
Individual Meet Results
Scottish National Age Group 10-Apr-13 to 14-Apr-13 [Ageup: 14/04/2013] LC Meters
Location: Royal Commonwealth Pool
Garioch Amateur Swimming Club [NGHX]

Time	F/P/S	Event	Place	Points	Improv
Orla Adams (18) F					
4:56.81L	AAA	F # 106C Female 17 & Over 400 IM	3	7	-4.20
5:01.23L	AAA	P # 106C Female 17 & Over 400 IM	4	---	0.22
2:25.10L	AAA	F # 203C Female 17 & Over 200 Back	4	5	1.44
2:25.96L	AA	P # 203C Female 17 & Over 200 Back	4	---	2.30
1:16.85L	AA	P # 205C Female 17 & Over 100 Breast	9	---	2.76
4:31.96L	AAA	P # 301C Female 17 & Over 400 Free	9	---	2.61
2:21.25L	AAA	F # 303C Female 17 & Over 200 IM	4	5	-0.17
2:23.80L	AAA	P # 303C Female 17 & Over 200 IM	6	---	2.38
2:09.26L	AAA	P # 402C Female 17 & Over 200 Free	13	---	---
1:10.41L	AA	P # 404C Female 17 & Over 100 Back	16	---	1.98
2:42.93L	AAA	P # 501C Female 17 & Over 200 Breast	8	---	0.63
2:44.05L	AAA	F # 501C Female 17 & Over 200 Breast	6	3	1.75
1:08.10L	AA	P # 503C Female 17 & Over 100 Fly	16	---	0.13
Robert Bryce (18) M					
2:34.20L	AA	P # 103C Male 18 & Over 200 Breast	12	---	-5.28
2:04.31L	AA	P # 202C Male 18 & Over 200 Free	12	---	7.21
1:01.49L	AA	P # 204C Male 18 & Over 100 Fly	17	---	---
4:40.86L	A	P # 302C Male 18 & Over 400 Free	12	---	31.92
25.57L	AAA	P # 306C Male 18 & Over 50 Free	18	---	-0.78
1:12.75L	A	P # 403C Male 18 & Over 100 Breast	17	---	-2.52
2:20.82L	AA	P # 502C Male 18 & Over 200 IM	14	---	---
56.06L	AA	P # 504C Male 18 & Over 100 Free	18	---	-3.33
Shannon Crawford (13) F					
2:54.45L	B	P # 122B Female 13-13 200 Fly	16	---	-9.72
5:40.75L	AA	F # 126B Female 13-13 400 IM	20	---	-10.08
2:31.73L	AA	P # 223B Female 13-13 200 Back	6	---	-0.69
2:31.84L	AA	F # 223B Female 13-13 200 Back	5	4	-0.58
2:40.16L	AA	P # 321B Female 13-13 200 IM	15	---	-4.97
2:23.76L	AA	P # 422B Female 13-13 200 Free	21	---	---
1:09.93L	AAA	F # 424B Female 13-13 100 Back	3	7	-2.03
1:10.99L	AAA	P # 424B Female 13-13 100 Back	7	---	-0.97
1:16.79L	A	P # 523B Female 13-13 100 Fly	23	---	-4.29
Findlay Douglas (15) M					
18:09.64L	AA	F # 101A Male 15-15 1500 Free	9	---	---
2:53.29L	A	P # 103A Male 15-15 200 Breast	18	---	---
2:09.36L	AA	P # 202A Male 15-15 200 Free	13	---	---
5:16.38L	A	P # 206A Male 15-15 400 IM	15	---	-13.85
4:36.11L	AA	P # 302A Male 15-15 400 Free	14	---	---
2:27.97L	A	P # 304A Male 15-15 200 Back	28	---	0.41
27.42L	AA	P # 306A Male 15-15 50 Free	28	---	-0.11
1:19.43L	A	P # 403A Male 15-15 100 Breast	20	---	---
2:39.80L	B	P # 405A Male 15-15 200 Fly	21	---	---
2:24.05L	AA	P # 502A Male 15-15 200 IM	11	---	-1.82
Chloe Grant (12) F					
1:18.36L	A	P # 424A Female 10-12 100 Back	24	---	---
1:20.30L	A	P # 523A Female 10-12 100 Fly	29	---	---
Peter Holmes (15) M					
27.25L	AA	P # 306A Male 15-15 50 Free	27	---	---

