Affiliated to ASA London Region and Kent County ASA



# **RISING STARS MEET 2016**

(Under ASA Laws and FINA Rules of Swimming)
LEVEL 3 LICENSED SHORT COURSE OPEN MEET
LICENCE NO. 3LR160689

ON SUNDAY, 20 NOVEMBER 2016

THE SPA, 24 BECKENHAM ROAD, BECKENHAM, KENT, BR3 4PF

### PROMOTER'S CONDITIONS

#### **Meet Level**

1. The Meet is licensed at Level 3, licence number 3LR160689, and will be run under ASA laws, FINA Technical Rules of Swimming and these promoter's conditions. The competition is open to all swimmers who are at least 9 years old on the day of the Meet, and who are registered competitive members of the ASA.

### Age Groups

2. The competition will be swum in the following age bands: 9, 10, (9/10 for 100m freestyle, breaststroke, butterfly and backstroke), 11, 12, 13, 14 and Over (with age determined as at Midnight, 20 November 2016).

#### Pool

3. The competition will be held in an 8 lane, 25m pool with anti-wave lane ropes. Electronic timing and display shall be in operation.

### **Events and Entries**

- 4. Events are 50m and 100m all strokes (there will be a combined age of 9/10 for 100m freestyle, breaststroke, butterfly and backstroke), 100m IM, 200m IM and 200m freestyle for all age groups.
- 5. Entries must be made on the official individual entry form **OR submitted electronically using the**Sportsystems software that can be downloaded from our website at
  <a href="https://www.beckenhamswimmingclub.com">www.beckenhamswimmingclub.com</a> (on the Open Meets page). Entries not submitted electronically will incur an administrative charge of £5/competitor.
- 6. Entries will be accepted on a **first come**, **first served** basis, up to and including the closing date on Saturday, 29 October 2016 (midnight).

### **Fees and Payment**

- 7. The entry fee shall be £5.50 per event.
- 8. Coach passes are £15.00 each (for entry, a programme, refreshments, and a 'finger lunch'). Results shall be posted on our website soon after the meet. Only swimmers and those persons displaying a coach pass will be allowed on poolside.
- 9. Payment for entries and coach passes must be made by either a single cheque per club, to "Beckenham Swimming Club" or by BACS payment (details on the Summary Form). Individual entries can also apply.
- 10. Spectator entry will be by colour-coded wristbands. Entry fees are £4.00 per session/£6.00 per day. If only attending the morning session £6 will be charged, however, on return of your wrist band and before the start of the afternoon session a £2 refund will be given. Children under the age of 10 will gain entry free of charge.

### The Competition

Over the Top Starts may be operated at the discretion of the Promoter (except for backstroke). The heats will be run all ages seeded together and the final heat of each event will be spearheaded.

### **Awards and Trophies**

- 12. The following shall apply:
  - Medals will be awarded for the top three places, and badges for the next three.

#### **Data Protection**

13. Meet entries will be managed on a computer. Your consent to the holding of personal information for the purposes of the Meet shall be treated as being given by the submission of your entries, as shall your consent for such details to be published both during and after the Meet.

### **Qualifying Times**

- There are Qualifying Times (Lower Limit and Upper Limit Times) for this Meet. Submitted times MUST be equal to or faster than the Qualifying Times AND slower than the Upper Limit Times. Please submit 25m pool times (long course conversion times will be accepted).
- 15. The Promoter may check the ASA's Rankings tables for times achieved by swimmers 12 months before the Meet. If a faster time is recorded in the Rankings tables for the swimmer, the Promoter will substitute the entered time with the Rankings time. Any times submitted (or substituted from the Rankings tables) which are faster than the relevant Upper Limit Times shall be ignored and the proposed entry discounted with no refund being given. Speeding tickets shall NOT apply.

### Video/Photography

16. Anyone wishing to take still or digital photography (including using mobile phones to do this), must in accordance with the ASA Child Protection guidelines, register themselves with the Promoter on entry to the Meet.

