

Hackney Aquatics Club
Spring Invitational Development Meet
Sunday 10 March 2019
Clissold Leisure Centre, 63 Clissold Road, London, N16 9EX

AFFILIATED TO THE LONDON REGION A.S.A.
Licensed Meet Level 4 – 4LR190199

Clissold Leisure Centre, 63 Clissold Road, London, N16 9EX
UNDER A.S.A. LAWS AND ASA TECHNICAL RULES OF SWIMMING

Morning session : Warm-up 9:30am Sign in by 9:30am Start 10:30am

Event 1	BOYS	8, 9, 10, 11-12, 13+Yrs	100 Breaststroke
Event 2	GIRLS	8, 9, 10, 11-12, 13+Yrs	100 Backstroke
Event 3	BOYS	8, 9, 10, 11-12, 13+Yrs	50 Freestyle
Event 4	GIRLS	8, 9, 10, 11-12, 13+Yrs	50 Butterfly
Event 5	BOYS	8, 9, 10, 11-12, 13+Yrs	100 Butterfly
Event 6	GIRLS	8, 9, 10, 11-12, 13+Yrs	100 Freestyle
Event 7	BOYS	8, 9, 10, 11-12, 13+Yrs	50 Backstroke
Event 8	GIRLS	8, 9, 10, 11-12, 13+Yrs	50 Breaststroke
Event 9	BOYS	8, 9, 10, 11-12, 13+Yrs	100 IM

Afternoon session : Warm-up TBC Sign in by TBC Start TBC

Event 1	GIRLS	8, 9, 10, 11-12, 13+Yrs	100 Breaststroke
Event 2	BOYS	8, 9, 10, 11-12, 13+Yrs	100 Backstroke
Event 3	GIRLS	8, 9, 10, 11-12, 13+Yrs	50 Freestyle
Event 4	BOYS	8, 9, 10, 11-12, 13+Yrs	50 Butterfly
Event 5	GIRLS	8, 9, 10, 11-12, 13+Yrs	100 Butterfly
Event 6	BOYS	8, 9, 10, 11-12, 13+Yrs	100 Freestyle
Event 7	GIRLS	8, 9, 10, 11-12, 13+Yrs	50 Backstroke
Event 8	BOYS	8, 9, 10, 11-12, 13+Yrs	50 Breaststroke
Event 9	GIRLS	8, 9, 10, 11-12, 13+Yrs	100 IM

MEET This meet is a Level 4 Licensed Meet – 4LR190199

VENUE. Clissold Leisure Centre, 63 Clissold Road, London, N16 9EX

AGE GROUPS : Age groups as above. AGES AS ON 10 March 2019

EVENTS: All events will be 'HEAT DECLARED WINNER'.
Heats will be seeded according to submitted entry times.

ENTRY FEE: £5.00 per event

AWARDS: Will be made to 1st, 2nd and 3rd placed swimmers in each age group.
Presentations may take place during the swimming to ensure smooth running and to keep down the duration of the meet.

ENTRIES: All swimmers must be registered Cat 1 or 2 members of a club affiliated to the ASA
All entries should be made on our official entry forms, giving entry times in the appropriate columns or using Hy-Tek Team Manager. No time entries will be accepted. Entry times must be no faster than the attached 'Upper Limit Times'.
Entries will be accepted on a 'first come, first served' basis

CLOSING DATE: 8 February 2019 or when the meet is full.

ENQUIRIES & Chris Ogden, 47 Roding Road, E5 0DN

ENTRIES TO: 07813655049 E-mail: team@hackneyaquaticsclub.org

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RULES AND CONDITIONS

Affiliated to ASA London Region, Under ASA Laws and ASA Technical Rules of Swimming.

Licensed by the ASA at Level 4 under number 4LR190199

1. This gala will take place at Clissold Leisure Centre, 63 Clissold Road, London, N16 9EX and is licensed by the ASA at Level 4 under License number 4LR190199
2. It will run short course (25m) in accordance with A.S.A Laws and ASA Technical Rules of Swimming and the rules and conditions of this competition.
3. Over the top starts may be used at the promoter's discretion.
4. This will be a cardless meet, swimmers must ensure they have signed in for each session by the time stated.
5. The pool is 25m long, 8 lanes, anti-wave lane ropes and electronic timing.
6. SPECTATORS entry will be £5.00 for a full day and £3.00 for half day. A copy of the results will be provided to clubs and will be available on our website as soon as possible after the gala. Results can also be viewed via the Meet Mobile app
7. Ages are on the day as of 10 March 2019. Age bands are 8 years, 9 years, 10 years, 11-12 years and 13+ years.
8. Events are 50m Free; 50m Back; 50m Breast; 50m Fly; 100m Free; 100m Back; 100m Breast; 100m Fly; 100m IM;
9. Entry fee is £5.00 per event – Time trials will be offered if there is space. They will be offered on a first come first served basis, you will be placed in the first heat and will not be eligible for an award. Anyone wishing to swim a time trial must go to the meet office before the start of the session, the fee will be £5.00. The closing date for entries is 8th February 2019.
10. Upper limit times are attached. Swimmers entering this meet are expected to enter their current best time and must not enter faster times than the upper limit
11. GDPR - By submitting and accepting entries to the meet consent is hereby given, as required by the Data Protection Act 1998, to the holding of personal information. The personal information supplied with your entry will be retained securely and will only be used for the legitimate purposes of running the event. This data will be shared by form of results with Swim England (Rankings) and the clubs who have entered the meet. A full copy of the results will be published on the website after the meet. Please be aware that links from our website may take you to external websites that are not covered by our policies. Please ensure that you review their privacy policies before any data is submitted. If any persons want to exercise their right to erasure or processing of their personal data they will need to make a written request to the promoter. We will only hold competition data for 12 months after which it will be destroyed and erased from our systems

