

# GREENWICH ROYALS SWIMMING CLUB CLUB CHAMPIONSHIP RECORDS

as at 31 December 2017

Ladies					Mens					
9&U Years	10/11 Years	12/13 Years	Junior	Open	9&U Years	10/11 Years	12/13 Years	Junior	Open	
50m	Martyna KARABACZ 39.18 2017	Danai LAKATOS 33.72 2017	Chloe JENKINS 30.5 2017	Elen STEPAN 28.19 2017	Elen STEPAN 28.19 2017	Joshua SCANLAN 40.48 2017	Theo TREADWELL 33.22 2017	Illa ZYP 29.25 2017	Bradley KHIZZAH 27.13 2017	Thomas HELLEWELL 26.33 2017
100m	Martyna KARABACZ 1:22.71 2017	Danai LAKATOS 1:11.75 2017	Chloe JENKINS 1:05.96 2017	Elen STEPAN 1:00.54 2017	Elen STEPAN 1:00.54 2017	Phoenix CHE-LAI 1:53.44 2017	Theo TREADWELL 1:10.71 2017	Illa ZYP 1:03.70 2017	Bradley KHIZZAH 58.66 2017	Victor DEL RIO FOCES 55.96 2017
200m	Martyna KARABACZ 3:11.03 2017	Danai LAKATOS 2:40.72 2017	Chloe JENKINS 2:26.97 2017	Elen STEPAN 2:13.05 2017	Elen STEPAN 2:13.05 2017	Phoenix CHE-LAI 4:18.86 2017	Theo TREADWELL 2:35.63 2017	Illa ZYP 2:18.28 2017	Matthew HARDING 2:13.67 2017	Victor DEL RIO FOCES 2:03.19 2017
400m	Martyna KARABACZ 6:37.55 2017	Danai LAKATOS 5:43.43 2017	Melissa KHIZZAH 5:03.79 2017	Elen STEPAN 4:50.00 2017	Elen STEPAN 4:50.00 2017	Phoenix CHE-LAI 9:05.66 2017	Theo TREADWELL 5:28.66 2017	Nathan CHAPMAN 4:49.80 2017	Matthew HARDING 4:46.52 2017	Connor PPREUNDSCHUH 4:42.81 2017
800m										
1500m										
50m	Martyna KARABACZ 50.53 2017	Annabella COTTRELL 36.49 2017	Melissa KHIZZAH 33.8 2017	Elen STEPAN 32.34 2017	Elen STEPAN 32.34 2017	Joshua SCANLAN 53.31 2017	Theo TREADWELL 39.76 2017	Illa ZYP 30.43 2017	Illa ZYP 30.43 2017	Thomas HELLEWELL 29.02 2017
100m	Martyna KARABACZ 48.14 2017	Danai LAKATOS 1:27.14 2017	Melissa KHIZZAH 1:15.09 2017	Melissa KHIZZAH 1:15.09 2017	Melissa KHIZZAH 1:15.09 2017	Joshua SCANLAN 2:06.19 2017	Matthew MARSH 1:27.32 2017	Illa ZYP 1:07.68 2017	Illa ZYP 1:07.68 2017	Connor PPREUNDSCHUH 1:07.20 2017
200m		Annabella COTTRELL 3:27.43 2017	Melissa KHIZZAH 2:40.16 2017	Melissa KHIZZAH 2:40.16 2017	Melissa KHIZZAH 2:40.16 2017		Matthew MARSH 3:20.34 2017	Nathan CHAPMAN 2:36.59 2017	Matthew HARDING 2:36.39 2017	Connor PPREUNDSCHUH 2:28.81 2017
50m	Martyna KARABACZ 42.57 2017	Annabella COTTRELL 38.99 2017	Chloe JENKINS 34.98 2017	Elen STEPAN 32.13 2017	Elen STEPAN 32.13 2017	Joshua SCANLAN 50.21 2017	Theo TREADWELL 39.15 2017	Nathan CHAPMAN 34.82 2017	Matthew HARDING 32.27 2017	Thomas HELLEWELL 30.15 2017
