

GRSC Training timetable

Starting 8th May 2023 until further notice

Bronze

4 Sessions

4 Hours

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
a.m.	X	X	X	X	X	X	X
p.m.	X	Eltham Centre 19.00-20.00 1 Hour	X	Eltham Centre 19.15-20.15 1 Hour	Waterfront 19.00-20.00 1 Hour	X	Greenwich Centre 13.00-14.00 1 Hour