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**Individual Meet Results - Standard: UKASA09**
**Scottish National Open Championships 27-Jun-19 to 30-Jun-19 [Ageup: 31/12/2019] LC Meters**
**Sanction: L1/622/SS/IUN19 Location: Aberdeen Sports Village**
**Garioch Amateur Swimming Club [NGHX]**

Time	F/P/S	Event	Place	Points	Improv
<b>Catherine Boddie (15) F</b>					
1:10.11L	AA P # 101	Female 100 Fly	41	---	1.05
5:19.84L	AA P # 107	Female 400 IM	21	---	2.34
2:34.94L	AA P # 201	Female 200 IM	42	---	2.38
2:29.80L	AA P # 205	Female 200 Back	26	---	-0.63
9:43.57L	AA F # 209	Female 800 Free	16	5	-4.25
4:47.54L	AA P # 302	Female 400 Free	38	---	-1.19
1:12.40L	AA P # 304	Female 100 Back	66	---	0.46
3:02.70L	A P # 306	Female 200 Breast	58	---	0.83
31.04L	AA P # 308	Female 50 Fly	46	---	-0.55
2:32.00L	AA P # 404	Female 200 Fly	17	---	1.35
18:33.96L	AA F # 408	Female 1500 Free	8	13	-3.34
<b>Amira Cheyne (15) F</b>					
1:12.13L	A P # 101	Female 100 Fly	57	---	2.57
33.20L	AA P # 105	Female 50 Back	62	---	0.63
5:29.39L	AA P # 107	Female 400 IM	37	---	5.82
2:34.84L	AA P # 201	Female 200 IM	41	---	-0.69
2:32.83L	AA P # 205	Female 200 Back	44	---	-0.90
1:10.33L	AA P # 304	Female 100 Back	39	---	-0.53
2:58.45L	A P # 306	Female 200 Breast	40	---	0.87
31.37L	AA P # 308	Female 50 Fly	58	---	0.54
2:39.91L	A P # 404	Female 200 Fly	33	---	1.35
<b>Nula Gow (14) F</b>					
5:20.07L	AAA P # 107	Female 400 IM	22	---	-0.78
2:32.19L	AA P # 201	Female 200 IM	30	---	-1.64
1:17.20L	AAA F # 203	Female 100 Breast	17	4	-0.50
1:17.97L	AAA P # 203	Female 100 Breast	18	---	0.27
5:00.91L	A P # 302	Female 400 Free	62	---	9.38
2:44.61L	AAA F # 306	Female 200 Breast	15	6	-0.46
2:46.36L	AAA P # 306	Female 200 Breast	14	---	1.29
2:46.93L	A P # 404	Female 200 Fly	47	---	3.10
36.10L	AAA P # 406	Female 50 Breast	26	---	0.65
<b>Johanna Mackenzie (14) F</b>					
2:59.11L	B P # 404	Female 200 Fly	61	---	-3.98