
Individual Meet Results - Standard: UKASA09
ND Grand Prix 2015 13-Nov-15 to 15-Nov-15 [Ageup: 31/12/2015] SC Meters
Location: Inverness Aquadome
Garioch Amateur Swimming Club [NGHX]

Time	F/P/S	Event	Place	Points	Improv
Orla Adams (20) F					
8:57.46S	AAA F # 105	Female 800 Free	6	13	-8.45
2:17.09S	AAA F # 201	Female 200 IM	4	15	0.03
2:20.00S	AAA P # 201	Female 200 IM	5	---	2.94
2:33.87S	AAA F # 203	Female 200 Breast	6	13	-0.12
2:34.71S	AAA P # 203	Female 200 Breast	6	---	0.72
4:26.62S	AAA P # 205	Female 400 Free	11	---	5.10
33.21S	AAA P # 207	Female 50 Breast	6	---	-0.22
33.52S	AAA F # 207	Female 50 Breast	7	12	0.09
1:06.02S	AA P # 209	Female 100 Back	17	---	0.41
1:07.91S	AA F # 209	Female 100 Back	16	1	2.30
1:01.91S	AA P # 213	Female 100 Free	39	---	2.83
1:05.82S	AAA S # 216	Female 100 Back	1	---	0.21
2:06.20S	AAA F # 302	Female 200 Free	9	9	1.19
2:06.96S	AAA P # 302	Female 200 Free	12	---	1.95
1:04.94S	AAA F # 304	Female 100 Fly	10	7	0.37
1:05.35S	AAA P # 304	Female 100 Fly	12	---	0.78
4:49.39S	AAA F # 306	Female 400 IM	3	16	0.63
4:52.32S	AAA P # 306	Female 400 IM	3	---	3.56
2:19.20S	AAA P # 310	Female 200 Back	10	---	3.31
2:23.57S	AA F # 310	Female 200 Back	14	3	7.68
1:12.77S	AAA F # 312	Female 100 Breast	8	11	1.65
1:13.21S	AAA P # 312	Female 100 Breast	7	---	2.09
Finley Cousins (12) M					
NS	P # 307	Male 50 Breast	---	---	---
Shannon Crawford (16) F					
9:06.03S	AAA F # 105	Female 800 Free	8	11	-16.59
2:22.34S	AAA P # 201	Female 200 IM	9	---	-4.01
2:23.20S	AAA F # 201	Female 200 IM	8	11	-3.15
1:03.84S	AAA F # 209	Female 100 Back	11	6	-2.43
1:03.99S	AAA P # 209	Female 100 Back	10	---	-2.28
2:29.71S	AA P # 211	Female 200 Fly	17	---	-1.52
2:33.11S	A F # 211	Female 200 Fly	16	1	1.88
2:08.88S	AA P # 302	Female 200 Free	21	---	-0.95
5:03.51S	AA P # 306	Female 400 IM	10	---	-1.34
2:13.74S	AAA F # 310	Female 200 Back	3	16	-6.54
2:16.22S	AAA P # 310	Female 200 Back	6	---	-4.06

