
Individual Meet Results
East District Open - SASA Grand Prix 29-May-15 to 31-May-15 [Ageup: 31/05/2015] LC Meters
Location: Royal Commonwealth Pool
Garioch Amateur Swimming Club [NGHX]

Time	F/P/S	Event	Place	Points	Improv
Orla Adams (20) F					
9:14.68L	AAA	F # 105 Female 800 Free	6	11	3.90
2:21.28L	AAA	F # 201 Female 200 IM	1	24	2.92
2:21.63L	AAA	P # 201 Female 200 IM	1	---	3.27
2:39.92L	AAA	F # 203 Female 200 Breast	6	11	2.29
2:42.22L	AAA	P # 203 Female 200 Breast	7	---	4.59
34.33L	AAA	P # 207 Female 50 Breast	9	---	0.68
34.45L	AAA	F # 207 Female 50 Breast	10	7	0.80
4:55.04L	AAA	F # 506 Female 400 IM	2	20	3.08
5:00.14L	AAA	P # 506 Female 400 IM	2	---	8.18
1:15.72L	AAA	P # 512 Female 100 Breast	7	---	2.11
1:15.90L	AAA	F # 512 Female 100 Breast	7	10	2.29
Shannon Crawford (16) F					
31.98L	AAA	P # 101 Female 50 Back	19	---	-0.60
30.70L	AA	P # 103 Female 50 Fly	30	---	0.81
2:28.05L	AAA	F # 201 Female 200 IM	11	6	1.29
2:29.61L	AA	P # 201 Female 200 IM	10	---	2.85
4:45.46L	AA	P # 205 Female 400 Free	26	---	3.60
1:09.62L	AA	P # 209 Female 100 Back	29	---	2.16
2:33.09L	AA	P # 211 Female 200 Fly	17	---	2.64
1:02.35L	AA	P # 213 Female 100 Free	39	---	-0.98
1:02.35L	AA	P # 313 Female 100 Free	2	---	-0.98
2:15.70L	AA	P # 502 Female 200 Free	38	---	0.99
1:08.98L	AA	P # 504 Female 100 Fly	25	---	0.98
5:23.53L	AA	P # 506 Female 400 IM	17	---	8.91
2:28.25L	AA	P # 510 Female 200 Back	18	---	6.27
Findlay Douglas (17) M					
28.40L	AA	P # 102 Male 50 Fly	34	---	0.85
30.10L	AA	P # 104 Male 50 Back	19	---	0.54
5:00.72L	AA	P # 206 Male 400 IM	17	---	1.74
26.97L	A	P # 208 Male 50 Free	51	---	0.36
1:13.14L	A	P # 212 Male 100 Breast	36	---	-1.16
1:13.14L	A	P # 312 Male 100 Breast	9	---	-1.16
2:21.32L	AA	P # 501 Male 200 IM	17	---	1.13
33.25L	AA	P # 507 Male 50 Breast	30	---	0.47
1:04.97L	AA	P # 509 Male 100 Back	17	---	0.16
1:05.27L	AA	F # 509 Male 100 Back	15	2	0.46
56.83L	AA	P # 513 Male 100 Free	38	---	-1.76
56.83L	AA	P # 613 Male 100 Free	9	---	-1.76
Gavin Haggerwood (20) M					
26.46L	AAA	F # 102 Male 50 Fly	10	7	0.59
26.57L	AAA	P # 102 Male 50 Fly	12	---	0.70
28.77L	AAA	P # 104 Male 50 Back	7	---	0.66
29.24L	AAA	F # 104 Male 50 Back	8	9	1.13
1:02.94L	AA	F # 107 400 Medley Relay Lead Off	---	---	3.49
1:57.86L	AAA	P # 202 Male 200 Free	8	---	1.76
1:58.67L	AAA	F # 202 Male 200 Free	7	10	2.57
56.80L	AAA	F # 204 Male 100 Fly	3	16	-0.02
57.79L	AAA	P # 204 Male 100 Fly	4	---	0.97

