



Badge Order Form Guide



Competitive Swimming Performance Awards

Guidelines

The award scheme is made up of Performance Award and "Flash" badges giving a total of 61 badges to collect and wear with pride on your Club t-shirt:

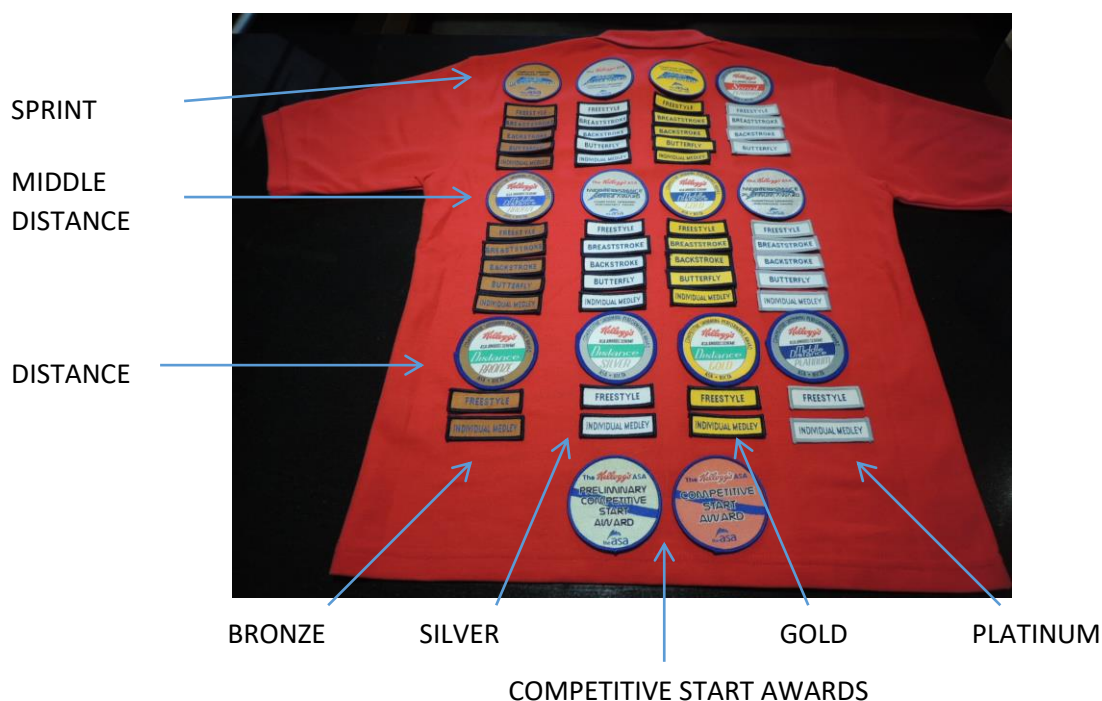
- The Performance Award circular badge and certificate is awarded **once** for each distance (Sprint, Middle Distance & Distance) and colour category (Bronze, Silver, Gold & Platinum) – e.g. Bronze Sprint / Gold Distance etc. There is a total of 12 of these to collect. Cost = £3.50 each
- For each Performance Award swimmers then collect the corresponding Flashes for each stroke at a cost of £1.50 each. There are 47 Flashes to collect in total.
- Sprint distances are 25m, 50m & 100m
- Middle distances are 200m for all strokes and the IM & 400m F/C
- Distance awards are for 400 IM and 800m & 1500m F/C
- Once a badge has been received for a certain stroke/distance/colour it cannot be achieved again – e.g. if a swimmer gains a Bronze Freestyle time with 25m they cannot then claim this again with a 50m time
- Please note that if a swimmer is eligible for a Gold badge for example then they automatically qualify for the preceding colours for that stroke/distance – so don't forget to apply for those also

How to order

- Please use the tables overleaf for qualifying times to determine which badge(s) your swimmer is eligible for
- On the order form, find the appropriate box for the stroke, distance and colour of the badge required
- Please tick the box and fill in with the swimmer's time for checking by the Coach
- Please tick in the final column if you also require the corresponding Performance Award (please see above for an explanation)
- Please ensure you fill in your swimmer's name and squad
- Pass on your completed form and relevant fees to your Coach for processing

How to wear

Please see below for a suggestion of how to present your swimmer's badge collection:





