1 Session Timings

This is busy meet and acknowledging both Guernsey Clubs are travelling on the day we still need to run within a time frame of approximately 10.15 to 4.30 pm including a break at around 12.45 pm for lunch.

**2. Heats and One Start Rule**

1 This event shall be conducted in accordance with Swim England Laws and Regulations and Swim England Technical Rules of Racing

1. Events will be swum slowest to fastest.
2. All Events will be Heat Declared Winners.
3. All Heats will be spearheaded.

5 A secondary starting strobe light will not be available at this swim meet

**3. Age Groups**

As at 9th July 2022

Single age groups

9yrs / 10yrs / 11yrs / 12yrs / 13yrs

**4. Awards and Presentations**

Medals & Certificates

‘A’ Group – Medals 1st, 2nd and 3rd as age groups

‘B’ Group – Medals 1st, 2nd and 3rd as age groups

Medals to be delivered during the course of the meet, by an official from Jersey Swimming Club

All competitors will receive a certificate within three weeks of the meet recording their achievement.

Trophies

There are top boy and girl trophies for the highest number of points accumulated during the meet – all swims to count.

Discretionary

For each Club – one boy / one girl we have a set of quality kit items. Nominations will be accepted from each head coach or senior official towards the end of the day. Their decisions will be based on criteria which include team commitment and support for teammates, exemplary behaviour, and attitude, wearing of club kit, and achievement in relation to ability.

5. Entries

1. This meet is open to Jersey Swimming Club, Calligo Tigers, Barracudas and Guernsey Swimming Club.
2. Entries can be made on the official entry form, or submitted electronically on the proprietary software, and be forwarded to the Meet Secretary by the closing date, together with entry fees.

Meet Secretary: Carole Penfold

P.O.Box 835

St. Helier

JE4 OUJ. Telephone 07797 735499

Email: [admin@jersey-swimming-club.](mailto:admin@jersey-swimming-club.)org

Closing Date: Sunday 5th June 2022

Entry Fee: £6.00 per event

Cheques made payable: Jersey Swimming Club

1. All entries will be Graded either A or B based on the entry times submitted
2. The entry form must be signed by a club official to acknowledge that he/she has read the conditions of the championship and certifies the entered times.
3. Once entries are accepted no refunds will be allowed.
4. In the event that the competition, be oversubscribed acceptance of entries will be based on the fastest times.

6. **Promoter**

The 2022 Promoter is Ailie Brown

**7. Referee’s decision**

The decision of the referee(s) will be final.

8. General

Result sheets will be available for a small charge – these will also be posted in the Competitions Area at [www.jersey-swimming-club.](http://www.jersey-swimming-club.)org by 6 pm on Sunday 3rd July

Possessions and articles should not be left unattended as the promoters and pool management will not accept liability for any loss or damages that may occur during this meet.

Any conditions not covered in these competition rules will be dealt with in accordance with the laws of the sport and at the discretion of the Promoter.

**9. Explanation of A and B Divisions**

‘A’ and ‘B’ designations are there to encourage swimmers who might not normally feature on the podium. Every swimmer will have a designation for each event, based on their entered time. It is common for a swimmer to enter as an ‘A’ swimmer in several events and as ‘B’ in others. For each event you will find the relevant cut off time later in the program. This applies to all age groups except the 9 year olds where there is no distinction.