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Gavin Haggerwood (20) M					
25.64S	AAA P # 102	Male 50 Fly	7	---	-0.10
25.66S	AAA F # 102	Male 50 Fly	6	13	-0.08
27.15S	AAA P # 104	Male 50 Back	6	---	0.40
27.43S	AAA F # 104	Male 50 Back	6	13	0.68
1:52.37S	AAA P # 202	Male 200 Free	5	---	1.06
1:52.86S	AAA F # 202	Male 200 Free	6	13	1.55
55.65S	AAA F # 204	Male 100 Fly	3	16	0.35
56.91S	AAA P # 204	Male 100 Fly	3	---	1.61
24.18S	AAA F # 208	Male 50 Free	10	7	0.36
24.29S	AAA P # 208	Male 50 Free	9	---	0.47
2:08.01S	AAA F # 301	Male 200 IM	4	15	4.10
2:08.54S	AAA P # 301	Male 200 IM	3	---	4.63
4:01.86S	AAA F # 305	Male 400 Free	3	16	1.99
4:04.24S	AAA P # 305	Male 400 Free	3	---	4.37
1:00.20S	AA P # 309	Male 100 Back	10	---	2.00
1:02.08S	AA F # 309	Male 100 Back	8	11	3.88
52.52S	AAA P # 313	Male 100 Free	8	---	1.35
52.95S	AAA F # 313	Male 100 Free	7	12	1.78
24.48S	AAA F # 314	200 Free Relay Lead Off	---	---	0.66
Max Hitchcox (14) M					
30.86S	AA P # 104	Male 50 Back	51	---	-0.10
2:20.34S	AA P # 210	Male 200 Back	40	---	-2.19
2:20.34S	AA P # 230	Male 200 Back	13	---	-2.19
2:45.04S	AA P # 303	Male 200 Breast	55	---	-6.14
1:04.82S	AA P # 309	Male 100 Back	43	---	-4.45
2:45.04S	AA P # 323	Male 200 Breast	24	---	-6.14
1:04.82S	AA P # 329	Male 100 Back	15	---	-4.45
Heather McIntosh (15) F					
2:35.12S	A P # 201	Female 200 IM	62	---	4.68
2:52.06S	A P # 203	Female 200 Breast	28	---	4.55
1:14.36S	A P # 209	Female 100 Back	77	---	1.01
NS	P # 211	Female 200 Fly	---	---	---
2:35.12S	A P # 221	Female 200 IM	30	---	4.68
1:14.36S	A P # 229	Female 100 Back	46	---	1.01
2:16.51S	AA P # 302	Female 200 Free	60	---	-1.56
1:12.49S	A P # 304	Female 100 Fly	53	---	-1.25
NS	P # 306	Female 400 IM	---	---	---
2:33.40S	A P # 310	Female 200 Back	55	---	5.00
1:20.58S	A P # 312	Female 100 Breast	43	---	-0.14
2:16.51S	AA P # 322	Female 200 Free	28	---	-1.56
1:12.49S	A P # 324	Female 100 Fly	23	---	-1.25
2:33.40S	A P # 330	Female 200 Back	25	---	5.00
1:20.58S	A P # 332	Female 100 Breast	16	---	-0.14

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Daniel McKenzie (15) M					
27.98S	AAA P # 102	Male 50 Fly	41	---	-0.40
29.72S	AA P # 104	Male 50 Back	34	---	-0.66
1:02.54S	AA P # 204	Male 100 Fly	35	---	-1.14
35.07S	A P # 307	Male 50 Breast	64	---	-1.01
1:04.18S	AA P # 309	Male 100 Back	34	---	-2.02
1:04.18S	AA P # 329	Male 100 Back	7	---	-2.02
Alastair Miley (21) M					
26.28S	AAA P # 102	Male 50 Fly	12	---	0.16
26.45S	AAA F # 102	Male 50 Fly	13	4	0.33
27.79S	AAA P # 104	Male 50 Back	9	---	-0.07
28.16S	AAA F # 104	Male 50 Back	11	6	0.30
1:58.41S	AA P # 202	Male 200 Free	18	---	1.98
2:00.11S	AA F # 202	Male 200 Free	16	1	3.68
57.94S	AAA P # 204	Male 100 Fly	9	---	1.31
58.22S	AAA F # 204	Male 100 Fly	12	5	1.59
2:05.28S	AAA F # 210	Male 200 Back	5	14	2.72
2:05.83S	AAA P # 210	Male 200 Back	5	---	3.27
28.41S	AA F # 214	200 Medley Relay Lead Off	---	---	0.55
2:08.74S	AAA F # 301	Male 200 IM	9	9	2.46
2:10.90S	AAA P # 301	Male 200 IM	11	---	4.62
32.62S	AA P # 307	Male 50 Breast	31	---	-0.05
59.31S	AAA P # 309	Male 100 Back	6	---	1.35
59.51S	AAA F # 309	Male 100 Back	5	14	1.55
2:08.39S	AAA P # 311	Male 200 Fly	7	---	4.41
2:08.67S	AAA F # 311	Male 200 Fly	7	12	4.69

