

GRSC COVID Return to Training timetable

Starting: Monday 15th January 2022 until further notice

Age Group Performance

9 Sessions

12.5 (13.5) Hours

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
a.m.	X	Greenwich Centre 06:00-07:00 1 Hour Kim	X	Greenwich Centre 06:00-07:00 1 Hour Kim	Greenwich Centre 06:00-07:00 1 Hour Kim	X	LAC 08:00-10:00 2Hours 1 st , 3 rd & 5 th Sun's of month Kim/Roy
p.m.	Thamesmere 19:30-21:00 1.5 Hours Kim	Eltham Centre 20:00-21:30 1.5 Hours Kim	X	Waterfront 19:00-21:00 2 Hour Kim	Greenwich Centre 19:30-21:30 2.00 Hour Kim	Eric Liddell 16:30-18:00 1.5 Hours Helen	Eric Liddell 18:00-19:00 1 Hour 2 nd & 4 th Sun's of month Kim