

Notes to Coaches and Team Managers

1. Please note that access to the deck area is controlled. Each club will have a pack containing all the information for that club. This should be collected from the entrance control point. We will aim to let people onto the deck as soon as we can but please encourage your swimmers not to turn up until 9.45am as we cannot get access to the centre until 9 am and need a few minutes to complete set up. Swimmers will not get access until team managers have collected your club's pack.
2. Some swimmers will be arriving later in the day. Can you please ensure they have a means of contacting you as they will not be allowed onto the deck area until they have been collected.
3. As part of your coach pass you will receive a packed lunch .Tea and coffee and water will be available throughout the day.
4. If you have a swimmer who comes in **the 1st three** in the following age group events

1.5 K 12, 13, 14 year old

3K 15, 16 year old

5K 17-18 year old, 19+

And the swimmer does not have a qualifying pool time then they are eligible to swim in the Open Water National Event. It would help me as organiser if we can confirm name, ASA number, e mail and telephone contact details as I have to provide these to the ASA.

5. The event has run very smoothly over the last few years and this in part down to your help. Please ensure your swimmers are at the briefing (if for any reason they are going to be late please let us know as soon as possible). Due to the longer distances being swum the timetable is quite tight so we need to be as organised as possible. We would appreciate your assistance in getting the swimmers sorted before the start of the race especially the younger ones.

If you do have any questions before the day which are not covered then please feel free to contact me at richardswimlon@hotmail.co.uk and thank you once again for your continued support.