



## WHITGIFT POOL – COVID 19 PROTOCOLS

The way that Whitgift have structured their protocol is fairly straightforward; however, it will require a lot of instructions to be followed by the swimmers as parents are not allowed in the premises (spectator area closed until further notice\*).

1. All swimmers must arrive 10-15 minutes before the start of their session, in order to allow the entry protocols to be completed.
2. When the swimmers arrive at Whitgift they will need to wait in the area outside the leisure centre, but away from the entrance to allow a clear entry and exit for users of the facility.
3. Here they will be sorted into lanes by the coaches/ Covid liaison volunteers. These lanes will be the one you are swimming in for that session.
4. The swimmers will enter the building in a staggered manner, one lane at a time. The order of entry will be Lanes 3-8, which are the lanes that we (and other clubs) hire.
5. Swimmers will be temperature checked as they enter the sports centre by Nuffield staff, so please bear with them as this may take a few minutes to get through everyone.
6. There will be no changing facilities available, so swimmers must go to the session “pool ready” this means with their swimwear on and in clothes that are easy to change out of and in to.
7. The swimmers will follow the arrows on the floor and will go directly into the pool area (not through the changing area). Once inside the pool area, there will be a section of the spectator area with their lane number on it. This is where swimmers must put their bags and clothes.
8. The session will start at the near end of the pool and will finish at the near end of the pool as well. This is specifically for Croydon Amphibians, as members will enter at the far end of the pool.
9. Finishing the session is staggered as well. The first lane that went in will be the first lane to get out of the pool.
10. Toilet facilities are in use, but there are no showers available at this time.
11. In terms of changing, all swimmers will need to get dry, collect their bags and put on swimzis/ hoodies/ tracksuits etc poolside on top of their swimwear
12. Swimmers will then exit the pool through the changing facility and then out through the fire exit door next to the café area



13. Parents waiting for their swimmers must wait in the Quad area at the bottom of the stairs outside the leisure centre, Swimmers must go to meet them there. There is no facility for swimmers to wait inside the leisure centre, so it is important that parents arrive on time
14. Parents need to go through these instructions with their swimmers and make sure that they understand the importance of following all these instructions. Swimmers that do not comply with the social distancing or blatantly disregard the protocols will not be allowed to train and be taken out of the pool and may not be allowed to go back training until further notice.

*\*At this time, no parents will be allowed into the spectator area. Nuffield however have said that they may be able to make a dispensation for parents of the youngest swimmers if there is a specific reason why a parent needs to be poolside. If you feel this is the case for you, please email our Welfare Officer ([casc\\_welfare@outlook.com](mailto:casc_welfare@outlook.com)) as soon as possible and they will discuss your situation with Nuffield. However, the numbers of spectators on poolside will be capped in the single figures.*