10 A and B Cut Off Times

NOTE: - In the 9 year age group there is no grading

**Boys**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Devision “A” – Upper QualifyingTimes**  (based on South Region Auto Qualifying times 2020) | | | | |  | **Devision “A” must be faster than stated**  **Devision “B” must be slower than stated** | | | | |
| **9** | **10** | **11** | **12** | **13** | **Event** | **9** | **10** | **11** | **12** | **13** |
| (2013) | (2012) | (2011) | (2010) | (2009) |  | (2013) | (2012) | (2011) | (2010) | (2009) |
| NT | NT | 30.50 | 30.50 | 28.40 | **50m Free** | NT | 38.00 | 35.90 | 33.90 | 32.10 |
|  | NT | 1:05.90 | 1:05.90 | 1:01.80 | **100m Free** |  | 1:22.90 | 1:17.80 | 1:13.20 | 1:08.90 |
| NT | NT | 40.30 | 40.30 | 37.20 | **50m Breast** | NT | 49.60 | 46.50 | 43.70 | 40.70 |
|  | NT | 1:28.30 | 1:28.30 | 1:21.40 | **100m Breast** |  | 1:48.10 | 1:40.10 | 1:33.80 | 1:27.40 |
| NT | NT | 33.70 | 33.70 | 31.40 | **50m Fly** | NT | 42.40 | 39.60 | 37..50 | 35.30 |
|  |  | 1:17.40 | 1:17.40 | 1:10.40 | **100m Fly** |  |  | 1:27.60 | 1:22.00 | 1:16.70 |
| NT | NT | 35.70 | 35.70 | 33.00 | **50m Back** | NT | 43.60 | 41.20 | 39.00 | 36.50 |
|  | NT | 1:16.30 | 1:16.30 | 1:11.20 | **100m Back** |  | 1:34.70 | 1:27.60 | 1:22.50 | 1:17.30 |
| NT | NT | NT | NT | NT | **100m IM** | NT | 1:36.20 | 1:30.90 | 1:26.00 | 1:20.70 |

**Girls**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Devision “A” – Upper QualifyingTimes**  (based on South Region Auto Qualifying times 2020) | | | | |  | **Devision “A” must be faster than stated**  **Devision “B” must be slower than stated** | | | | |
| **9** | **10** | **11** | **12** | **13** | **Event** | **9** | **10** | **11** | **12** | **13** |
| (2013) | (2012) | (2011) | (2010) | (2009) |  | (2013) | (2012) | (2011) | (2010) | (2009) |
| NT | NT | 30.30 | 30.30 | 29.10 | **50m Free** | NT | 38.5 | 36.5 | 34.7 | 33.3 |
|  | NT | 1:06.10 | 1:06.10 | 1:03.50 | **100m Free** |  | 1:24.6 | 1:18.7 | 1:14.3 | 1:11.5 |
| NT | NT | 39.30 | 39.30 | 37.70 | **50m Breast** | NT | 50 | 46.7 | 44 | 42.1 |
|  | NT | 1:25.90 | 1:25.90 | 1:22.00 | **100m Breast** |  | 1:48.8 | 1:40.2 | 1:34.4 | 1:29.8 |
| NT | NT | 33.20 | 33.20 | 31.60 | **50m Fly** | NT | 42.4 | 40.1 | 37.9 | 36.4 |
|  |  | 1:15.70 | 1:15.70 | 1:11.50 | **100m Fly** |  |  | 1:28.0 | 1:22.4 | 1:19.0 |
| NT | NT | 34.70 | 34.70 | 33.50 | **50m Back** | NT | 43.8 | 41.4 | 39.3 | 37.7 |
|  | NT | 1.14.90 | 1:14.90 | 1:11.20 | **100m Back** |  | 1:35.2 | 1:28.1 | 1:22.7 | 1:19.2 |
| NT | NT | NT | NT | NT | **100m IM** | NT | 1:35.1 | 1:31.3 | 1:26.4 | 1:22.6 |

**Programme Summary**

**Session 1 Saturday 9th July 11.00 am start, warm up 10.30am, check in 10.00am**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Events |  | 1 & 2 | Girls / Boys 9/13yrs | 50m Breast |
| Events |  | 3 & 4 | Girls / Boys 9/13yrs | 100m I.M |
| Events |  | 5 & 6 | Girls / Boys 11/13yrs | 100m Fly |
| Events |  | 7 & 8 | Girls / Boys 9/13yrs | 50m Back |
| Events |  | 9 & 10 | Girls / Boys 10/13yrs | 100m Breast |

**Session 2 Saturday 9th July, 2.30 pm start, warm up 2.00 pm, check in 1.30am**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Events |  | 11 & 12 | Girls / Boys 10/13yrs | | 100m Free |
| Events |  | 13 & 14 | Girls / Boys 10/13yrs | | 100m Back |
| Events |  | 15 & 16 | Girls / Boys 9 yrs only |  | 25m Fly |
| Events |  | 17 & 18 | Girls / Boys 10/13yrs | | 50m Fly |
| Events |  | 19 & 20 | Girls / Boys 9/13yrs | | 50m Free |