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**Individual Meet Results - Standard: UKASA09**
**North District Open Championships 2019 09-Nov-19 to 10-Nov-19 [Ageup: 31/12/2019] SC Meters**
**Location: Aberdeen Sports Village Aquatics Centre**
**Garioch Amateur Swimming Club [NGHX]**

Time	F/P/S	Event	Place	Points	Improv
<b>Laura Allan (15) F</b>					
3:01.71S	P # 407	Female 200 Fly	35	---	10.32
33.02S	A P # 413	Female 50 Fly	66	---	-0.11
3:01.71S	P # 527	Female 200 Fly	7	---	10.32
<b>Catherine Boddie (15) F</b>					
2:26.93S	AA P # 102	Female 200 Back	20	---	-2.47
1:10.25S	AA P # 106	Female 100 Fly	37	---	-0.57
2:31.51S	AA P # 110	Female 200 IM	24	---	0.76
2:29.50S	AA P # 407	Female 200 Fly	10	---	-3.22
2:31.77S	AA F # 407	Female 200 Fly	9	2	-0.95
4:42.03S	AA P # 409	Female 400 Free	17	---	1.29
31.56S	AA P # 413	Female 50 Fly	46	---	-0.23
9:29.35S	AA F # 502	Female 800 Free	6	5	-4.62
<b>Amira Cheyne (15) F</b>					
2:29.02S	AA P # 102	Female 200 Back	27	---	-1.12
1:10.78S	A P # 106	Female 100 Fly	42	---	-3.32
31.11S	AAA F # 108	Female 50 Back	13	---	-2.36
31.94S	AA P # 108	Female 50 Back	21	---	-1.53
2:33.18S	AA P # 110	Female 200 IM	28	---	-1.65
1:07.01S	AA F # 405	Female 100 Back	15	---	-2.74
1:08.50S	AA P # 405	Female 100 Back	19	---	-1.25
2:37.79S	A P # 407	Female 200 Fly	21	---	-2.96
30.90S	AA P # 413	Female 50 Fly	35	---	-0.39
5:18.65S	AA F # 415	Female 400 IM	13	---	-5.96
<b>Oscar Chirnside (11) M</b>					
5:44.56S	AAA F # 115	Male 400 IM	39	---	4.77
<b>Ellen Denny (11) F</b>					
2:46.90S	AA P # 407	Female 200 Fly	27	---	-9.08
2:46.90S	AA P # 527	Female 200 Fly	2	---	-9.08
<b>Isla Garden (12) F</b>					
2:46.97S	A P # 407	Female 200 Fly	28	---	-4.59
2:46.97S	A P # 527	Female 200 Fly	3	---	-4.59
<b>Nula Gow (14) F</b>					
1:14.51S	AAA F # 104	Female 100 Breast	12	---	-4.73
1:15.85S	AA P # 104	Female 100 Breast	14	---	-3.39
2:31.10S	AA P # 110	Female 200 IM	21	---	-1.83
18:56.72S	AA F # 201	Female 1500 Free	6	5	35.77
34.01S	AAA P # 403	Female 50 Breast	8	---	-3.06
34.05S	AAA F # 403	Female 50 Breast	8	3	-3.02
2:36.17S	A P # 407	Female 200 Fly	16	---	-10.02
2:36.57S	AAA P # 411	Female 200 Breast	4	---	-10.47
2:37.27S	AAA F # 411	Female 200 Breast	6	5	-9.77
<b>Ellen MacDonald (14) F</b>					
19:28.93S	A F # 201	Female 1500 Free	8	3	12.62
4:58.63S	A P # 409	Female 400 Free	32	---	0.32
4:58.63S	A P # 529	Female 400 Free	13	---	0.32

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Time	F/P/S	Event	Place	Points	Improv
<b>Ben McLaughlin (13) M</b>					
2:38.58S	A P # 107	Male 200 Fly	34	---	3.14
4:55.39S	A P # 109	Male 400 Free	44	---	12.34
3:09.50S	A P # 111	Male 200 Breast	66	---	7.97
5:12.43S	AA F # 115	Male 400 IM	24	---	-13.51
18:09.64S	AA F # 202	Male 1500 Free	12	---	-13.65
2:38.58S	A P # 227	Male 200 Fly	5	---	3.14
4:55.39S	A P # 229	Male 400 Free	25	---	12.34
3:09.50S	A P # 231	Male 200 Breast	28	---	7.97
1:12.22S	A P # 406	Male 100 Fly	84	---	0.70
9:29.72S	AA F # 501	Male 800 Free	17	---	2.69
1:12.22S	A P # 526	Male 100 Fly	47	---	0.70
<b>Kyle Mitchell (13) M</b>					
1:13.35S	A P # 105	Male 100 Back	89	---	---
2:32.13S	AA P # 107	Male 200 Fly	28	---	-1.31
4:56.00S	A P # 109	Male 400 Free	45	---	9.81
3:00.80S	A P # 111	Male 200 Breast	63	---	-0.90
5:14.76S	AA F # 115	Male 400 IM	28	---	0.25
18:31.05S	AA F # 202	Male 1500 Free	13	---	13.56
1:13.35S	A P # 225	Male 100 Back	50	---	---
4:56.00S	A P # 229	Male 400 Free	26	---	9.81
3:00.80S	A P # 231	Male 200 Breast	25	---	-0.90
2:29.12S	AA P # 402	Male 200 Back	55	---	-6.45
1:11.85S	A P # 406	Male 100 Fly	83	---	0.51
9:53.67S	AA F # 501	Male 800 Free	24	---	9.46
2:29.12S	AA P # 522	Male 200 Back	20	---	-6.45
1:11.85S	A P # 526	Male 100 Fly	46	---	0.51
<b>Fraser Tetlow (13) M</b>					
2:37.51S	A P # 107	Male 200 Fly	31	---	4.06
4:38.65S	AA P # 109	Male 400 Free	32	---	-2.34
2:55.42S	A P # 111	Male 200 Breast	56	---	-1.53
5:20.63S	AA F # 115	Male 400 IM	31	---	0.05
17:56.99S	AA F # 202	Male 1500 Free	11	---	-13.12
4:38.65S	AA P # 229	Male 400 Free	13	---	-2.34
2:55.42S	A P # 231	Male 200 Breast	18	---	-1.53
2:36.23S	A P # 402	Male 200 Back	67	---	0.96
1:24.85S	A P # 404	Male 100 Breast	64	---	-0.56
2:34.94S	AA P # 410	Male 200 IM	62	---	1.69
9:40.83S	AA F # 501	Male 800 Free	21	---	9.51
2:36.23S	A P # 522	Male 200 Back	32	---	0.96
1:24.85S	A P # 524	Male 100 Breast	29	---	-0.56
2:34.94S	AA P # 530	Male 200 IM	23	---	1.69