100m	Martyna KARABACZ 1:30.17 2017	Danai LAKATOS 1:22.87 2017	Chloe JENKINS 1:12.86 2017	Elen STEPAN 1:09.27 2017	Elen STEPAN 1:09.27 2017	Joshua SCANLAN 1:52.57 2017	Theo TREADWELL 1:19.08 2017	Nathan CHAPMAN 1:15.79 2017	Matthew HARDING 1:11.65 2017	Victor DEL RIO FOCES 1:02.70 2017
200m	Martyna KARABACZ 03:17.4 2017	Danai LAKATOS 2:58.20 2017	Melissa KHIZZAH 2:40.66 2017	Elen STEPAN 2:31.69 2017	Elen STEPAN 2:31.69 2017	Phoenix CHE-LAI 4:42.02 2017	Theo TREADWELL 2:54.39 2017	Nathan CHAPMAN 2:39.48 2017	Joshua SANDS 2:35.83 2017	Thomas HELLEWELL 2:20.99 2017
50m	Myriam OLSEN 55.79 2017	Danai LAKATOS 46.97 2017	Melissa KHIZZAH 37.92 2017	Elen STEPAN 36.67 2017	Elen STEPAN 36.67 2017	Joshua SCANLAN 56.81 2017	James BARNES 43.36 2017	Illa ZYP 37.98 2017	Bradley KHIZZAH 34.25 2017	Bradley KHIZZAH 34.25 2017
100m	Myriam OLSEN 2:01.60 2017	Danai LAKATOS 1:38.47 2017	Melissa KHIZZAH 1:21.88 2017	Elen STEPAN 1:16.60 2017	Elen STEPAN 1:16.60 2017	Benjamin DALY 2:28.03 2017	James BARNES 1:33.70 2017	Illa ZYP 1:21.03 2017	Bradley KHIZZAH 1:14.92 2017	Bradley KHIZZAH 1:14.92 2017
200m	Martyna KARABACZ 4:12.82 2017	Danai LAKATOS 3:27.92 2017	Melissa KHIZZAH 2:56.98 2017	Elen STEPAN 2:49.97 2017	Elen STEPAN 2:49.97 2017		James BARNES 3:26.82 2017	Illa ZYP 2:56.67 2017	Bradley KHIZZAH 2:55.43 2017	Bradley KHIZZAH 02:55.4 2017
100m	Martyna KARABACZ 1:43.45 2017	Annabella COTTRELL 1:25.70 2017	Melissa KHIZZAH 1:16.73 2017	Elen STEPAN 1:10.90 2017	Elen STEPAN 1:10.90 2017	Joshua SCANLAN 1:47.28 2017	Theo TREADWELL 1:24.62 2017	Illa ZYP 1:13.66 2017	Bradley KHIZZAH 1:09.45 2017	Thomas HELLEWELL 1:06.74 2017
200m	Martyna KARABACZ 3:32.71 2017	Danai LAKATOS 2:59.60 2017	Melissa KHIZZAH 2:40.32 2017	Elen STEPAN 2:32.79 2017	Elen STEPAN 2:32.79 2017		Theo TREADWELL 3:01.03 2017	Nathan CHAPMAN 2:37.30 2017	Joshua SANDS 2:35.39 2017	Victor DEL RIO FOCES 2:20.68 2017
400m		Annabella COTTRELL 6:43.12 2017	Melissa KHIZZAH 5:35.75 2017	Elen STEPAN 5:22.26 2017	Elen STEPAN 5:22.26 2017		Theo TREADWELL 6:23.53 2017	Nathan CHAPMAN 5:24.37 2017	Nathan CHAPMAN 5:24.37 2017	Nathan CHAPMAN 5:24.37 2017

