

## London Region Winter Championships 2019 Summary of Key Times

Gala No.	Event No.	Officials Reporting Time	Withdrawal Closes	Warm Up Starts	Warm Up Finishes	Event Starts	Estimated Finish	Session Duration	Day Duration	Catering for Officials	Catering Location
Saturday, 2 November Events 101 to 117  LAC	1	Fastest Heats, HDW	8:15 AM	8:10 AM	8:00 AM	8:50 AM	9:00 AM	12:00 PM	3:00	8:00am Coffee	Creche
	2	Slowest Heats	12:15 PM	12:10 PM	12:00 PM	12:50 PM	1:00 PM	4:00 PM	3:00	12pm Lunch	Creche
	3	Finals	4:15 PM	10 mins after announcement	4:30 PM	4:55 PM	5:00 PM	6:30 PM	1:30	7:30 4pm Coffee	Creche
Sunday, 3 November Events 118 to 134  LAC	4	Fastest Heats, HDW	8:15 AM	8:10 AM	8:00 AM	8:50 AM	9:00 AM	12:00 PM	3:00	8:00am Coffee	Creche
	5	Slowest Heats	12:15 PM	12:10 PM	12:00 PM	12:50 PM	1:00 PM	4:00 PM	3:00	12pm Lunch	Creche
	6	Finals	4:15 PM	10 mins after announcement	4:30 PM	4:55 PM	5:00 PM	6:30 PM	1:30	7:30 4pm Coffee	Creche