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24.96L	AAA F # 208	Male 50 Free	13	4	0.38
25.08L	AAA P # 208	Male 50 Free	15	---	0.50
53.89L	AAA F # 414	400 Free Relay Lead Off	---	---	0.83
2:13.19L	AAA F # 501	Male 200 IM	8	9	4.29
2:14.67L	AAA P # 501	Male 200 IM	5	---	5.77
32.93L	AA P # 507	Male 50 Breast	27	---	0.15
53.55L	AAA P # 513	Male 100 Free	9	---	0.49
53.83L	AAA F # 513	Male 100 Free	11	6	0.77
Max Hitchcox (14) M					
32.04L	AA P # 104	Male 50 Back	45	---	-0.36
1:08.66L	AA P # 509	Male 100 Back	35	---	-0.83
1:08.66L	AA P # 609	Male 100 Back	3	---	-0.83
Heather McIntosh (15) F					
2:37.56L	AA P # 201	Female 200 IM	47	---	-3.64
3:09.61L	B P # 203	Female 200 Breast	48	---	3.44
5:00.03L	A P # 205	Female 400 Free	54	---	-8.63
38.31L	A P # 207	Female 50 Breast	38	---	-1.62
2:55.04L	B P # 211	Female 200 Fly	41	---	5.94
1:06.61L	A P # 213	Female 100 Free	89	---	-1.00
2:37.56L	AA P # 301	Female 200 IM	11	---	-3.64
3:09.61L	B P # 303	Female 200 Breast	20	---	3.44
5:00.03L	A P # 305	Female 400 Free	18	---	-8.63
2:55.04L	B P # 311	Female 200 Fly	12	---	5.94
1:06.61L	A P # 313	Female 100 Free	45	---	-1.00
2:24.87L	A P # 502	Female 200 Free	76	---	4.58
5:37.53L	A P # 506	Female 400 IM	26	---	7.21
30.94L	A P # 508	Female 50 Free	93	---	-0.67
1:28.59L	B P # 512	Female 100 Breast	63	---	2.82
2:24.87L	A P # 602	Female 200 Free	42	---	4.58
1:28.59L	B P # 612	Female 100 Breast	24	---	2.82
Alastair Miley (20) M					
58.41L	AAA F # 204	Male 100 Fly	11	6	1.05
58.83L	AAA P # 204	Male 100 Fly	13	---	1.47
4:39.75L	AAA P # 206	Male 400 IM	3	---	9.41
4:43.18L	AAA F # 206	Male 400 IM	5	12	12.84
2:11.08L	AAA F # 210	Male 200 Back	5	12	3.74
2:12.85L	AAA P # 210	Male 200 Back	4	---	5.51
2:12.45L	AAA F # 501	Male 200 IM	6	11	2.66
2:15.01L	AAA P # 501	Male 200 IM	7	---	5.22
33.60L	AA P # 507	Male 50 Breast	35	---	0.33
1:00.65L	AAA F # 509	Male 100 Back	4	13	0.69
1:00.83L	AAA P # 509	Male 100 Back	4	---	0.87
2:10.47L	AAA F # 511	Male 200 Fly	10	7	4.45
2:12.91L	AA P # 511	Male 200 Fly	11	---	6.89
1:00.11L	AAA F # 715	400 Medley Relay Lead Off	---	---	0.15
Joseph Miley (17) M					
16:50.85L	AAA F # 106	Male 1500 Free	5	12	2.76
4:44.72L	AAA P # 206	Male 400 IM	6	---	7.18
4:46.43L	AAA F # 206	Male 400 IM	7	10	8.89

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2:12.91L	AAA F # 210	Male 200 Back	9	8	1.45
2:14.13L	AA P # 210	Male 200 Back	9	---	2.67
2:39.29L	A P # 503	Male 200 Breast	26	---	4.31
4:19.40L	AA P # 505	Male 400 Free	11	---	4.33
2:19.16L	AA P # 511	Male 200 Fly	18	---	8.29
Connor Morrison (17) M					
30.46L	A P # 102	Male 50 Fly	60	---	0.26
2:16.73L	B P # 202	Male 200 Free	92	---	0.69
28.57L	B P # 208	Male 50 Free	79	---	0.71
1:14.08L	A P # 212	Male 100 Breast	42	---	-0.80
2:16.73L	B P # 302	Male 200 Free	55	---	0.69
1:14.08L	A P # 312	Male 100 Breast	11	---	-0.80
2:33.95L	B P # 501	Male 200 IM	55	---	3.31
32.81L	AA P # 507	Male 50 Breast	25	---	-0.34
1:13.26L	B P # 509	Male 100 Back	60	---	0.90
2:33.95L	B P # 601	Male 200 IM	26	---	3.31
1:13.26L	B P # 609	Male 100 Back	26	---	0.90
Anya Slessor (11) F					
34.49L	AAA P # 101	Female 50 Back	45	---	-0.47
32.01L	AAA P # 103	Female 50 Fly	45	---	0.83
2:44.63L	AAA P # 201	Female 200 IM	78	---	-1.21
5:13.85L	AA P # 205	Female 400 Free	83	---	1.68
40.18L	AAA P # 207	Female 50 Breast	57	---	-0.09
2:40.32L	AAA P # 211	Female 200 Fly	29	---	1.54
2:44.63L	AAA P # 301	Female 200 IM	41	---	-1.21
5:13.85L	AA P # 305	Female 400 Free	45	---	1.68
2:40.32L	AAA P # 311	Female 200 Fly	2	---	1.54