### **Administration of the Meet**

- 17. There will be two sessions. A card-less entry system shall be used. Swimmers must sign in at the relevant desk at least 65 minutes before the start of the session.
- 18. Swimmers in the first event of each session MUST report to the clerks of the course at least 10 minutes before the start of the session, and others at least one event before the start of the event in which they are swimming. It is the swimmers and their coaches responsibility that they report to the clerks of the course on time.
- 19. The promoter reserves the right to refuse admission to any spectator, coach or swimmer.
- 20. Conditions not covered in these competition rules shall be dealt with in accordance with the laws of the sport and at the discretion of the promoter.
- 21. Entries should be made on (subject to condition '5' above) the Individual Entry Form, or on the supplied disk/entry file and Club Summary Entry Form and sent to:

Emma Middleton 63 Manor Way Beckenham Kent BR3 3LN

Email Address: openmeets@beckenhamswimmingclub.com

### Officials

22. It is the responsibility of Regional Licensing Officers to ensure that the 'ASA Open Meet Licensing Criteria' is followed. It is not looked favourably upon any Open Meet that cannot provide the appropriate number of licensed and qualified officials to ensure the competition is compliant with the criteria. The ultimate sanction could be that the meet would be downgraded to a lower licence level and/or the times recorded by swimmers would not be allowed into 'rankings' as at that date/level. In order to maintain the licence, we request that each club entering 5 or more swimmers provides at least 2 qualified J1 or above officials to cover ALL sessions fully.

Any queries about the meet, please contact the Promoter: openmeets@beckenhamswimmingclub.com

CLOSING DATE: Saturday, 29 October 2016 (midnight)

Affiliated to ASA London Region and Kent County ASA



## **RISING STARS MEET 2016**

(Under ASA Laws and FINA Rules of Swimming)
LEVEL 3 LICENSED SHORT COURSE OPEN MEET

LICENCE NO. 3LR160689

**ON SUNDAY, 20 NOVEMBER 2016** 

THE SPA, 24 BECKENHAM ROAD, BECKENHAM, KENT, BR3 4PF

### **PROGRAMME**

Session 1

Signing In Book will Close: 08:30 Hrs Session Shall Start: 09:35 Hrs Warm Up Shall Start: 08:30 Hrs Estimated Finish (TBC): 12.35 Hrs

Warm Up Ends at: 09:30 Hrs

Event 1	Boys	200m	Freestyle
Event 2	Girls	200m	IM
Event 3	Boys	50m	Breaststroke
Event 4	Girls	50m	Freestyle
Event 5	Boys	100m	Butterfly
Event 6	Girls	100m	Backstroke
Event 7	Boys	50m	Backstroke
Event 8	Girls	50m	Butterfly
Event 9	Boys	100m	Breaststroke
Event 10	Girls	100m	Freestyle
Event 11	Boys	100m	IM

### Session 2

Signing In Book will Close: 13:30 Hrs Session Shall Start: 14:35 Hrs Warm Up Shall Start: 13:30 Hrs Estimated Finish (TBC): 17.35 Hrs

Warm Up Ends at: 14:30 Hrs

PLEASE NOTE THAT THE TIMES FOR THIS SESSION SHALL BE CONFIRMED ONCE ALL THE ENTRIES ARE IN, BUT SET OUT BELOW ARE SOME GUIDE TIMES. ACTUAL TIMES COULD BE UP TO 1 HR EARLIER THAN THOSE SET OUT.

Event 12	Girls	200m	Freestyle
Event 13	Boys	200m	IM
Event 14	Girls	50m	Breaststroke
Event 15	Boys	50m	Freestyle
Event 16	Girls	100m	Butterfly
Event 17	Boys	100m	Backstroke
Event 18	Girls	50m	Backstroke
Event 19	Boys	50m	Butterfly
Event 20	Girls	100m	Breaststroke
Event 21	Boys	100m	Freestyle
Event 22	Girls	100m	IM

# **QUALIFYING TIMES**

Age as at 20th November 2016

Please submit short course times. Long course conversions will be accepted. Entries are accepted on a first come, first served basis.

