**WHAT IS EXPECTED FROM PARENTS?**

Parents play a large role in the support of swimmers and the club. Your role within this club is vital. Be supportive and enthusiastic, Let the Coach.... Coach! If you would like to become involved in various club duties please talk to committee members

**Training**

There are a number of things we must insist upon at training.

* Do not leave a swimmer at the door of the complex and presume coaching staff are present or that somebody else is supervising the session.
* **There must be at least One Parent/Guardian on Supervision duty for all Pool training session.**
* Make sure that the swimming or Dry Land session is taking place.
* Ensure that you are back to collect the swimmer in a timely manner at the end of the session.
* Read the notice board, there is always something going on galas, pool duty & new timetables will also be posted there.
* Never presume that "somebody" is minding your child. Always be sure you know who is in charge. Check the pool duty rota has been signed when you sign in. If not there is no parent currently on duty you should not leave.
* The Person on duty must remain until all swimmers are collected; if the person on duty cannot remain until the end of a session they must organize with another parent / guardian to fulfil this role and to sign on their behalf.

**Galas**

Where you have entered your swimmer into a Regional (Leinster) or National Gala you must be aware that the club will be given “Officials Slots” based on your swimmers entry. You will therefore be required to assist on the day of the gala by filling a slot. Slots are typically assigned for Timekeeping, Turn Judges or Line Up duties. A rota will issue where possible prior to the gala informing you of your slot.

**Pool Side Duty**

Pool Side Duty or Duty of Care is here for the protection and safety of the Coach's and the Swimmers. This is a Swim Ireland Rule, while the coaches are coaching a session a parent/guardian is on the pool bank observing the swim.

If an accident/incident occurred in the pool or on the pool bank, you would assist the coach with the situation. We ask the following of you while you are on pool side duty. Bank duty is for Pool Time. A parent must be present at these trainings If there is not a parent/guardian there will be no training.

1) Sign in with Coach at the beginning of the session; that way the coach knows which parent is on Bank duty.

2) Watch the session. If you see a swimmer get out of the pool and go into changing area, make sure they return. If a swimmer is unwell, you may be asked to contact the parent of that swimmer. Also sometimes, if a swimmer gets out early for whatever reason, once they are changed, they should wait in the pool area until they are collected.

3) You may have something to read or review which is grand, we just ask that you do keep an eye on the water.

4) You are not allowed to be with a swimmer on his or her own. i.e.: be in the changing room with them and no other parent.