
Individual Meet Results - Standard: UKASA09

North District Long Course Time Trials 2019 25-May-19 to 26-May-19 [Ageup: 31/12/2019] LC Meters
Sanction: L2/108/ND/MAY19 Location: Aberdeen Sports Village Aquatics Centre
Garioch Amateur Swimming Club [NGHX]

Time	F/P/S	Event	Place	Points	Improv
Laura Allan (15) F					
2:34.94L	B T # 102C	Female 15-15 200 Free	13	---	0.70
2:53.25L	B T # 202C	Female 15-15 200 Back	10	---	2.10
6:16.33L	B T # 206C	Female 15-15 400 IM	6	---	4.37
38.58L	B T # 208C	Female 15-15 50 Back	17	---	0.16
2:56.95L	B T # 301C	Female 15-15 200 IM	10	---	3.91
1:22.30L	B T # 303C	Female 15-15 100 Back	8	---	-1.52
5:29.37L	B T # 305C	Female 15-15 400 Free	11	---	9.45
3:06.79L	T # 401C	Female 15-15 200 Fly	4	---	3.82
3:33.16L	T # 405C	Female 15-15 200 Breast	12	---	17.43
34.64L	A T # 407C	Female 15-15 50 Fly	12	---	1.57
Jesseka Beaumont (13) F					
3:50.41L	T # 405A	Female 12-13 200 Breast	24	---	---
Catherine Boddie (15) F					
2:19.41L	AA T # 102C	Female 15-15 200 Free	2	---	0.68
1:10.59L	AA T # 104C	Female 15-15 100 Fly	2	---	1.53
9:47.82L	AA T # 106C	Female 15-15 800 Free	2	---	-5.56
2:33.58L	AA T # 202C	Female 15-15 200 Back	1	---	3.15
5:17.50L	AA T # 206C	Female 15-15 400 IM	2	---	-0.99
34.66L	AA T # 208C	Female 15-15 50 Back	3	---	0.56
2:35.37L	AA T # 301C	Female 15-15 200 IM	3	---	2.81
4:48.73L	AA T # 305C	Female 15-15 400 Free	2	---	-1.16
40.95L	B T # 307C	Female 15-15 50 Breast	10	---	1.28
2:30.65L	AA T # 401C	Female 15-15 200 Fly	1	---	-1.78
3:01.87L	A T # 405C	Female 15-15 200 Breast	4	---	-0.37
18:37.30L	AA T # 409C	Female 15-15 1500 Free	2	---	-19.20
James Boddie (12) M					
39.00L	B T # 207A	Male 12-13 50 Fly	23	---	0.36
2:45.05L	B T # 302A	Male 12-13 200 Free	20	---	0.54
1:34.52L	B T # 304A	Male 12-13 100 Fly	18	---	2.27
1:46.55L	B T # 404A	Male 12-13 100 Breast	19	---	2.76
6:34.29L	B T # 406A	Male 12-13 400 IM	10	---	-6.25
Tessa Boyd (12) F					
3:00.04L	A T # 202A	Female 12-13 200 Back	16	---	1.01
6:33.64L	B T # 206A	Female 12-13 400 IM	8	---	-13.93
3:08.16L	B T # 301A	Female 12-13 200 IM	14	---	0.50
5:54.74L	B T # 305A	Female 12-13 400 Free	11	---	3.11
3:39.31L	B T # 405A	Female 12-13 200 Breast	18	---	---

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Time	F/P/S	Event	Place	Points	Improv
Amy Cowan (12) F					
2:42.36L	A T # 102A	Female 12-13 200 Free	15	---	0.98
1:29.04L	B T # 104A	Female 12-13 100 Fly	13	---	0.70
DQ	T # 108A	Female 12-13 50 Free	---	---	---
7B 4.4 Start before starting signal					
3:01.14L	B T # 202A	Female 12-13 200 Back	18	---	0.37
DQ	T # 206A	Female 12-13 400 IM	---	---	---
3H 7.3 Hands not brought back on or under surface of the water - breast					
39.73L	A T # 208A	Female 12-13 50 Back	17	---	1.23
DQ	T # 301A	Female 12-13 200 IM	---	---	---
2I 6.5 Not on the back at finish - back					
1:24.07L	A T # 303A	Female 12-13 100 Back	13	---	1.43
45.68L	B T # 307A	Female 12-13 50 Breast	19	---	0.83
3:21.75L	B T # 401A	Female 12-13 200 Fly	5	---	---
3:36.70L	B T # 405A	Female 12-13 200 Breast	17	---	---
36.60L	A T # 407A	Female 12-13 50 Fly	10	---	-0.57
Isla Garden (12) F					
2:33.02L	A T # 102A	Female 12-13 200 Free	5	---	0.43
10:59.67L	A T # 106A	Female 12-13 800 Free	1	---	4.31
2:47.49L	A T # 202A	Female 12-13 200 Back	3	---	-1.45
6:00.78L	A T # 206A	Female 12-13 400 IM	4	---	-3.74
2:51.94L	A T # 301A	Female 12-13 200 IM	7	---	2.86
2:57.58L	A T # 401A	Female 12-13 200 Fly	1	---	---
3:20.04L	A T # 405A	Female 12-13 200 Breast	8	---	-1.07
21:16.02L	A T # 409A	Female 12-13 1500 Free	1	---	---
Nula Gow (14) F					
2:24.21L	A T # 102B	Female 14-14 200 Free	4	---	-0.72
10:01.87L	AA T # 106B	Female 14-14 800 Free	2	---	7.16
1:18.63L	AA T # 204B	Female 14-14 100 Breast	2	---	0.93
5:25.07L	AA T # 206B	Female 14-14 400 IM	1	---	4.22
2:33.83L	AA T # 301B	Female 14-14 200 IM	1	---	-0.28
4:51.53L	AA T # 305B	Female 14-14 400 Free	1	---	-6.50
35.70L	AAA T # 307B	Female 14-14 50 Breast	2	---	0.25
2:51.65L	B T # 401B	Female 14-14 200 Fly	4	---	7.82
2:48.06L	AA T # 405B	Female 14-14 200 Breast	2	---	2.99
19:42.16L	A T # 409B	Female 14-14 1500 Free	1	---	33.44
Iona Leishman (13) F					
2:55.84L	B T # 202A	Female 12-13 200 Back	10	---	---
Ellen MacDonald (14) F					
2:28.28L	A T # 102B	Female 14-14 200 Free	8	---	-0.87
10:27.70L	A T # 106B	Female 14-14 800 Free	3	---	-11.49
2:50.50L	B T # 202B	Female 14-14 200 Back	5	---	-1.47
5:56.09L	A T # 206B	Female 14-14 400 IM	5	---	-4.18
2:56.82L	B T # 301B	Female 14-14 200 IM	13	---	---
5:09.83L	A T # 305B	Female 14-14 400 Free	3	---	-3.24
1:09.38L	A T # 403B	Female 14-14 100 Free	6	---	0.33
3:24.32L	B T # 405B	Female 14-14 200 Breast	15	---	---

