

GRSC Training timetable

Starting: Monday 31st October 2022 until further notice

Learn to Swim (Stages 1-4) - All sites -

1 Sessions

0.5 Hour

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
a.m.	X	X	X	X	X	Colfes 07:45-08:15 08:15-08:45 30 minutes Chanel/Helen +	X
p.m.	X	X	X	Shooters Hill VI Form College 18:30-19:00 (Stages 1-3) 19:00-19:30 (Stage 4) 30 minutes Chanel/Helen +	X	Colfes 18:30-19:00 19:00-19:30 30 minutes Chanel/Helen +	Shooters Hill VI Form College 18:30-19:00 30 minutes Chanel/Helen +