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1:16.80L	A P # 403A	Male 15-15 100 Breast	16	---	-5.13
Sophie MCPHEE (13) F					
1:30.08L	A P # 225B	Female 13-13 100 Breast	35	---	---
Alastair Miley (18) M					
2:37.54L	AA P # 103C	Male 18 & Over 200 Breast	16	---	-0.01
1:01.90L	AAA P # 105C	Male 18 & Over 100 Back	10	---	0.55
58.89L	AAA F # 204C	Male 18 & Over 100 Fly	7	2	-0.03
59.22L	AAA P # 204C	Male 18 & Over 100 Fly	7	---	0.30
4:34.27L	AAA F # 206C	Male 18 & Over 400 IM	4	5	-0.23
4:35.06L	AAA P # 206C	Male 18 & Over 400 IM	1	---	0.56
2:07.34L	AAA F # 304C	Male 18 & Over 200 Back	2	9	-0.05
2:10.15L	AAA P # 304C	Male 18 & Over 200 Back	5	---	2.76
26.43L	AA P # 306C	Male 18 & Over 50 Free	28	---	-0.27
1:13.50L	A P # 403C	Male 18 & Over 100 Breast	18	---	-2.89
2:09.13L	AAA F # 405C	Male 18 & Over 200 Fly	7	2	0.48
2:09.99L	AAA P # 405C	Male 18 & Over 200 Fly	7	---	1.34
2:12.14L	AAA F # 502C	Male 18 & Over 200 IM	6	3	0.78
2:13.22L	AAA P # 502C	Male 18 & Over 200 IM	3	---	1.86
56.45L	AA P # 504C	Male 18 & Over 100 Free	21	---	-0.85
Hannah Miley (23) F					
2:00.93L	AAA F # 402C	Female 17 & Over 200 Free	1	11	1.70
2:03.10L	AAA P # 402C	Female 17 & Over 200 Free	2	---	3.87
1:03.65L	AAA F # 404C	Female 17 & Over 100 Back	1	11	-0.79
1:04.51L	AAA P # 404C	Female 17 & Over 100 Back	1	---	0.07
2:32.66L	AAA P # 501C	Female 17 & Over 200 Breast	1	---	4.17
1:02.84L	AAA P # 503C	Female 17 & Over 100 Fly	1	---	0.35
16:38.59L	AAA F # 505C	Female 17 & Over 1500 Free	1	11	-8.21
Joseph Miley (15) M					
2:41.07L	AA P # 103A	Male 15-15 200 Breast	11	---	-7.72
1:03.40L	AAA F # 105A	Male 15-15 100 Back	3	7	-3.69
1:04.71L	AA P # 105A	Male 15-15 100 Back	5	---	-2.38
1:02.19L	AA F # 204A	Male 15-15 100 Fly	5	4	-8.41
1:02.33L	AA P # 204A	Male 15-15 100 Fly	5	---	-8.27
4:48.91L	AAA F # 206A	Male 15-15 400 IM	5	4	-0.77
4:50.04L	AAA P # 206A	Male 15-15 400 IM	5	---	0.36
2:15.05L	AAA F # 304A	Male 15-15 200 Back	4	5	0.68
2:16.75L	AAA P # 304A	Male 15-15 200 Back	3	---	2.38
27.13L	AA P # 306A	Male 15-15 50 Free	21	---	-2.60
9:01.86L	AAA F # 401A	Male 15-15 800 Free	5	4	-10.27
1:16.83L	A P # 403A	Male 15-15 100 Breast	17	---	-6.16
2:22.16L	AA P # 405A	Male 15-15 200 Fly	9	---	-4.52
2:21.03L	AA P # 502A	Male 15-15 200 IM	8	---	2.11
59.11L	AA P # 504A	Male 15-15 100 Free	22	---	-3.78
Spencer O'Grady (13) M					
1:06.30L	AAA F # 125A	Male 10-13 100 Back	3	7	-8.22
1:07.32L	AAA P # 125A	Male 10-13 100 Back	2	---	-7.20
2:18.95L	AA P # 222A	Male 10-13 200 Free	21	---	---
1:15.70L	A P # 224A	Male 10-13 100 Fly	36	---	---
2:24.14L	AAA F # 322A	Male 10-13 200 Back	3	7	-15.39

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2:24.96L	AAA P # 322A	Male 10-13 200 Back	3	---	-14.57
5:06.20L	A F # 324A	Male 10-13 400 Free	33	---	---
2:52.89L	B P # 421A	Male 10-13 200 Fly	26	---	---
2:33.71L	AA P # 522A	Male 10-13 200 IM	11	---	---
1:02.55L	AA P # 524A	Male 10-13 100 Free	15	---	---
Jessica Thomson (14) F					
2:31.56L	AA P # 102A	Female 14-14 200 Fly	3	---	-2.49
2:33.09L	AA F # 102A	Female 14-14 200 Fly	4	5	-0.96
5:15.59L	AAA F # 106A	Female 14-14 400 IM	3	7	-5.41
5:18.13L	AAA P # 106A	Female 14-14 400 IM	3	---	-2.87
9:32.24L	AAA F # 201A	Female 14-14 800 Free	2	9	5.00
2:37.07L	AA P # 203A	Female 14-14 200 Back	19	---	3.63
4:39.17L	AAA F # 301A	Female 14-14 400 Free	5	4	-3.09
4:41.28L	AA P # 301A	Female 14-14 400 Free	2	---	-0.98
2:35.95L	AA P # 303A	Female 14-14 200 IM	13	---	-0.21
2:15.42L	AA P # 402A	Female 14-14 200 Free	9	---	-1.12
2:16.81L	AA F # 402A	Female 14-14 200 Free	8	1	0.27
1:12.02L	AA P # 503A	Female 14-14 100 Fly	14	---	-0.83
18:03.64L	AAA F # 505A	Female 14-14 1500 Free	2	9	-35.00