



NATIONAL ARENA LEAGUE ROUND 3 AT MEDWAY PK GILLINGHAM STAURDAY 8/12/12

The highly anticipated Round 3 of the National arena league came to a conclusion at Medway pk on Saturday night, after 3 rounds of tough racing the top teams in Division 1 East met to slug out round 3 and the chance to be promoted to the Premier division

The meet begins with the blue ribbon event, the open 200 IM, an all rounder event, KWSS captains 13 yr old Caitlin Ebbage and 15 yr old Brandon Harris both swimming up an age or two were selected to pit themselves against the best open swimmers in the division , another day another pb for Kwss swimmer Caitlin knocking 2 seconds off her pb and collecting her predicted points from the race, Brandon followed up with another great swim taking an extra point for the team, than was predicted.

8 very fast and exciting relays were next all very close:

Girls 9/11 4x50 fs relay consisting of Kahlen, Kara, Sarah and Chenai took 4th place, the boys version of Thomas, Ruben, Max and Josh Nisram came 3rd . Caitlin, Holly Geake, Erin and Maddy took a commendable 3rd in the girls 13 yrs medley relay. Josh Prendergast, Oscar Thatcher, Evan Norris & Thomas Long filling in for the injured Jarred Adams came 5th. Noemie Thomson, Georgia Mc Kean, Lily Durnford and Lois Duchesne finished in their predicted place. The last relay was the men's 4x50 medley relay the bk leg was led off by Richard Carr freshly back for a flying visit from Uni of Lincoln. Stew Grant on the brst leg Jacob West on the fly leg and Ollie Durrant on the fs leg picking up 2nd place.

By the end of 10 races the points total was Chelmsford 43 Atlantis 42 Hastings 37 KWSS 32 and Hailsham 24.

The round of individual races began with Kahlen Arundell in the girls 11 yrs 50 bk taking 3rd place Thomas Long also took 3rd . Erin Nisbet matched her predicted finish picking up 5 points in the girls 13 /u 100 brst.

Unfortunately, Jarred Adams picked up an injury and had to withdraw leaving Oscar Thatcher to deputise, which he did to full effect knocking 4 seconds off his pb and picking up his predicted points total in the 13 yrs 100 brst.

Caitlin in her 3rd race in 30 mins cruised to an easy win in the girls 15 /u 100 bk. Brandon also took top honours in the boys 15 yrs 100 bk

Jodie took a season's best in the ladies open 100 fly by over a second. Jacob took 2nd place in the men's open 100 fly dipping under the 60 barrier at 59 .45

Points total after 18 events was Chelmsford 73 Atlantis 65, Hastings 63 KWSS 63 Hailsham and Brighton sharing 56 points.

The next set of individuals was led out by Bethany Holland going under 39 for the first time, Ruben came 3rd in the boys 10/11 yrs 50 fly. Maddy Holland was pretty much on pb for the girls 13 /u 100 bk. Josh Prendergast took his expected 2nd place and points in the boys 13/u

100 bk, Georgia swam well in the girls 15 /u 100 fly as did Harvey Thatcher in the boys 15/u 100 fly.

Caitlin took top points in the ladies 100 bk Richard Carr dropped in on the red eye from the Uni of Lincoln to clinch 3rd place in the men's open 100 bk.

The points total after 27 events was Chelmsford 104, Atlantis 96, Hastings 92, KWSS 90, Hailsham 83 and Brighton on 78.

The penultimate tranche of individuals began with Sarah Pascoe in the girls 10/11 yrs 50 brst taking her expected points. Max Beavington came second but unfortunately disqualified in the boys 10/11 yrs 50 brst.

Erin Nisbet had the race of the night in my humble opinion taking top place with a 2 second pb in the girls 13/u 100 fly taking her back to number 1 in Kent and second place in the region and 31 st in GB well within a rankings time for Nationals 2019.

12 yr old Evan Norris swam well in the boys 13 yrs 100 fly, Lily Durnford took some extra points for the team in the girls 100 15/u free with a nice pb. Ollie isaacs was up against a very high class group of swimmers in the boys 15 yrs 100 free with a benchmark of 57 for 5th place Ollie manfully soldiered on. Millie Ray took a nice pb from the ladies open 100 brst. Stew Grant (the old man of the sea) posted a knockout pb 69 .16 pb for the men's open 100 brst just getting pipped to 1st place. The last time Stew was in the sub 70 zone was in the 1890's when Queen Victoria was on the throne, great race Stew.

Kahlen Arundell resumed business with a 1st place in the girls 10/11 yrs 50 free. Thomas Long quickly followed suit with another 1st place Caitlin on her 5th race swam well but slipped on the last turn to just get touched out in the 15 yrs 100 free but taking a solid 2nd place dipping under the 60 barrier again. Josh Prendergast got the points in his boys 13 yrs 100 free. Nell placed 5th in the girls 15 yrs 100 brst . Brandon in his 4th race of the night took premiere position in a smooth 100 brst in the 15 yrs age group. 13 yrs old Maddy Holland swam up to the ladies open 100 free swimming a super race taking her expected points. The last individual of the meet was the men's open 100 free representing KWSS was Jacob knocking out a 53.91 taking second place, demonstrating what a high performance level last round this was.

Points total at 42 races was Chelmsford 167 Atlantis 157 KWSS 147, Hastings 143 Hailsham 133 and Brighton on 131 it was all to play for in the last round of relays.

And we were off the last block of races the girls 9/11 yrs med team led by Kahlen on the bk leg Sarah P on the brst Bethany on the fly and Kara on the anchor the girls pulling out a strong effort. The boys version took 2nd place Thomas Max, Ruben and Josh Nisram.

Erin Nisbet led of the girls 13 yrs fs relay, Holly Geake was next Maddy Holland and Caitlin anchoring o the team to 4th place.

Josh P, Max, Ruben, filling Jarred's place from injury and Thomas Long back in the water for his 5th race took their expected points. The girls 15 u medley relay was swam by Lois on the bk leg, Nell brst, Georgia fly and Noemie on the free.

There was a bit of debate over the boys 15 yrs med team getting a questionable dq after coming second and collecting 5 points, however that's sport.

The penultimate race of the evening was the ladies open 6x50 squadron relay Jodie, Millie Lois, Maddy Erin and Caitlin picked up their expected points.

The last race of the meet was an exciting 6x50 men's squadron relay led out by Richard Carr, Ollie Durrant, Dave Carr, Stew Grant, Brandon and anchored by Jacob picking up a commendable 2nd place.

Thanks must go to all who supported the team with splits Gary, Kevin whipping, Darrel and Rachel refreshments, officials Mary, Tracy, Shara on monitoring duty at the end of the pool, Kim, Nigel and John who ran a very efficient meet. Plus the ladies on the door in the balcony.

A very good effort for our first year in Division 1 coming 4th by 4 points in the meet and 4th in the division.

Final points total for the meet:

Chelmsford	202
Atlantis	193
Hastings	171
KWSS	167
Hailsham	156
Brighton	153