

GRSC Training timetable

Starting 8th May 2023 until further notice

Club

3 Sessions

3 Hours

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
a.m.	X	X	X	X	X	X	X
p.m.	X	X	Greenwich Centre 19.30-20.30 1 Hour	X	Greenwich Centre 20.30-21.30 1 Hour	X	Greenwich Centre 13.00-14.00 1 Hour