



Code of Conduct for Parents and Carers

CASC values the role that parents and carers play in a swimmer's successful development. It is essential that parents and carers provide good role models for swimmers by adhering to the following code:

- Encourage your child to enjoy swimming for the fun of it, not to please a significant adult
- Encourage your child to learn the rules and play within them. Learn the laws of the sport together-it will make you a better spectator and your child a better competitor.
- Help your child to recognise good performance, not just results.
- Support your child's involvement and help them to enjoy their sport.
- Discourage unfair play and arguing with officials.
- Publicly accept officials' judgments.
- Set a good example by recognising fair play and applauding the good performances of all.
- Never force your child to take part in sport.
- Never punish or belittle a child for losing or making mistakes.
- Use correct and proper language at all times.
- Ensure that your child is aware of the code of conduct for swimmers, the performance policies and squad criteria appropriate to them
- Talk with your child about appropriate behaviour during sessions and whilst changing and at galas
- Ensure your child knows who to talk to if they have a problem at the club and that they inform their coach if they are taking medication, injured or just not performing at their best.
- Adhere to the Child Protection regulations regarding photography and video.

Good, fair and respectful behaviour is expected by all members of the club at all pools, events and training sessions. This extends to outside of training and the use of texts, emails and other messaging services. Inappropriate communication and non-adherence to the CASC Codes of Conduct and Constitution violates the terms of your membership.

The documents mentioned can be found on our website or are charged as part of your role as an official.