

GRSC COVID Return to Training timetable

Starting: Monday 4th October 2021 until further notice

Platinum (Academy)

7 Sessions

9.0 (10:00) Hours

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
a.m.	Greenwich Centre 06:00-07:00 1 Hour Helen	X	X	X	X	X	LAC 08:00-10:00 2Hours 2 nd & 4 th Sun's of month Helen/Roy
p.m.	X	Eltham Centre 20:00-21:30 1.5 Hours Helen	Thamesmere 19:30-21:00 1.5 Hours Helen	Eltham Centre 20:00-21:30 1.5 Hours Helen	Waterfront 20:00-21:00 1Hour Helen	Eric Liddell 17:30-19:00 1.5 Hours Helen	Eric Liddell 18:00-19:00 1 Hour 1 st , 3 rd & 5 th Sun's of month Helen / Chanel