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12. All events are heat declared winners. Awards will be given to the top 3 swimmers in each age group.
13. The pool will be available for warm up before each session, a second pool will not be available during the meet for swim down.
14. The gala will be open to a maximum of 8 clubs on an invite only basis.
15. All entries of four or more swimmers per club must be entered electronically, if clubs choose to use an entry form they will incur a £25 administration charge. Please email team@hackneyaquaticsclub.org for Hy-Tek entry files.
All payments to be made by BACS transfer to Hackney Aquatics

Sort Code: 40 03 19 Account number: 60414255
16. The promoter reserves the right to limit entries – any entry not accepted as a result of this paragraph will be refunded in full. Any withdrawals must be received by e-mail no later than 8 February 2019, after which time no withdrawals will be accepted other than in exceptional circumstances, such as illness to a swimmer or close relative. If a swimmer does not wish to swim a certain event, they will still be charged.
17. All swimmers including those aged 8 must be registered as Cat 1 or Cat 2 members of a club affiliated to the ASA.
18. This meet has been licensed at Level 4 by the ASA. Times recorded at the meet will be accepted for entry into County Competitions and championships for eligible swimmers and will be sent to the ASA for inclusion in the National Rankings.
19. Coaches' passes will be available at the cost of £5 (admission and programme) or £10.00 which will include lunch.
20. Any matters concerning the meet not covered in these rules will be dealt with according to the laws of the sport and at the discretion of the Meet Management or Promoters.
21. Mobile phones may not be used for making / receiving calls on poolside. If you need to make / receive a call, please move to the entrance lobby to do so.
22. Mobile phones / cameras etc MUST NOT be used in the changing rooms at any time.
23. The Clissold Leisure Centre has the following guidelines regarding photography within the facility – any Visitors wishing to take photographs or video should register their details with staff at the spectator entry desk before carrying out such photography. In addition, Hackney Aquatics Swimming Club adheres to the ASA WavePower Guidelines in regards to uses of photography at events. All coaches and officials shall comply with the ASA Child Protection Policy.
24. Clubs entering 10 or more swimmers will be requested to provide officials and non-technical helpers. Please email volunteers@hackneyaquaticsclub.org for any questions or offers of volunteers.

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25. All participants must observe the safety precautions in operation at Clissold Leisure Centre. **PLEASE NOTE THAT CHILDREN MUST NOT BE DROPPED OFF AND LEFT AT THE LEISURE CENTRE UNLESS THERE IS AN APPROPRIATE ADULT TO TAKE RESPONSIBILITY FOR THEM.**
26. For any queries or further information please contact Chris Ogden on 07813655049 or team@hackneyaquaticsclub.org

Promotor:

Jen Dickson
30 Newington Green

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London N16 9PU
E-mail: j_arden@yahoo.com

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UPPER TIME LIMITS

Girls

Event	8 Years	9 years	10 years	11-12 years	13+ years
100 Free	1.16.00	1.14.00	1.12.00	1.10.00	1.08.00
100 Back	1.25.00	1.23.00	1.21.00	1.19.00	1.16.00
100 Breast	1.38.00	1.36.00	1.34.00	1.32.00	1.29.00
100 Fly	1.29.00	1.27.00	1.25.00	1.23.00	1.20.00
100 IM	1.34.00	1.32.00	1.30.00	1.20.00	1.17.00
50 Free	0.35.00	0.34.00	0.33.00	0.32.00	0.31.00
50 Back	0.41.00	0.40.00	0.39.00	0.38.00	0.39.00
50 Breast	0.45.00	0.44.00	0.43.00	0.42.00	0.43.00
50 Fly	0.39.00	0.38.00	0.37.00	0.36.00	0.37.00

Boys

Event	8 Years	9 years	10 years	11-12 years	13+ years
100 Free	1.16.00	1.14.00	1.12.00	1.10.00	1.08.00
100 Back	1.25.00	1.23.00	1.21.00	1.19.00	1.16.00
100 Breast	1.38.00	1.36.00	1.34.00	1.32.00	1.29.00
100 Fly	1.29.00	1.27.00	1.25.00	1.23.00	1.20.00
100 IM	1.34.00	1.32.00	1.30.00	1.20.00	1.17.00
50 Free	0.35.00	0.34.00	0.33.00	0.32.00	0.31.00
50 Back	0.41.00	0.40.00	0.39.00	0.38.00	0.39.00
50 Breast	0.45.00	0.44.00	0.43.00	0.42.00	0.43.00
50 Fly	0.39.00	0.38.00	0.37.00	0.36.00	0.37.00