

GRSC Training timetable

Starting: Monday 31st October 2022 until further notice

Pre-Academy 1,2,3 - All sites -

1 Sessions

1 Hours

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
a.m.	X	X	X	X	X	Colfes 07:45-08:45 1 Hour Chanel/Helen +	Greenwich Centre 08:00-09:00 1 Hour Chanel/Helen +
p.m.	X	X	X	Shooters Hill VI Form College 19:00-20:00 Chanel/Helen +	X	Colfes 18:30-19:30 1 Hour Chanel/Helen +	Greenwich Centre 14:00-15:00 15:00-16:00 Shooters Hill 19:00-20:00 Chanel/Helen +