## TOP 10 ALL TIME DECATHLON SCORES

1	Martyna KARABACZ 1,859 2017	Annabella COTTRELL 2,855 2017	Melissa KHIZZAH 4,345 2017	Elen STEPAN 5,341 2017	Elen STEPAN 5,341 2017	1	Phoenix CHE-LAI 449 2017	Theo TREADWELL 2,318 2017	Illa ZYP 3,455 2017	Bradley KHIZZAH 3,683 2017	Bradley KHIZZAH 3,683 2017
2	Ella GREER 711 2017	Danai LAKATOS 2,790 2017	Chloe JENKINS 3,631 2017	Melissa KHIZZAH 4,345 2017	Melissa KHIZZAH 4,345 2017	2	Joshua SCANLAN 399 2017	James BARNES 1,958 2017	Nathan CHAPMAN 3,188 2017	Matthew HARDING 3,582 2017	Matthew HARDING 3,582 2017
3	Wima WILLIAMSON 703 2017	Erica MGLINGHEY 2,637 2017	Emilija VERBAITYTE 3,591 2017	Matilda JARVIS 3,770 2017	Chloe MANGINI 3,770 2017	3	Benjamin DALY 189 2017	Lukas MALASAYEU 1,628 2017	Balazs SZUHODOVSZKY 2,904 2017	Illa ZYP 3,455 2017	Illa ZYP 3,455 2017
4	Myriam OLSEN 664 2017	Alex HOPE 2,349 2017	Hannah RAYNER 3,590 2017	Chloe JENKINS 3,631 2017	Matilda JARVIS 3,770 2017	4	Ben GEDEN 120 2017	Harry GALLAGHER-FRANC 1,615 2017	Jacob WALKER 2,256 2017	Nathan CHAPMAN 3,188 2017	Thomas HELLEWELL 3,443 2017
5	Veronique CROZET 458 2017	Arnie SANDERS 1,801 2017	Beatrice HARRISON 3,355 2017	Emilija VERBAITYTE 3,591 2017	Chloe JENKINS 3,631 2017	5		Matthew MARSH 1,608 2017	Lewis FISHER 1,780 2017	Balazs SZUHODOVSZKY 2,904 2017	Nathan CHAPMAN 3,188 2017
6	Nivana CHE-LAI 442 2017	Ella-Louise DOYLE 1,784 2017	Elsbeth OLIVER 3,062 2017	Hannah RAYNER 3,590 2017	Emilija VERBAITYTE 3,591 2017	6		Leo WALKER 1,370 2017	Lewis GIBBS 1,662 2017	Theo TREADWELL 2,318 2017	Balazs SZUHODOVSZKY 2,904 2017
7	Sive ABRAHAM 432 2017	Fiona CULLEN 1,667 2017	Zoi LAKATOS 2,974 2017	Kirsty MOORE 3,420 2017	Hannah RAYNER 3,590 2017	7		Igor BUBEN 1,301 2017	Harvey MAUNDERS 1,544 2017	Jacob WALKER 2,256 2017	Theo TREADWELL 2,318 2017
8	Eliza PITT 418 2017	Elisabeth HUILLE 1,518 2017	Amelie BROOKS 2,379 2017	Beatrice HARRISON 3,355 2017	Kirsty MOORE 3,420 2017	8		Liam JENKINS 1,220 2017	Siraj SHRESTHA 1,193 2017	Luca TREADWELL 2,063 2017	Connor PPREUNDSCHUH 2,287 2017
9	Elizabeth HAMER 390 2017	Nikki F.ETMINANI 1,492 2017	Isobel BROWN 2,106 2017	Boushra CHENAF 3,294 2017	Beatrice HARRISON 3,355 2017	9		Ismail ELWAKEEL 1,205 2017	Mario RODRIGUEZ 873 2017	Joshua SANDS 2,050 2017	Jacob WALKER 2,256 2017
10	Rose CLARKE-WILLIAMS 326 2017	Camila MORILLO REYES 1,066 2017	Sarah HAMOUDI 1,820 2017	Elsbeth OLIVER 3,062 2017	Boushra CHENAF 3,294 2017	10		Alexander BROWN 1,203 2017	Joshua DOHERTY 724 2017	James BARNES 1,958 2017	Luca TREADWELL 2,063 2017