Badge Order Form Guide

KELLOGGS AWARDS QUALIFYING TIMES

| | BRONZE | SILVER | GOLD | PLATINUM |
|---------------------|----------|----------|----------|----------|
| BACKSTROKE | | | | |
| 25m | 24.70 | 21.50 | 19.60 | |
| 50m | 54.40 | 47.50 | 43.00 | |
| 100m | 1.56.00 | 1.41.40 | 1.32.00 | 1.25.50 |
| 200m | 4.11.10 | 3.39.40 | 3.19.30 | 3.05.00 |
| BREASTSTROKE | | | | |
| 25m | 27.20 | 23.80 | 21.70 | |
| 50m | 1.00.40 | 52.70 | 48.00 | |
| 100m | 2.12.00 | 1.55.40 | 1.44.80 | 1.37.30 |
| 200m | 4.40.40 | 4.05.00 | 3.42.60 | 3.26.60 |
| BUTTERFLY | | | | |
| 25m | 23.20 | 20.30 | 18.50 | |
| 50m | 52.40 | 45.70 | 41.50 | |
| 100m | 1.53.80 | 1.39.40 | 1.30.40 | 1.23.90 |
| 200m | 4.09.20 | 3.37.70 | 3.17.80 | 3.03.70 |
| FREESTYLE | | | | |
| 25m | 21.00 | 18.30 | 16.70 | |
| 50m | 47.00 | 41.00 | 37.20 | |
| 100m | 1.44.30 | 1.31.00 | 1.22.80 | 1.16.90 |
| 200m | 3.49.90 | 3.20.80 | 3.02.40 | 2.49.40 |
| 400m | 8.04.70 | 7.03.50 | 6.24.70 | 5.57.20 |
| 800m | 16.45.30 | 14.38.20 | 13.17.90 | 12.20.70 |
| 1500m | 31.43.40 | 27.42.80 | 25.10.70 | 23.22.40 |
| IM | | | | |
| 100m | 1.58.60 | 1.43.60 | 1.34.10 | |
| 200m | 4.17.20 | 3.44.60 | 3.24.10 | 3.09.50 |
| 400m | 9.03.70 | 7.55.00 | 7.11.50 | 6.40.60 |

NOTE: These are short course times. For long course times please see your coach or Carol Simms



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KELLOGGS AWARDS QUALIFYING TIMES (MOUNTS BATHS 33 1/3 yds)

| | BRONZE | SILVER | GOLD |
|---------------------|---------|---------|---------|
| BACKSTROKE | | | |
| 33 1/3 | 30.80 | 27.00 | 24.50 |
| 66 2/3 | 1.06.00 | 57.70 | 52.40 |
| BREASTSTROKE | | | |
| 33 1/3 | 34.20 | 30.00 | 27.20 |
| 66 2/3 | 1.14.90 | 1.05.40 | 59.50 |
| BUTTERFLY | | | |
| 33 1/3 | 29.30 | 25.70 | 23.20 |
| 66 1/3 | 1.03.70 | 55.70 | 50.50 |
| FREESTYLE | | | |
| 33 1/3 | 26.50 | 23.10 | 21.00 |
| 66 2/3 | 58.70 | 51.20 | 46.50 |
| IM | | | |
| 4 x 33 1/3 | 2.28.10 | 2.09.30 | 1.57.50 |
| 4 x 66 2/3 | 5.20.70 | 4.40.20 | 4.14.60 |

These times are for the Northampton Development Gala events as they are held in a 30m pool.



Flashes £1.50 each



COMPETITIVE SWIMMING PERFORMANCE AWARDS



Performance Awards - £3.50 each

| | |
|----------------------------------|--|
| Swimmers name and squad:- | |
|----------------------------------|--|

| STROKE | COLOUR | FLASHES | | | PERFORMANCE AWARD |
|-------------------|----------|----------------------------------|--|--|------------------------|
| | | <u>SPRINT: 25m, 50, and 100m</u> | <u>MIDDLE DISTANCE: 200m (all strokes) and IM and 400m Freestyle</u> | <u>DISTANCE: 400 IM and 800m & 1500m Freestyle</u> | <u>Required - Y/N?</u> |
| Butterfly | Bronze | | | N/A | |
| | Silver | | | | |
| | Gold | | | | |
| | Platinum | | | | |
| Backstroke | Bronze | | | N/A | |
| | Silver | | | | |
| | Gold | | | | |
| | Platinum | | | | |
| Breaststroke | Bronze | | | N/A | |
| | Silver | | | | |
| | Gold | | | | |
| | Platinum | | | | |
| Freestyle | Bronze | | | | |
| | Silver | | | | |
| | Gold | | | | |
| | Platinum | | | | |
| Individual Medley | Bronze | | | | |
| | Silver | | | | |
| | Gold | | | | |
| | Platinum | N/A | | | |

Please hand to your Coach for approval