

## GUIDELINES FOR YOUNG PEOPLE

Children have a great deal to gain from sport in terms of their personal development and enjoyment. The promotion of good practice in sport will depend on the co-operation of all involved, including young members of clubs. Swim Ireland wishes to provide the best possible environment for all young people involved in the sport. Children have rights, which must be respected, and responsibilities that they must accept. They deserve to be given enjoyable, safe sporting opportunities, free of abuse of any kind. They should be encouraged to realise that they, also, have responsibilities to treat other swimmers and sports leaders with fairness and respect.

### Young swimmers are entitled to:

- Be safe
- Feel safe
- Say No
- Be happy, have fun and enjoy their swimming activity
- Have fair play
- Be listened to and have an appropriate response
- Be afforded confidentiality.
- Be treated with dignity, sensitivity and respect
- Have a voice in the club
- Experience training and competition at an appropriate level
- Be represented at decision making bodies within their club and Swim Ireland.

**CODE OF CONDUCT FOR YOUNG PEOPLE****Young swimmers should always:**

- Treat Sports Leaders who may be teachers, coaches, club officials or parents with respect
- Play fairly at all times, do their best
- Respect team members, even when things go wrong
- Respect opponents, be gracious in defeat
- Abide by the rules set down by Swim Ireland and their club.
- Talk to the Coach, Team Captains, Club Children's Officer or Committee Member if they have any problems.

**Young swimmers should never:**

- Cheat
- Use violence
- Use physical contact that is not allowed within the rules
- Shout or argue with officials, team mates or opponents
- Harm team members, opponents or their property
- Bully or use bullying tactics to isolate another person
- Use unfair or bullying tactics to gain advantage
- Use bad language
- Take banned substances
- Keep secrets about any person who may have caused them harm
- Tell lies about adults / young people
- Spread rumours.
- Behave in a manner that might bring Swim Ireland or their club into disrepute

***I have read and agree to abide by the above Code of Conduct***

Signature of Young person \_\_\_\_\_ (date) \_\_\_\_\_

Please print name \_\_\_\_\_

Signature of Parent/ Guardian \_\_\_\_\_

Please print name \_\_\_\_\_ Date \_\_\_\_\_