



SOUTH NORWOOD – COVID 19 PROTOCOLS

The way that they have structured their protocol is quite simple and straightforward;

1. When entering the building all should bear left and go straight to the pool, through the door which is located underneath the stairs.
2. The swimmers should be going to the session “beach ready” this means with their swimwear on and in clothes that are easy to change out of as there are no changing rooms available **before** swimming.
3. At poolside the swimmers will follow the one way system. They should leave their bags at the opposite side of the lifeguard’s chair.
4. The session should start on the far end of the pool and should finish at the far end of the pool as well.
5. When the session is finished the swimmers will go out following the one way system into the changing rooms where they can get into dry clothes.
6. Exit is through the main entrance.
7. Parents will be allowed to stay in the spectators area, but only if they arrive with the swimmer. Nobody can enter the leisure centre in the middle of the session. Parents who would not be staying need to wait outside the leisure centre until the swimmer finishes the training session. Please bear in mind that the area surrounding the leisure centre is not very well lit, so please be on time and outside the main entrance when picking up your child.
8. Parents who would stay to watch the training will need to go through the door and walk across the pool until you reach the grey exit door. Go right and up the stairs to get to the spectators area. There are going to be overshoes to cover your shoes before you access the pool area, make sure you wear them.
9. Parents need to go through these instructions with their swimmers and make sure that they understand the importance of following all these instructions. Swimmers who do not comply with the social distancing or blatantly disregard the protocols will not be allowed to train and risk being taken out of the pool or not being allowed to go back training until further notice.