

Monkstown Swimming Pool Operating Procedures for visitors:

- Lane swimming: 6 x 5 lanes = 30 swimmers.
- Viewing area available. 15 max. (wearing masks). Parents are not allowed to wait at Reception.
- Allow 15 minutes turnover for cleaning in between sessions.
- Swimmers arriving queue from door into changing rooms out into covered passage (porch) serving playing pitches, remaining 2m apart. This is not relevant for 5am swims, where there is no previous session leaving the building.
- Parent on Duty/Covid19 Officer checks Screening Form has been submitted at entrance.
- Sanitise hands on entry to changing rooms with disinfectant provided.
- Follow map on door of changing rooms, proceeding in single file circulating anti-clockwise all around the room. Start to occupy cubicles from end of loop (on arriving at the first free one).
- Leave clothes in cubicle. These will be locked for the duration of the session,
- Shower rooms are closed, but toilets can be used, max. 2 persons at a time. The middle cubicle has been closed off.
- Mandatory shower rinse at poolside, on the way in. Coaches take over from this point.
- Follow coach's direction for training session/lesson, maintaining distancing measures.
- Proceed to assigned lane. Follow Swim Ireland protocols for numbers of swimmers in lanes, including "Home Point" and swim direction to minimise time in close proximity.
- Follow one-way clockwise traffic system on pool bank and proceed to "Home Point" as directed by Coach.
- Coach to maintain 2m distance during training.
- No assistance to be given with swim hats etc.
- At the end of session, return to shower area for a 1-minute rinse off. One lane at a time for training squads.
- Return to cubicle to dress quickly and leave the changing rooms without any congregating therein.
- Leave building promptly, staying left along corridor and reception area.