

## **PARENT / GUARDIAN CODE OF CONDUCT**

GASC is dedicated to creating an environment that nurtures the enjoyment and enthusiasm of every child within our sport, through a safe, fun and progressive environment. We aim to create a welcoming and vibrant environment, promoting inclusivity and diversity that caters for participant's needs and aspirations. It is important that children participate in the right spirit and in a supportive atmosphere which allows them to perform to the best of their abilities; valuing and recognising effort as well as results.

In order to achieve this, we rely heavily on parents / carers to give their support in the right way. All club activities both in and out of the pool are covered by this code of conduct and all parents / carers are asked to abide by this Code of Conduct at all times.

### **Supporting your Child:**

1. Ensure your child is properly prepared - clothing, kit, equipment, food, drink etc
2. Encourage your child to have fun
3. Never condone rule violations or use of prohibited substances
4. Encourage your child to respect the rules, and teach them that they can only do their best
5. Ensure that your child understands their code of conduct
6. Inspire your child to be the best they can be both in the sport and in life
7. Help them understand the important life lessons to be gained from sport such as: leadership, handling adversity, teamwork, persistence and compassion
8. Establish a positive relationship with your child's coach
9. Do not ridicule or shout at you child for making mistakes or losing at events / competitions

### **Supporting our Club:**

1. Abide by the Club's Parent Participation Policy
2. Complete and agree to any additional policies pertaining to your child's participation
3. Keep contact and medical information up to date
4. Deliver and collect your child punctually before and after sessions / races / events and inform the organiser prior to the activity starting if your child is to be collected early
5. Support the club by attending events and fundraising activities when you can
6. Abide by Scottish Swimming Acceptable Use of Mobile Phone Policy and Social Media Guidelines

**Supporting our Club at events and competitions:**

1. Encourage all members of the club by applauding their effort
2. Show understanding when athletes make mistakes or if they don't win / PB
3. Be positive. Discuss performances in a constructive manner at an appropriate time; focus on things the athlete did well. Don't dwell on mistakes
4. Support all efforts to remove verbal and physical abuse from sporting activities
5. Respect and applaud other athletes / teams for their efforts, not just your own
6. Behave responsibly and do not use inappropriate language whilst involved in or spectating at club activities, and treat swimmers, coaches, club volunteers, officials and other parents with due respect
7. Abide by Scottish Swimming Acceptable Use of Mobile Phone Policy and Social Media Guidelines

**As a Parent / Guardian you have the right to:**

1. Be assured that your child is safe and protected during their participation in all activities
2. Be informed of problems or concerns relating to your child
3. Be informed if your child is injured or unwell
4. Have your consent sought for issues such as trips and photography
5. Contribute to decisions within the club
6. Have any concerns about any aspect of your child's welfare listened to and responded to

Where a parent / guardian is a member of the Club / Scottish Swimming, any breaches of the Parent / Guardian Code of Conduct will be dealt with in accordance with the club's disciplinary procedures.

If the parent / guardian is not a member of the Club / Scottish Swimming, any breaches of the Parent / Guardians Code of Conduct will result in removal from the event / ban for future events.

**I have read and understood the above Code of Conduct and I agree to be bound by it:**

**Name (print):** \_\_\_\_\_

**Signed:** \_\_\_\_\_

**Date:** \_\_\_\_\_