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Hannah Miley (26) F					
29.41S	AAA P # 101	Female 50 Back	3	---	0.54
29.52S	AAA F # 101	Female 50 Back	7	12	0.65
28.27S	AAA F # 103	Female 50 Fly	3	16	0.10
28.57S	AAA P # 103	Female 50 Fly	5	---	0.40
8:28.73S	AAA F # 105	Female 800 Free	1	20	13.07
2:12.50S	AAA F # 201	Female 200 IM	1	20	6.29
2:14.56S	AAA P # 201	Female 200 IM	1	---	8.35
2:26.78S	AAA F # 203	Female 200 Breast	1	20	6.17
2:29.94S	AAA P # 203	Female 200 Breast	2	---	9.33
4:11.75S	AAA F # 205	Female 400 Free	1	20	11.36
4:13.78S	AAA P # 205	Female 400 Free	1	---	13.39
32.47S	AAA F # 207	Female 50 Breast	4	15	0.34
32.65S	AAA P # 207	Female 50 Breast	4	---	0.52
1:02.94S	AAA F # 209	Female 100 Back	9	9	2.08
1:03.98S	AAA P # 209	Female 100 Back	9	---	3.12
2:13.72S	AAA F # 211	Female 200 Fly	1	20	4.02
2:16.59S	AAA P # 211	Female 200 Fly	2	---	6.89
57.43S	AAA F # 213	Female 100 Free	5	14	1.86
57.88S	AAA P # 213	Female 100 Free	6	---	2.31
2:00.25S	AAA F # 302	Female 200 Free	1	20	3.94
2:01.24S	AAA P # 302	Female 200 Free	1	---	4.93
1:02.25S	AAA F # 304	Female 100 Fly	4	15	2.86
1:03.11S	AAA P # 304	Female 100 Fly	4	---	3.72
4:38.21S	AAA F # 306	Female 400 IM	1	20	15.07
4:43.59S	AAA P # 306	Female 400 IM	1	---	20.45
26.72S	AAA F # 308	Female 50 Free	8	11	0.50
26.73S	AAA P # 308	Female 50 Free	5	---	0.51
2:13.21S	AAA F # 310	Female 200 Back	2	17	3.89
2:15.42S	AAA P # 310	Female 200 Back	4	---	6.10
1:10.37S	AAA P # 312	Female 100 Breast	4	---	2.72
1:11.20S	AAA F # 312	Female 100 Breast	4	15	3.55
Joseph Miley (18) M					
16:11.63S	AAA F # 106	Male 1500 Free	2	17	12.83
4:30.06S	AAA F # 206	Male 400 IM	3	16	-1.07
4:32.92S	AAA P # 206	Male 400 IM	3	---	1.79
2:06.44S	AAA F # 210	Male 200 Back	8	11	1.17
2:07.54S	AAA P # 210	Male 200 Back	6	---	2.27
4:06.33S	AAA F # 305	Male 400 Free	5	14	2.74
4:07.15S	AAA P # 305	Male 400 Free	5	---	3.56
2:07.16S	AAA F # 311	Male 200 Fly	6	13	-0.88
2:07.52S	AAA P # 311	Male 200 Fly	6	---	-0.52

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Nicholas Nightingale (15) M					
30.53S	AA P # 104	Male 50 Back	45	---	-0.83
2:09.17S	A P # 202	Male 200 Free	71	---	-1.21
26.63S	AA P # 208	Male 50 Free	62	---	-0.24
2:18.45S	AA P # 210	Male 200 Back	35	---	-4.30
2:09.17S	A P # 222	Male 200 Free	41	---	-1.21
2:18.45S	AA P # 230	Male 200 Back	9	---	-4.30
2:25.31S	A P # 301	Male 200 IM	61	---	-1.44
2:51.01S	A P # 303	Male 200 Breast	58	---	0.01
4:39.09S	A P # 305	Male 400 Free	52	---	-0.89
1:06.22S	A P # 309	Male 100 Back	52	---	-4.16
2:38.03S	B P # 311	Male 200 Fly	46	---	5.24
2:25.31S	A P # 321	Male 200 IM	32	---	-1.44
2:51.01S	A P # 323	Male 200 Breast	27	---	0.01
4:39.09S	A P # 325	Male 400 Free	24	---	-0.89
1:06.22S	A P # 329	Male 100 Back	24	---	-4.16
2:38.03S	B P # 331	Male 200 Fly	16	---	5.24
Nicole Ogg (13) F					
33.38S	AA P # 103	Female 50 Fly	75	---	0.11
2:58.03S	AA P # 203	Female 200 Breast	52	---	-3.66
4:50.59S	AA P # 205	Female 400 Free	52	---	3.61
38.17S	AA P # 207	Female 50 Breast	58	---	-3.39
2:57.95S	B P # 211	Female 200 Fly	43	---	6.92
4:50.59S	AA P # 225	Female 400 Free	21	---	3.61
2:57.95S	B P # 231	Female 200 Fly	14	---	6.92
2:15.46S	AA P # 302	Female 200 Free	53	---	-2.28
29.14S	AA P # 308	Female 50 Free	55	---	-0.11
2:15.46S	AA P # 322	Female 200 Free	21	---	-2.28