-12 100 Back	20	---	-3.74
1:44.69S	F # 403A	Female 10-12 100 Fly	19	---	-3.19
46.91S	B F # 405A	Female 10-12 50 Breast	11	---	-2.54

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Yasmeen Zarouali (12) F					
1:37.90S	B F # 101A	Female 10-12 100 Breast	9	---	0.82
34.94S	B F # 105A	Female 10-12 50 Free	12	---	0.51
1:26.50S	B F # 204A	Female 10-12 100 IM	9	---	-6.05
40.43S	B F # 206A	Female 10-12 50 Back	10	---	0.48
39.78S	B F # 302A	Female 10-12 50 Fly	11	---	-1.17
6:37.40S	B F # 304A	Female 10-12 400 IM	6	---	-12.35
1:17.25S	B F # 306A	Female 10-12 100 Free	13	---	-4.01
1:26.72S	B F # 401A	Female 10-12 100 Back	12	---	0.53
1:31.91S	B F # 403A	Female 10-12 100 Fly	9	---	-7.92
44.09S	B F # 405A	Female 10-12 50 Breast	6	---	-0.08