# **BOYS**

**Qualifying Times** (your times must be equal to or faster than these times)

	EVENT	9 Years	10 Years	11 Years	12 Years	13 Years	14+ Years
50m	Freestyle	53.70	49.90	47.70	42.20	38.30	32.70
100m	Freestyle	1.4	4.30	1.40.30	1:31.50	1:22.90	1:10.50
200m	Freestyle	4:20.50	4:02.10	3:47.30	3:23.90	3:00.70	2:33.10
50m	Breaststroke	1:09.50	1:04.20	1:01.90	55.20	49.00	41.30
100m	Breaststroke	2:1	0.90	2.06.30	1:56.10	1:45.30	1:28.80
50m	Butterfly	1:00.10	56.50	53.00	47.90	42.50	35.80
100m	Butterfly	1:5	7.10	1.52.50	1:42.90	1:32.90	1:17.70
50m	Backstroke	1:01.70	57.10	54.80	47.10	43.80	37.30
100m	Backstroke	1:5	8.90	1.52.00	1:43.10	1:32.90	1:18.30
100m	Individual Medley	2:34.10	2:17.90	2:08.50	1:56.90	1:44.40	1:36.80
200m	Individual Medley	4.24.00	4:12.00	4.00.00	3:45.00	3.26.30	3.08.90

# **Upper Limits** (your times must not be faster than these)

	EVENT	9 Years	10 Years	11 Years	12 Years	13 Years	14+ Years
50m	Freestyle	32.00	31.50	30.70	29.50	28.40	25.60
100m	Freestyle	1:0	8.30	1.06.30	1:03.20	1.00.30	55.40
200m	Freestyle	2:35.00	2:28.50	2:24.60	2:18.50	2:11.30	2:02.50
50m	Breaststroke	45.00	43.00	41.30	38.00	36.00	32.50
100m	Breaststroke	1:2	7.50	1.26.20	1:22.20	1:18.10	1:10.60
50m	Butterfly	37.00	35.50	33.30	32.20	31.40	28.10
100m	Butterfly	1:10	6.20	1.13.30	1:10.30	1:08.70	1.01.50
50m	Backstroke	37.00	35.50	34.50	33.30	32.40	29.20
100m	Backstroke	1:18	8.10	1.15.40	1:11.80	1:08.70	1:02.20
100m	Individual Medley	1:35.40	1:17.00	1:14.20	1:12.00	1:10.70	1:06.70
200m	Individual Medley	2.54.90	2:47.20	2.41.40	2:36.00	2.31.60	2.17.60

**All events HDW** 

# **QUALIFYING TIMES**

Age as at 20th November 2016

Please submit short course times. Long course conversions will be accepted. Entries are accepted on a first come, first served basis.

# **GIRLS**

Qualifying Times (your times must be equal to or faster than these times)

	EVENT	9 Years	10 Years	11 Years	12 Years	13 Years	14+ Years
50m	Freestyle	51.50	48.10	45.00	41.30	37.70	34.40
100m	Freestyle	1:4	4.10	1:38.30	1:29.30	1:20.70	1:13.90
200m	Freestyle	4:08.50	3:47.00	3:29.80	3:04.50	2:54.60	2:39.60
50m	Breaststroke	1:07.00	1:02.30	57.90	51.30	47.60	43.30
100m	Breaststroke	2:1	0.00	2:05.90	1:51.60	1:42.30	1:31.90
50m	Butterfly	57.70	53.50	49.30	43.30	41.20	37.40
100m	Butterfly	1:5	6.90	1:50.60	1:40.30	1:29.70	1:21.10
50m	Backstroke	59.20	54.10	50.80	46.70	42.70	38.90
100m	Backstroke	1:5	7.10	1:50.70	1:40.20	1:30.00	1:22.20
100m	Individual Medley	2:33.10	2:18.30	2:07.50	1:54.90	1:43.40	1:35.20
200m	Individual Medley	4.18.60	4:07.60	3.55.60	3:40.00	3.25.10	3.15.40

