



TRINITY SPORTS CLUB

Covid-19 re-opening guidance for Swimming Clubs

In order to protect all members of your group and Trinity Sports Club staff, we have made several changes to our day-to-day operation in order to comply with current government guidance. This is subject to change and is correct as of September 2020.

- **Social distancing**
All Sports Club users must observe social distancing at all times, keeping 2 metres from others when moving around the site. Coaches are not permitted to enter the water unless performing a rescue.
- **Restricted access**
Swimmers and coaches are only allowed access to the Swimming Pool building, and are not permitted to access the main Sports Club building. Parents must stay in their cars and are not allowed into the building to spectate or drop off their children. Changing rooms will be closed but toilets will be open. There is to be a maximum of 30 swimmers in the pool at any time.
- **One-way system**
Swimmers and coaches must enter the Swimming Pool building via the automatic doors, and must exit via the Fire Exit. Once on poolside, swimmers must leave their belongings on one of the taped-off areas marked on the far side of the pool.
- **Cleaning regimes**
We have increased the frequency of our cleaning regimes to ensure the health and safety of all our users and employees. Leisure Attendants will come onto poolside between groups to clean. Floats and other equipment cannot be borrowed. Swimmers are asked not to share their equipment and to clean it after training by submerging it in the pool water.
- **Start/finish times**
Please arrive on time for your activity, but not early. Please leave promptly after the end of your activity and avoid leaving in groups.
- **Emergency Action Plan**
All our regular First Aid and emergency procedures remain in place.
- **Covid-19 Officer**
When booking your session, please make Trinity Sports Club aware of who your Covid-19 Officer is. This person, or someone acting on their behalf, must be present at every session. The Covid-19 Officer should ensure that all swimmers and coaches attending sessions at Trinity Sports Club have signed (parent/guardian signature if under 18) a declaration form stating that they are symptom free, will only attend training if they remain symptom free and are returning to training fully aware of the risks associated with the Covid-19 virus. The Covid-19 Officer must keep a record of everyone who attends a training session at Trinity Sports Club, including coaches.