ASA Award Scheme

Swimmers record sheet

| Swimmers Name: | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| **SPRINT AWARDS** | | | | | | | | | |
| **Stroke** | **Distance** | ☑ | **BRONZE** | ☑ | **SILVER** | ☑ | **GOLD** | ☑ | **PLANTINUM** |
| Backstroke | 25M | | | | | | | | |
| | 50M | | | | | | | | |
| | 100M | | | | | | | | |
| Breaststroke | 25M | | | | | | | | |
| | 50M | | | | | | | | |
| | 100M | | | | | | | | |
| Butterfly | 25M | | | | | | | | |
| | 50M | | | | | | | | |
| | 100M | | | | | | | | |
| Freestyle | 25M | | | | | | | | |
| | 50M | | | | | | | | |
| | 100M | | | | | | | | |
| IM | 100M | | | | | | | | |
| **MIDDLE DISTANCE AWARDS** | | | | | | | | | |
| **Stroke** | **Distance** | ☑ | **BRONZE** | ☑ | **SILVER** | ☑ | **GOLD** | ☑ | **PLANTINUM** |
| Backstroke | 200M | | | | | | | | |
| Breaststroke | 200M | | | | | | | | |
| Butterfly | 200M | | | | | | | | |
| Freestyle | 200M | | | | | | | | |
| | 400M | | | | | | | | |
| IM | 200M | | | | | | | | |
| **DISTANCE AWARDS** | | | | | | | | | |
| **Stroke** | **Distance** | ☑ | **BRONZE** | ☑ | **SILVER** | ☑ | **GOLD** | ☑ | **PLANTINUM** |
| Freestyle | 800M | | | | | | | | |
| | 1500M | | | | | | | | |
| IM | 400M | | | | | | | | |