

# **GREENWICH ROYALS SWIMMING CLUB**

## **CODE OF CONDUCT FOR PARENTS, GUARDIANS AND CARERS**

**(You agree to abide by this code of conduct when you sign the Greenwich Royals Swimming Club Membership Form on behalf of a swimmer under the age of 18 years).**

## OBJECTIVES:

**To make parents, guardians or carers of Greenwich Royals Swimming Club (“GRSC”) members aware of their rights and responsibilities.**

- GRSC is fully committed to safeguarding and promoting the wellbeing of all of its members.
- GRSC believes that it is important that swimmers, coaches, helpers and parents, guardians or carers associated with the Club should at all times, show respect and understanding for the safety and welfare of others, as well as safety and welfare of themselves.
- GRSC members are encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the Club with the Club’s Welfare Officer or Club’s Chair.

Should they be unavailable, then you should phone Swimline (0808 100 4001).

**All GRSC parents, guardians or carers are expected to:**

1. Complete and return the GRSC Membership Form (*which includes Health and Consent details*) as requested by the club, and detail any health concerns relevant to the child on the consent form. Any changes in the state of the child's health should be reported to the teacher/coach prior to coaching sessions. You must ensure that GRSC has up to date contact details for you and any alternative person(s).
2. Ensure your child is properly and adequately attired for the training session/events including all required equipment, i.e. hats, goggles etc. (*Make sure all property is identified with the swimmer's name*).
3. Refrain from criticising a teacher/coach in the presence of swimmers and parents, guardians or carers – the bond between swimmers and the coach is important and should not be undermined.
4. Refrain from entering onto poolside during training or competition unless invited to do so by the coach.
5. Make an appointment to discuss any concerns regarding your swimmer with the teacher/coach at a convenient and appropriate time.
6. Actively participate in helping the club progress by offering assistance and support to the coaches and the Committee.
7. Be patient with progress – understand that the journey to the top can be a long one ... and that *“Success is a journey not a destination. The doing is often more important than the outcome”*. (*ASA Long Term Athlete Development 2010*)
8. Encourage your child to abide by the ASA rules for swimming (available at: [www.swimming.org](http://www.swimming.org)), as amended from time to time.
9. Discourage unfair play and arguing with officials and coaches.
10. Help your swimmer to recognise good performance, not just results.
11. Never force your swimmer to take part in swimming.
12. Set a good example by recognising fair play and applauding good performances by ALL swimmers.
13. Never punish or belittle your (or other) swimmer(s) for losing or making mistakes.
14. Publicly accept the officials' judgments.
15. Support your swimmers involvement and help them to enjoy swimming.
16. Encourage and guide swimmers to accept responsibility for their own performance and behaviour.

17. Accept that Bullying will not be tolerated.
18. Abide by any guidelines issued by the Club.
19. Ensure your child's needs are met in terms of nutritional needs and listen to such advice given by the club.

### **Training Sessions: GRSC parents, guardians or carers should. . .**

1. Ensure that your swimmer arrives at training in good time (10–15 minutes) before the start of the session.
2. Inform the Coach before a session if your child is to be collected early from a coaching session / meet, and if so, by whom.
3. Ensure that you arrive to collect your child before the scheduled end of the session.
4. Be supportive and not intrusive, trust the coaches and do not try and interfere with the session. Refrain from communicating with your swimmer(s) during training session, let the coach do the coaching.

### **Open Meets / Galas: GRSC parents, guardians or carers should. . .**

1. Show respect and compliance towards all officials, coaches and chaperones.
2. Behave responsibly as a spectator at training / meets and treat swimmers, coaches, committee members and parents, guardians or carers of GRSC - and other clubs - with due respect, meeting the ASA commitment to Equality, Diversity and Inclusion.
3. Behave in a manner that supports and reflects the good name of GRSC.
4. The Coach is the best judge of a swimmer's performance. The Coach should be your first point of communication before and immediately after an event - for accurate / specific feedback on your swimmer's performance(s).
5. Inform the coach as soon as is practically possible if your swimmer cannot compete or is going to be late for an event they have entered / been chosen to represent the Club.
6. Most of all help your child enjoy the sport and achieve to the best of their ability.