Swim England East Midlands

Swim England East Midlands Summer Festival 2021

Harvey Hadden Nottingham, Long Course (50m) Pool

Licensed Level 1

Event Programme	
Saturday 31st July 2021	**Sunday 1st August 2021**
Session 1 **Girls - 12,13,14**	**Session 3** **Girls - 15,16,17, 18/ov**
200 free	200 free
100 breast	100 breast
400 IM	400 IM
200 back	200 back
100 free	100 free
200 fly	200 fly
Comfort break	**Comfort break**
200 IM	200 IM
100 back	100 back
200 breast	200 breast
100 fly	100 fly
400 free	400 free
Lunch Break	**Lunch Break**
Session 2 **Boys - 12,13,14**	**Session 4** **Boys - 15,16,17, 18/ov**
200 free	200 free
100 breast	100 breast
400 IM	400 IM
200 back	200 back
100 free	100 free
200 fly	200 fly
Comfort break	**Comfort break**
200 IM	200 IM
100 back	100 back
200 breast	200 breast
100 fly	100 fly
400 free	400 free