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Ben McLaughlin (13) M					
2:44.52L	A T # 101A	Male 12-13 200 IM	8	---	6.36
4:45.68L	AA T # 105A	Male 12-13 400 Free	2	---	-4.20
2:45.09L	A T # 201A	Male 12-13 200 Fly	6	---	8.43
1:08.99L	A T # 203A	Male 12-13 100 Free	8	---	2.92
3:25.07L	B T # 205A	Male 12-13 200 Breast	12	---	19.34
9:53.03L	AA T # 209A	Male 12-13 800 Free	1	---	4.22
2:25.90L	A T # 302A	Male 12-13 200 Free	8	---	4.93
1:12.35L	A T # 304A	Male 12-13 100 Fly	4	---	-0.21
19:30.15L	AA T # 306A	Male 12-13 1500 Free	3	---	44.91
30.34L	AA T # 308A	Male 12-13 50 Free	6	---	0.32
2:56.85L	B T # 402A	Male 12-13 200 Back	15	---	8.56
5:26.83L	AA T # 406A	Male 12-13 400 IM	2	---	-2.14
Kyle Mitchell (13) M					
2:41.75L	A T # 101A	Male 12-13 200 IM	7	---	0.23
1:17.10L	A T # 103A	Male 12-13 100 Back	5	---	3.10
5:01.77L	A T # 105A	Male 12-13 400 Free	7	---	-1.10
2:39.43L	A T # 201A	Male 12-13 200 Fly	2	---	2.28
3:12.11L	A T # 205A	Male 12-13 200 Breast	4	---	-4.47
10:33.94L	A T # 209A	Male 12-13 800 Free	4	---	15.43
2:25.82L	A T # 302A	Male 12-13 200 Free	7	---	-0.12
1:16.53L	A T # 304A	Male 12-13 100 Fly	5	---	3.19
2:34.56L	AA T # 402A	Male 12-13 200 Back	4	---	-2.83
5:33.98L	AA T # 406A	Male 12-13 400 IM	5	---	6.91
36.79L	A T # 408A	Male 12-13 50 Back	11	---	1.21
Isla Reid (12) F					
1:39.18L	T # 104A	Female 12-13 100 Fly	20	---	---
1:33.88L	B T # 303A	Female 12-13 100 Back	28	---	-19.02
Fraser Tetlow (13) M					
2:40.12L	A T # 101A	Male 12-13 200 IM	6	---	0.41
4:58.19L	A T # 105A	Male 12-13 400 Free	4	---	7.74
41.46L	A T # 107A	Male 12-13 50 Breast	7	---	1.64
2:44.21L	A T # 201A	Male 12-13 200 Fly	5	---	5.20
1:10.28L	B T # 203A	Male 12-13 100 Free	10	---	2.41
3:05.03L	A T # 205A	Male 12-13 200 Breast	2	---	6.88
9:56.34L	AA T # 209A	Male 12-13 800 Free	2	---	5.93
2:20.80L	A T # 302A	Male 12-13 200 Free	4	---	-1.73
18:46.73L	AA T # 306A	Male 12-13 1500 Free	2	---	5.17
32.06L	A T # 308A	Male 12-13 50 Free	13	---	0.66
2:50.16L	A T # 402A	Male 12-13 200 Back	9	---	10.21
1:28.43L	A T # 404A	Male 12-13 100 Breast	4	---	2.27
5:28.59L	AA T # 406A	Male 12-13 400 IM	3	---	4.45
Yasmeen Zarouali (12) F					
3:44.52L	B T # 405A	Female 12-13 200 Breast	22	---	---