

Saturday 3rd November 2018			Sunday 4th November 2018		
Session 1 Warm up 8am; Start 9am			Session 3 Warm up 8am; Start 9am		
101	Boys 200m Individual Medley	Heats	301	Girls 200m Individual Medley	Heats
102	Girls 200m Backstroke	Heats	302	Boys 200m Backstroke	Heats
103	Boys 100m Freestyle	Heats	303	Girls 100m Freestyle	Heats
104	Girls 100m Breaststroke	Heats	304	Boys 100m Breaststroke	Heats
105	Boys 50m Backstroke	Heats	305	Girls 50m Backstroke	Heats
106	Girls 50m Butterfly	Heats	306	Boys 50m Butterfly	Heats
107	Boys 200m Butterfly	Heats	307	Girls 200m Butterfly	Heats
108	Girls 400m Freestyle	HDW	308	Boys 400m Freestyle	HDW
Short Break					
109	Boys 16/u 200m IM	Final	309	Girls 16/u 200m IM	Final
110	Boys 17/o 200m IM	Final	310	Girls 17/o 200m IM	Final
111	Girls 16/u 200m Backstroke	Final	311	Boys 16/u 200m Backstroke	Final
112	Girls 17/o 200m Backstroke	Final	312	Boys 17/o 200m Backstroke	Final
113	Boys 16/u 100m Freestyle	Final	313	Girls 16/u 100m Freestyle	Final
114	Boys 17/o 100m Freestyle	Final	314	Girls 17/o 100m Freestyle	Final
115	Girls 16/u 100m Breaststroke	Final	315	Boys 16/u 100m Breaststroke	Final
116	Girls 17/o 100m Breaststroke	Final	316	Boys 17/o 100m Breaststroke	Final
117	Boys 16/u 50m Backstroke	Final	317	Girls 16/u 50m Backstroke	Final
118	Boys 17/o 50m Backstroke	Final	318	Girls 17/o 50m Backstroke	Final
119	Girls 16/u 50m Butterfly	Final	319	Boys 16/u 50m Butterfly	Final
120	Girls 17/o 50m Butterfly	Final	320	Boys 17/o 50m Butterfly	Final
121	Boys 16/u 200m Butterfly	Final	321	Girls 16/u 200m Butterfly	Final
122	Boys 17/o 200m Butterfly	Final	322	Girls 17/o 200m Butterfly	Final
Session 2 Warm up 1pm & Start 2pm (times are estimated)			Session 4 Warm up 1pm & Start 2pm (times are estimated)		
201	Girls 100m Butterfly	Heats	401	Boys 100m Butterfly	Heats
202	Boys 200m Freestyle	Heats	402	Girls 200m Freestyle	Heats
203	Girls 200m Breaststroke	Heats	403	Boys 200m Breaststroke	Heats
204	Boys 100m Backstroke	Heats	404	Girls 100m Backstroke	Heats
205	Girls 50m Freestyle	Heats	405	Boys 50m Freestyle	Heats
206	Boys 50m Breaststroke	Heats	406	Girls 50m Breaststroke	Heats
207	Girls 400m Individual Medley	HDW	407	Boys 400m Individual Medley	HDW
208	Mixed 1500m Freestyle	HDW	408	Mixed 800m Freestyle	HDW
Short Break					
209	Girls 16/u 200m Breaststroke	Final	409	Boys 16/u 200m Breaststroke	Final
210	Girls 17/o 200m Breaststroke	Final	410	Boys 17/o 200m Breaststroke	Final
211	Boys 16/u 100m Backstroke	Final	411	Girls 16/u 100m Backstroke	Final
212	Boys 17/o 100m Backstroke	Final	412	Girls 17/o 100m Backstroke	Final
213	Girls 16/u 50m Freestyle	Final	413	Boys 16/u 50m Freestyle	Final
214	Girls 17/o 50m Freestyle	Final	414	Boys 17/o 50m Freestyle	Final
215	Boys 16/u 50m Breaststroke	Final	415	Girls 16/u 50m Breaststroke	Final
216	Boys 17/o 50m Breaststroke	Final	416	Girls 17/o 50m Breaststroke	Final
217	Girls 16/u 100m Butterfly	Final	417	Boys 16/u 100m Butterfly	Final
218	Girls 17/o 100m Butterfly	Final	418	Boys 17/o 100m Butterfly	Final
219	Boys 16/u 200m Freestyle	Final	419	Girls 16/u 200m Freestyle	Final
220	Boys 17/o 200m Freestyle	Final	420	Girls 17/o 200m Freestyle	Final