# **Upper Limits** (your times must not be faster than these)

EVENT	9 Years	10 Years	11 Years	12 Years	13 Years	14+ Years
50m Freestyle	37.27	34.50	32.60	31.00	30.10	29.10
100m Freestyle	1:1	2.00	1:09.10	1:06.00	1:04.50	1:02.30
200m Freestyle	3:00.42	2:39.00	2:28.20	2:23.00	2:18.20	2:13.90
50m Breaststroke	49.09	45:00	42.00	39:00	38.00	36.40
100m Breaststroke	1:3	0.00	1:27.80	1:23.00	1:21.00	1:17.70
50m Butterfly	42.40	36.00	35.00	34.00	33.00	31.60
100m Butterfly	1:2	1.00	1:18.90	1:15.10	1:11.40	1:08.80
50m Backstroke	43.09	37:00	36.10	35.10	34.10	32.90
100m Backstroke	1:2	3.00	1:19.10	1:14.90	1:11.60	1:08.90
100m Individual Medley	1:35.21	1:16.50	1:14.30	1:12.10	1:10.10	1:06.00
200m Individual Medley	2.54.80	2:49.00	2.44.20	2:35.00	2.28.20	2.25.90

All events HDW

Affiliated to ASA London Region and Kent County ASA



# **RISING STARS MEET 2016**

(Under ASA Laws and FINA Rules of Swimming)
LEVEL 3 LICENSED SHORT COURSE OPEN MEET

LICENCE NO. 3LR160689

ON SUNDAY, 20 NOVEMBER 2016
THE SPA, 24 BECKENHAM ROAD, BECKENHAM, KENT, BR3 4PF

SURNAME_		
		MALE/FEMALE (Please delete as appropriate
FIRST NAME	MIDDLE NAME OR INITIAL	
DATE OF BIF	RTH (dd/mm/yyyy)	AGE ON 20/11/16
	Event	Entry Time
	50m Freestyle	
	100m Freestyle	
	200m Freestyle	
	50m Back	
	100m Back	
	50m Breast	
	100m Breast	
	50m Fly	
	100m Fly	
	100m IM (4 x 1 LENGTHS)	
	200m IM	
No. of entries.	@ £5.50 = £	
Paper entry fe	e @ £5 £	TOTAL £

CLOSING DATE: 29 October 2016 - ON A FIRST COME FIRST SERVED BASIS

Please return completed forms (if making paper entries) together with payment and Entries Summary to: Emma Middleton, 63 Manor Way, Beckenham, Kent. BR3 3LN.

Affiliated to ASA London Region and Kent County ASA



# **RISING STARS MEET 2016**

(Under ASA Laws and FINA Rules of Swimming)
LEVEL 3 LICENSED SHORT COURSE OPEN MEET

LICENCE NO. 3LR160689 ON SUNDAY, 20 NOVEMBER 2016 THE SPA, 24 BECKENHAM ROAD, BECKENHAM, KENT, BR3 4PF

\$	SUMMARY FORM
Girls' Entries	
Boys' Entries	
TOTAL NO. OF ENTRIES	@ £5.50 = £
No. of Competitors (not entries) using	paper @ £5.00 = £
Coach Passes (max. 2 per club)	@ £15.00 = £
	Total Fees = £
Please email electronic en	ntries to openmeets@beckenhamswimmingclub.com
	fficial individual entry forms. If paying by cheque a single club cheque o" (please do not abbreviate) are sent to Mrs E Middleton, 63 Manor nline, please use the following details:-
Beckenham Swimming Club NatWest Bank Sort Code: 60-02-12 Account No: 53666615 Please reference payment RS/Club Name	
	<u>Declaration</u>
<ul><li>a) All entrants are eligible competitor</li><li>b) All entrants accept the Promoters</li></ul>	rs and are registered members of the club named below. conditions.
Signed	Tel No
Club Official	Club
Address	
IN CAPITAL LETTERS PLEASE:	

Email Address\_