

# GRSC COVID Return to Training timetable

Starting: Monday 4<sup>th</sup> October 2021 until further notice

## Masters (Training)

5 Sessions

5.5 Hours

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
a.m.	X	X	Greenwich Centre 06:00-07:00 1 Hour Helen	X	Greenwich Centre 06:00-07:00 1 Hour Kim	X	X
p.m.	X	X	Greenwich Centre 20:30-21:30 1 Hour TBA	Eltham 20:00-21:30 1.5 Hour Jake	X	X	Greenwich Centre 16:00-17:00 1 Hour Helen