

CASC Swim Schedule – September 2022 onward



	Platinum	Diamond	Gold	Silver	Pewter	Bronze	Pre Squad	Fitness/ Atlantis	Masters	Water Polo	Swim School
Mon	ROYAL RUSSELL 7.00-9.00 PM	ROYAL RUSSELL 7.00-9.00 PM	WHITGIFT 6.30-8.30 PM	WOLDINGHAM 6.30-8.00 PM					WHITGIFT 7.00-8.30 PM	WHITGIFT 8:30--9.45 PM	THOMAS MORE 6:00-8:00 PM
Tue	WADDON 7.30-9.00 PM	WADDON 7.30-9.00 PM	WHITGIFT 8.00-9.00 PM	ROYAL RUSSELL 7.30-8.30 PM	WHITGIFT 7.00-8.00 PM	WHITGIFT 7.00-8.00 PM		WHITGIFT 8.00-9.00 PM	ROYAL RUSSELL 8.30-10.00 PM		
Wed	SOUTH NORWOOD 7.15-9.00 PM	SOUTH NORWOOD 7.15-9.00 PM	SOUTH NORWOOD 7.15-8.45 PM	WHITGIFT 7.00-8:30 PM	WHITGIFT 7.30-8:30 PM		WHITGIFT 6.30-7.30 PM		TRINITY 8.30-10.00 PM	TRINITY 7.15-8.15 PM	THOMAS MORE 5:30-6:30 PM
Thu	WHITGIFT 7.00-8.45 PM	WHITGIFT 7.00-8.45 PM			WHITGIFT 7.00-8.30 PM				TRINITY 8.30-10.00 PM (Croydon Striders)	WHITGIFT 8:15--9.45 PM	
Fri	WHITGIFT 5.30-7.00 PM	WHITGIFT 5.30-7.00 PM	WHITGIFT 5.30-7.00 PM	WARLINGHAM 7.45-8.45 PM		WARLINGHAM 6.45-7.45 PM				WHITGIFT 7:00--9.30 PM (regional beacon)	
Sat	WHITGIFT 11.00-1.00 PM LAND TRAINING 10.00-11.00AM	WHITGIFT 11.00-1.00 PM LAND TRAINING 10.00-11.00AM	WHITGIFT 1.00-2.30 PM	WHITGIFT 1.30-3.00 PM	WHITGIFT 2.30-4.00 PM					WHITGIFT 4.00-6.00 PM	WHITGIFT 11.00-1.30 PM
Sun						WHITGIFT 10.00-11.00AM	WHITGIFT 11.00 AM -12.00 PM	WHTGIFT 9.00-10.00 AM		WHITGIFT 12.00-4.00 PM	WHITGIFT 9.00 AM -12.00 PM