

GRSC COVID Return to Training timetable

Starting: Monday 4th October 2021 until further notice

Gold (Academy)

6 Sessions

6.5 (7.5) Hours

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
a.m.	X	X	X	X	X	Colfe's School 06:45-7:45 1 Hour Chanel	LAC 08:00-10:00 2Hours 2 nd & 4 th Sun's of month Helen/Roy
p.m.	X	Eltham Centre 19:00-20:00 1 Hour Chanel	Thamesmere 19:30-21:00 1.5 Hours Chanel	Shooters Hill VI Form College 20:00-21:00 1 Hour Chanel/Andrew	Waterfront 20:00-21:00 1Hour Chanel	X	Eric Liddell 18:00-19:00 1 Hour 1 st , 3 rd & 5 th Sun's of month Helen / Chanel